2020 Heritage Reservation Guidebook
Scouts BSA
Camp Freedom & Camp Liberty

Version 1: February 2020
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The Heritage Experience
A message from the Director of Camping

Camp Leaders:
Thank you for choosing Heritage Reservation as your 2020 summer camp destination. Summer camp is an incredibly important part of the Scouting program. From research conducted by the Boy Scouts of America, we know that Scouts who attend summer camp are 75% more likely to stay in Scouting than Scouts who do not attend. Scouts can work on advancing in the program while at camp and can have an incredible amount of fun trying out activities they may never get to do anywhere else. More importantly, summer camp is a concentrated time to focus on and truly live the values of the Scout Oath and Law. Summer camp attendees build their leadership and communication skills, learn to live and work with new people, and become more resilient by facing and overcoming the challenges placed before them. Scouting is already an incredible program to help young people build the “soft skills” employers are looking for. Summer camp is a key ingredient in developing those skills through Scouting.

Throughout the history of Heritage Reservation, we have worked to provide the best quality programs, and have become a home for many Scouts, Scouters, units and staff. This year, we continue the commitment to excellence Heritage is known for, while going above and beyond with several new programs and services.

We are delighted that your unit has chosen to take part in this experience, our directors and key leaders are busy planning an incredible program. We have an exceptional group of staff and directors returning, along with some new faces to ensure we exceed your unit’s expectations.

This guidebook provides you with details about our programs, procedures and services. Please read the guidebook thoroughly to prepare your unit to make the most of your adventure at camp.

I am excited and honored to once again serve as Reservation Director. My ultimate goal is to ensure every Scout and leader who comes through our gates have their very own “Heritage Experience.” If you have any questions, concerns or comments feel free to contact me.

Thank you for choosing Heritage Reservation as your summer destination. See you at camp!

Mike Manner
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Director of Camping
mike.manner@scouting.org
Heritage Reservation’s Culture of Inclusion

At Heritage Reservation, we believe it is important to reinforce our camp culture with everyone. At Heritage Reservation, we believe in a culture of inclusion and equity. We believe that everyone should feel safe, valued, and respected. We also expect everyone to act accordingly.

You may have heard a lot about Family Scouting recently. Part of Family Scouting is serving more families and female participants in our programs. This will mean changes in who you see more of at our camps. What isn’t changing is the great program or our standards for behavior at camp.

If you see or experience people who aren’t supporting our culture of inclusion and equity, we expect you to be an upstander and say something. You can say something to the staff, another leader, or the person involved.

We believe in Family Scouting and are working hard to ensure we get it right as we include more female participants. First impressions are critical, and we are relying on your continued leadership within your own unit to ensure ALL participants at Heritage Reservation feel welcome and have a positive experience.

If you see or hear something happening, we are asking you to share it with us so we can act upon it immediately.
Preparation Timeline

A schedule for proper unit planning

Right now:
• If you have’t already, submit your unit reservation and deposit to secure space.
• Inform all Scouts and their parents about your unit’s summer plans. Don’t forget about your Webelos crossovers!
• Recruit at least two adult leaders at least 21 or older to be in camp at all times, as well as one female adult leader for Venturing and Scouts BSA units with girl youth members.
• Schedule a camp promotion through www.lhscouting.org/camping.
• Schedule an Order of the Arrow Home Troop Election through www.lodge57.org. Per National Order of the Arrow policy, no elections will be held at camp. Elections should be held between January 1 and May 31.

February/March:
• Attend the leaders meeting on February 27th. Meeting locations and details will be distributed in the future.
• Turn in all Campership applications to Flag Plaza Scout Center no later than March 1st.
• After March 1st, begin entering youth and adult camper names in the online registration system. Reservations without names after April 15th will be cancelled.
• Prepare payments for April 1 due date to lock in early bird rate (pg 55).
• Begin reviewing camp advancement opportunities with Scouts and work to develop an age-appropriate advancement schedule in buddy pairs to help reinforce the buddy system in camp.

April:
• Full payments for youth and adults are due April 1 to receive the early bird rate.
• Units should consider each Scout’s needs for advancement to help in camp advancement and activity planning.
• On April 15th, begin registering attendees for their advancement/activity sessions online.
• Non-Laurel Highlands Council units should ensure all forms are on file at your council’s office. Please bring a copy of your council’s accident/sickness insurance to camp.

May:
• Send out final camp notices to parents.
• Ensure adults have completed the Youth Protection and PA Clearance requirements. All adults are required to provide hard copies of their unexpired PA Clearances, Youth Protection, and BSA Medical Forms upon arrival at camp.
• Complete pre-camp swim checks to save time during the check-in process. (pg 12)
• Have committee members visit parents of Scouts not registered to encourage their attendance with your unit, with another unit or with a provisional unit.
• Work with each Scout in planning an advancement schedule and getting them started with the pre-camp work listed in this guide. Try to schedule Scouts with buddies when possible.
• Ensure that all Scouts and leaders have their BSA Health and Medical record and Supplemental Medical Form with updated doctor’s signature before arriving at camp. (pg 44)
• Pre-order Heritage Reservation gift cards for use in the Trading Post. (pg 10)
• Finalize any advanced orders for Heritage Trading Post gear. (pg 35)
June:
• Complete online dietary needs form for all attendees with medical needs and special meals.
• Complete merit badge applications (blue cards) to be turned in at first merit badge class.

At Least Two Weeks Before Camp:
• If your unit is planning to arrive in camp early, complete the online registration and payment.
• Check up on each Scout’s pre-camp advancement work.
• Make last minute roster additions and advancement updates until one week before arrival at camp.
• Contact the Camping Department to remove unneeded spaces from your registration.
• Hold an inspection of personal packs with equipment and prepare unit equipment for camp.
• Prepare at least three copies of your final unit roster for camp and other leaders.
• Review transportation to ensure everyone has a ride to and from camp.
• Remind the Scouts of the behavior standards necessary for a Scouting trip.
• Be sure to have submitted any special dietary needs using the form on the website.
• Plan to arrive on time. Gates open at 12:30 p.m. Please arrive no later than 1:30 p.m.
• Collect all Scout & Leader Annual Health and Medical records and supplemental medical forms. You should send copies (NOT originals) to camp. Wristbands will not be issued until all paperwork has been checked and is in order.
• Ensure everyone will have their medications in their original containers with a label containing the Scout’s name and unit number. (pg 44)
• Ensure rides will be at camp for pick up before 10:00 a.m. on the day of your departure.

Preparation Suggestions

Leadership:
• Two registered adult leaders that are age 21 or over are required for any Scouting activities. Any unit serving females must have an adult, age 21 or over, female attend camp and be present for any Scouting activities.
• Each unit will need to provide a minimum of two adults unless you will be sharing leadership with another unit (must be pre-arranged with LHC Camping Department).
• All adult leaders must have completed the Youth Protection and Hazardous Weather trainings.
• All adults staying overnight at camp must meet PA Background Clearance requirements and provide hard copies in order to remain on the reservation. (pg 17)
• Any adult staying for 72 hours or longer that is accompanying a Scouts BSA troop must be a registered member of the Boy Scouts of America.

Activity Sign-up:
• The summer camp coordinator should enter all advancement/activity selections for youth into the online system beginning April 15th at 6:00 a.m. (pg 16)
• Merit badge classes are capped to ensure adequate supplies and quality instruction.
• Scouts who aren’t First Class can sign up for Trail to First Class and merit badges.
• All Scouts should be given their own copy of their advancement schedules.
• Leaders should make sure that each Scout has chosen programs according to their interests and abilities.
• Plan accordingly as sign-up for classes are first-come, first-served with no waitlists.
• Make an attempt to schedule merit badges that are geographically convenient. Travel to some areas of camp requires more time than others. Use the buddy system.
• All Scouts taking merit badges should have their blue cards filled out and signed by the unit leader.
Heritage Reservation Overview
Tall Oaks from Little Acorns Grow

Heritage Reservation, which opened in 1980, is home to three different types of camps on approximately 2,000 acres of beautiful woodlands in southwestern Pennsylvania.

During the summer months, Heritage Reservation’s camps are put into use as resident camps, offering nationally renowned programs at Camp Independence (Cub Scouts and Webelos), Camp Liberty (Scouts BSA patrol cooking), and Camp Freedom (Scouts BSA Dining Hall). In addition, Heritage Reservation has a high-adventure program called Eagle Base providing daily adventures for older Scouts and Venturers camping in Camps Liberty and Freedom.

Heritage Reservation’s centerpiece attraction is the 270-acre Lake Courage, which provides plenty of room for boating, fishing, sailing, water-skiing and swimming without interference from anyone who is not also a camper at the reservation. Located close to Nemacolin Woodlands Resort, Laurel Caverns, and Ohiopyle, Heritage Reservation is a centrally located camp, with plenty to keep any unit or group busy for a weekend or a week at summer camp.

Heritage Reservation also has a conference center and nine split-entry houses available for rent by Scout units and outside groups. Heritage Reservation’s Valley Forge area includes several pavilion and campsite areas available for traditional unit camping year-round and is popular for units planning trips to Laurel Caverns to cave or to Ohiopyle to raft the Youghiogheny River.

Each of Heritage Reservation’s camps is designed to be nearly self-sufficient, with their own office and facilities. To support these camps, Heritage Reservation has a central area that contains the administrative offices, ranger’s shop and maintenance facility, Heinz Commissary, and the reservation Health Lodge.

Heritage Reservation can accommodate 1,200 campers plus staff at a time and is considered to be one of the finest Scout camp properties in the Boy Scouts of America.
Important Highlights for 2020

Heritage Reservation
- Everyone attending camp will receive a Heritage Reservation keepsake.
- Construction is nearly complete on three new shower houses, one in each Camp - Liberty, Freedom, and Independence. These shower houses use a modern design with single occupant rooms each containing a shower, sink, and toilet.
- Work continues to expand internet accessibility across the reservation.

Camps Liberty and Freedom
- The archery ranges are being consolidated into one new range located between Camps Liberty and Freedom next to the Hunter’s Iron Works Rifle Range.
- Updated merit badge offerings and schedule.
- Fun, space theme.

Eagle Base
- Beginning in 2020, there will no longer be a separate resident camping option available through Eagle Base. All units with individuals interested in participating in the Day Trek program must camp at either Camp Liberty or Freedom.
- The new Eagle evening program will be offered Monday/Tuesday and Thursday evenings for older Scouts to be able to try additional challenging programs like ski boat tubing, cowboy action shooting, and rappelling.
Are you new to visiting with us?

Are you new to Heritage Reservation?
• Our reservation offers Scouts of all ages and backgrounds the chance to experience the outdoors with two Scouts BSA camps, a Cub Scout camp, and a high adventure program.
• For your swimming experience, we have the beautiful 270-acre Lake Courage which is totally within the Heritage Reservation property.
• Hikers can enjoy more than 10 miles of trails around the reservation.
• A camp experience helps develop character, introduce new friends, teach valuable life skills, and helps Scouts discover new interests.
• We very much believe that camp should be about both advancement and fun.

Are you new to Camp Liberty or Freedom?
• Camp Liberty utilizes the patrol cooking method supported by a central Commissary. Cooking equipment is available although many units choose to bring equipment to supplement the equipment provided by camp (pg 38). Camp Liberty is one of the largest remaining patrol cooking camps on the east coast.
• Camp Freedom utilizes a family style Dining Hall with table waiters (pg 40).
• Camp Liberty and Camp Freedom each host their own Aquatics, Scoutcraft, Trail to First Class, and Handicraft program areas. The Eco-Stem, Scout Scholar, C.O.P.E./Climbing, and shooting sports program areas are shared between the two camps.
• Units are expected to be involved in activities throughout their stay, so please plan on assisting with camp-wide duties such as flag ceremonies, manning swim towers on the waterfront, cleaning the shower buildings, and maintaining a respectable campsite.
• Advancement instruction starts on the times provided in this book and allows 10 minutes for Scouts to move to their next activity (pg 25-26). Unless otherwise noted, merit badges meet Monday through Friday.
• Open program time is offered in the afternoon and allows Scouts to try new adventures and activities.

Are you new to Eagle Base’s Day Trek program?
• No high adventure experience is needed for participation.
• All program equipment is provided either through Heritage Reservation or our contracted partners. Participants just need to provide their waivers and any required personal gear. (pg 38)
• Eagle Base staff provide program leadership and units are not required to provide leadership for Day Trek participants. Unit leaders may be asked to participate by Eagle Base staff if needed to ensure BSA youth protection standards are maintained.
• Heritage Reservation’s ATV Adventure Program is offered as a daily Eagle Base Day Trek.
• Day Trek programs are much more active and physically strenuous than regular resident camp. Pay attention to the height/weight/age guidelines listed for participant safety. (pg 27)
Heritage Reservation Gift Cards

Now available for purchase, Heritage Reservation gift cards are a safe and easy way to ensure your Scout is able to easily shop throughout their week at camp.

Scouts utilize the Trading Post for snacks, souvenirs, and program supplies, making it an essential part of the summer camp experience. Typically, Scouts can expect to spend at least $100 during a week at camp.

Gift cards are given to the unit leader during check-in. Please be sure when ordering to provide a name and unit number, so we can ensure prompt delivery.

Gift cards are available for purchase in denominations of $25, $50, and $100 and make great gifts from parents, grandparents, and others. Unused balances may be carried over to next year and are only usable at the Heritage Reservation Trading Post.

For more information, or to order, visit https://scoutingevent.com/527-2020HRGiftCards.

Advance Trading Post Sales

We’ve partnered with SG Trading Post to offer you the exciting opportunity to order some of our best selling items before you come to camp. Be one of the first units in town sporting our new 2020 Heritage Reservation gear!

Visit http://laurelhighlands.sgtradingpost.online/ to place an order by June 1st.

Ordering online, in advance, also gives you the option to customize your gear with troop numbers and Scout names.

Items will be direct shipped to your door. Please allow one to two weeks for home shipment.

Advance Order Items for 2020

- 2020 Heritage Reservation Summer Camp T-Shirts
- Heritage Reservation Hats
- Heritage Reservation Hooded Sweatshirts
- Heritage Reservation Polo Shirts
- Heritage Reservation Jackets and Fleeces
- Project C.O.P.E. and Iron Man T-Shirts
Camp Liberty and Camp Freedom Program

Camp Freedom is Heritage Reservation’s Scouts BSA resident camp with a 400-seat Dining Hall serving family style meals.

Camp Liberty is Heritage Reservation’s Scouts BSA resident camp that focuses on patrol cooking. Scouts prepare their own meals as patrols in the campsite. All ingredients are provided by camp and picked up from the Commissary.

At both camps, Scouts stay a period of six days and have an opportunity to participate in a huge number of activities and earn advancements in our program areas.

While at Liberty or Freedom

<table>
<thead>
<tr>
<th>Camp Liberty Daily Schedule</th>
<th>Camp Freedom Daily Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 a.m. Reveille</td>
<td>6:30 a.m. Reveille</td>
</tr>
<tr>
<td>7:00 a.m. Food pick-up</td>
<td>7:40 a.m. Waiters report to DH</td>
</tr>
<tr>
<td>7:45 a.m. Flag raising</td>
<td>7:50 a.m. Flag raising</td>
</tr>
<tr>
<td>8:00 - 8:30 a.m. Breakfast</td>
<td>8:00 - 8:30 a.m. Breakfast</td>
</tr>
<tr>
<td>9:00 - 12:00 p.m. Merit Badges/Activities</td>
<td>8:45 - 9:15 a.m. Leader’s Meeting</td>
</tr>
<tr>
<td>9:15 - 9:45 a.m. Leader’s Meeting</td>
<td>9:00 - 12:00 p.m. Merit Badges/Activities</td>
</tr>
<tr>
<td>10:00 a.m. Sick call</td>
<td>9:00 a.m. Sick call</td>
</tr>
<tr>
<td>12:00 p.m. Food pick-up</td>
<td>12:00 p.m. SPL Meeting</td>
</tr>
<tr>
<td>12:30 - 1:00 p.m. Lunch</td>
<td>12:10 p.m. Waiters report to DH</td>
</tr>
<tr>
<td>1:00 - 2:00 p.m. Siesta</td>
<td>12:30 - 1:00 p.m. Lunch</td>
</tr>
<tr>
<td>1:15 p.m. SPL Meeting</td>
<td>1:00 - 2:00 p.m. Siesta</td>
</tr>
<tr>
<td>2:00 - 3:30 p.m. Merit Badges/Activities</td>
<td>2:00 - 3:30 p.m. Merit Badges/Activities</td>
</tr>
<tr>
<td>3:00 - 5:00 p.m. Open Program*</td>
<td>3:00 - 5:00 p.m. Open Program*</td>
</tr>
<tr>
<td>5:00 p.m. Food pick-up</td>
<td>5:40 p.m. Waiters report to DH</td>
</tr>
<tr>
<td>6:00 - 6:30 p.m. Dinner</td>
<td>5:50 p.m. Flag Lowering</td>
</tr>
<tr>
<td>7:00 p.m. Flag Lowering</td>
<td>6:00 - 6:30 p.m. Dinner</td>
</tr>
<tr>
<td>7:15 p.m. Evening program</td>
<td>7:15 p.m. Evening program</td>
</tr>
<tr>
<td>10:30 p.m. Taps</td>
<td>10:30 p.m. Taps</td>
</tr>
</tbody>
</table>

*Open program times may vary by area. Reference the area schedule for details. C.O.P.E./Climbing areas are open for merit badge participants only.

Leader’s Meetings

In order to share important information and answer questions, there will be a daily leader’s meeting in each camp to review the day and discuss tomorrow’s activities. Meetings take place in the camp program hall unless otherwise announced. On check-in day, there will be a leader meeting at 6:45 p.m. prior to the opening campfire.

Senior Patrol Leader Meetings

To help strengthen the youth leadership in your unit, a daily senior patrol leader meeting will be held in each camp to review the day and discuss tomorrow’s activities. SPLs will be asked at these meetings to sign their units up for shared chores and responsibilities around camp such as helping clean showerhouses or building fires for the closing campfire.
Check-in / Check-out - Liberty and Freedom

With as many as 1,200 campers and 150 staff sharing Heritage Reservation with your unit during a week of camp, it is essential that we all follow some basic guidelines, procedures and policies to make sure everyone has a great time while here. Our common Scouting bonds are the Scout Oath and Law.

Saturday Early Arrival
As a courtesy, the Laurel Highlands Council Camping Committee has made early arrival available for units traveling to camp. Early arrival is intended for units in need of religious accommodations, units travelling from a great distance, and for small unit leadership corps (SM, ASM, JASM, SPL, PL) to prepare and setup campsites prior to the arrival of the rest of the unit.

There is a $50 fee per unit for early arrival (for up to 10 people). Extra people arriving early will be charged $10 each. Meals are not provided.

- All units requesting early arrival must sign up through their camp registration.
- Plan to arrive between 3:00 p.m. and 5:00 p.m. Please don’t arrive prior to, or after this time. This is the only time during which the vehicle access gates will be open.
- You may park your unit trailer in the designated area for your campsite if it has one. Other vehicles must return to the parking lot before the gates close at 5:00 p.m.
- When arriving at camp, a unit leader must check in with the staff member on duty at the Program Hall.
- Early arrival units must ensure they will meet required leadership guidelines.
- All camp program areas are off limits! No swimming is allowed. No program equipment can be requested until 12:30 p.m. on Sunday.
- Heritage Reservation’s vehicle access policy will be enforced for all early arrivals. Only one vehicle at a time is permitted to travel to the unit’s campsite, and a strict 10 MPH speed limit is enforced.
- You may use an equipment cart to haul your gear to your site on Saturday. When finished, please return it to where you found it.
- Your campsite has been set up according to the map provided on the bulletin board. If you choose to move equipment, please do so knowing that you must reset the campsite as it was before checking out on Saturday.
- Please be courteous to units that have not yet arrived in camp by respecting their campsites and equipment. Do not remove any equipment from other campsites.
- The camp Trading Post will be open from 7:00 p.m. to 8:00 p.m.
Check-In Day

With many Scouts and leaders arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you’ve ever experienced.

1. Upon arrival at Heritage, your unit will be directed to your camp’s parking lot so that you may begin to move in on-foot using our trek carts. Gates will open at 12:30 p.m. to allow one vehicle in per campsite.

2. A member of the camp staff will be assigned to guide your unit. They will first visit your campsite and then the parking lot to meet your unit. Your campsite guide will then assist and lead your unit throughout the entire check-in procedure, as well as give you a complete tour of camp, so everyone is familiar with where things are located.

3. The unit leader responsible for all registration matters should report directly to the Program Hall with a check for any outstanding fees, three copies of the unit roster, any desired schedule changes, and a patrol breakout for patrol cooking (Camp Liberty). Schedule changes for Scouts and Scouters are subject to class capacities.

4. Medical checks will take place in your campsite. A member of our medical check staff will visit shortly after you’ve moved in. Be prepared to present a copy of everyone’s forms for camp (BSA Medical Form Parts ABC, Supplemental Medical Form, leader clearances, etc.). After a successful medical check, each Scout or Scouter will be issued a wristband.

5. Once medical checks are complete, everyone will depart on a camp tour. This tour will include a stop at aquatics for an orientation or swim checks for those that did not complete them prior to arrival. Anyone needing to complete a swim check will need to change into their swimming attire. On the way to Aquatics, the camp tour will make stops at the Dining Hall (Freedom), the Commissary (Liberty), and the Quartermaster building to share useful information for your week at camp. Other areas of camp will be pointed out by your guide.

6. After arriving in the Aquatics area, you will receive a brief orientation. This is required for anyone to enter the Aquatics area during your stay. After swim tests, each camper will be assigned a “buddy tag” which stays on the buddy tag board in the area.

7. Following the tour, you will return to your campsite, review and inspect camp issued gear with your campsite guide, change clothes for the evening meal (Scout uniform), and finish your campsite set-up.

8. Day Trek participants must meet at their respective Program Hall for an orientation meeting with signed release forms (available online); Freedom at 4:00 p.m. and Liberty at 5:00 p.m.

9. Check-in day flag lowering will be at 5:50 p.m. with dinner following at Camp Freedom in the Dining Hall and at Camp Liberty with a camp-wide picnic meal near the Commissary.
Check-Out

With several hundred Scouts and leaders departing camp at the same time, we need your help. We want to make this the easiest, fastest, and most efficient check-out process you’ve ever experienced. Staff will be available in the parking lot and at various check-out points to assist wherever needed.

Check-Out Day Breakfast
- Camp Liberty: pick up your continental breakfast at 7:00 a.m. from the Commissary.
- Camp Freedom: pick up your continental breakfast at 7:00 a.m. from the Dining Hall.

Campsite Checkout
1. Reset the campsite to match the original layout. A Scout leaves a site as good or better than they found it.
2. Sweep the floors and wipe down walls in the campsite latrine. Scrub and clean urinal, toilet seats, and washbasin. Be sure to wear gloves and wash hands afterward.
3. Wash and rinse picnic tables. Clean all stoves, cooking and campsite equipment and return to the respective boxes. Return all items checked out from the Quartermaster. All unreturned items will be billed to the unit.
4. Pick up all trash in and around your campsite (campsite, latrine, fire rings, tents, under floorboards). Sort your trash and take it to the dumpsters in the parking lots.
5. Rinse out the waste receptacles, sump funnels, and sump buckets.
6. Review your campsite and camp equipment with your campsite host.
7. Settle any remaining balances on your unit’s account at the Program Hall.
8. Don’t forget to sign up for the 2021 season (pg 58).
9. Depart camp by 10:00 a.m., so staff can prepare for the next session and get some needed time off.
Activity / Advancement at 
Camps Liberty and Freedom

Activity/Advancement Sign-up

- Advancement and activity sign-up begins on April 15 at 6:00 a.m. directly through your unit’s camp registration. Sign-up is first come, first served and no program waitlists will be offered.
- Selections may be changed, pending availability, directly in your registration until one week prior to arrival at which time selection will lock out so the camp staff can prepare.
- A number of various reports showing schedules for the individual and unit can be accessed through your registration.
- Upon arriving at camp, if there are additional changes that you would like to make to an individual’s advancement or activity schedule, you can make requests at the Camp Program hall pending availability.

Advancement in Camp

One of the methods of Scouting is to foster healthy association with proper role models. The genius of Scout advancement stems from the opportunity to visit with a counselor and share in the friendship, encouragement, and expertise he or she may offer the Scout.

Supporting Scouting’s advancement philosophy, opportunities offered at camp are geared principally to rank advancement and merit badge subjects related to the outdoors where resources are more readily available than at home.

Advancement is not the principal objective of the camp program. There needs to be time for fun and to bring a positive, successful, outdoor camping experience to all Scouts and leaders. If a Scout comes to camp and does nothing but work towards advancement, the program is certainly incomplete.

Troop leaders should be sensitive to the capacity of the individual and assure that the program a Scout pursues is appropriate to rank and age. A first-year camper could work on a few merit badges such as Leatherwork, Fingerprinting, Fish and Wildlife, or Mammal Study. Scouts can also work towards advancement at the Trail to First Class program.

Troop leaders with skills in offered merit badge topics are encouraged to share their talents at the program areas. Remember, the camp staff remains responsible for the certification of the requirements.
Advancement and Your Program

Advancement is not an end unto itself. Advancement is the result of a good program. It should be achieved through a natural experience. We should therefore plan activities which will give a Scout opportunities to use skills for a functional purpose and to demonstrate proficiency naturally. A Scout advances by doing things with the patrol, the troop, the leaders, and individually. A natural experience should have these four elements: the Scout prepares; the Scout qualifies; the Scout is reviewed; and the Scout receives recognition.

The summer camp advancement program is a unit responsibility. The camp staff will guide, counsel, and instruct, but is not responsible for planning or directing a troop’s program.

Unit leadership should work with their Scouts to prepare a detailed advancement plan before arrival. This plan should include:

- Setting realistic goals for each Scout. Discourage making the number of merit badges earned a primary summer camp objective. Three to four merit badges is a reasonable goal for an average 13 year old Scout.
- Review with each Scout the advancement path they plan to take. Scouts should be familiar with the requirements in advance. We recommend that they have the merit badge pamphlet for each badge.
- Schedule Scouts as buddies. Traveling to and from merit badge classes should be done while utilizing the buddy system to help keep Scouts safe.
- Schedule Scouts according to camp geography. Travel time from area to area can vary. Do your best to create schedules without excessive travel times.
- Evidence of prior partial merit badge completions from the Scout’s local “home” counselor or complete “pre-requisites” must be presented to the camp counselor. This could be a partial blue card, a photo evidencing completion, or a note from a unit leader.

Trail to First Class

Ensuring new Scouts have a successful first summer at camp can mean the difference in them staying in Scouting for the long haul. To help unit leaders and help these Scouts get a firm foundation of the Scouting skills needed for their early advancement, Camps Liberty and Freedom offer the Trail to First Class program. Emphasizing the patrol method, the Trail to First Class program is a mix of outdoor skills, learning games and challenges, and FUN! Trail to First Class introduces Scouts to many of the requirements from Tenderfoot to First Class in the morning. In the afternoon, Scouts can work on several first-year appropriate merit badges.

Leader’s assistance in the Trail to First Class area is always welcome, and troops that send more than five Scouts are encouraged to send at least one leader to assist the staff.
The Merit Badge Program

Throughout the week, Scouts will attend daily instruction and review sessions with counselors for the badges they select. A few things to keep in mind:

• Just because a Scout attends a session, this does not mean that they pass the requirements that were taught that day. Scouts are usually taught as a group but are reviewed individually for knowledge and skill.
• Unit leadership should try to sign Scouts up for classes with a buddy to help with travel to and from merit badge classes.
• Instruction begins on Mondays for most badges. However, work can be started at any time throughout the week on most badges. Please see the Area Director in each program area if a Scout would like to begin a badge mid-week. Scouts who begin badges mid-week typically will not complete the badge at camp.
• If a Scout is going to miss an instruction session, they need to let the counselor know to set up a make-up appointment pending staff availability.
• Troop leaders are encouraged to monitor the progress of their Scouts in each merit badge. Daily reports will be available through the Program Halls to help keep troop leaders informed about the status of each Scout’s advancement.
• Counselors maintain instruction records for each badge, noting each Scout’s attendance and progress in completing requirements. We maintain a record of this after camp at Flag Plaza Scout Center.
• On Friday evening after the campfire, merit badge cards are signed by members of the staff and are made available for inspection by troop leaders.
• Unit leadership should remind Scouts that a “partial” is not a failure, it simply means they have more work to do to complete the badge. Completing badges started at camp can be a great way to plan a unit’s program following camp.

Merit Badge Cards

A Scout must present the counselor with a merit badge card signed by their Scoutmaster. Merit Badge Applications (blue cards) will be collected by the respective instructors on the first day of class. Heritage Reservation will accept the standard three-part merit badge cards issued by BSA National Supply. Our online registration system can also be used to print merit badge cards based on a Scout’s schedule.

Merit Badge Preparation

Each Scout should determine what merit badges they want to work on before they get to camp and complete preparation on as many requirements as possible before camp. Many merit badges cannot be completed at camp without some prior work or preparation. If this prior work is not done, the Scout can only earn a partial in those merit badges at camp. The Scout must bring evidence of work completed, either a merit badge card with completed requirements signed by a counselor, a note from a unit leader, or a photo showing the Scout and what they have done. The camp staff will not abbreviate or short cut any requirements.
All About Prerequisites

Starting Requirements (SR)
These are requirements that the Scout needs to complete before taking the merit badge/activity. For example, a Scout must complete Canoeing or Kayaking Merit Badge before starting Whitewater Merit Badge. If the Scout has not completed these starting requirements, shown with an (SR) before coming to Heritage Reservation, they will not be able to sign up for the merit badge/activity. See the example below.

Prerequisites (P)
These are requirements that the Scout needs to complete before camp if they want to complete the merit badge/activity while at camp. For example, a Scout must complete requirement 1b of Photography before coming to Heritage if they want to complete it while at camp. Prerequisites are shown with a (P) noting under the requirement column. See the example below. The Scout must bring evidence of work completed, either a merit badge card with completed requirements signed by a counselor, a note from a unit leader, or a photo showing what the Scout has completed.

Post Camp Requirements (PC)
These are requirements that the Scout will need to complete after camp. Post Camp Requirements are shown in the requirements column listed with a (PC). See the example below. The Scout can complete the merit badge at home once the post camp requirements have been fulfilled.

Levels of Difficulty
Listed in parentheses after each merit badge/activity is a letter that indicates its difficulty.
- (A) - Difficult merit badge/activity, for older Scouts with three or more years in Scouting.
- (B) - Appropriate for advancing Scouts with two or more years in Scouting.
- (C) - Easy merit badge/activity, appropriate for all Scouts.

Comments
Comments listed for each merit badge/activity provide additional details that will help you in your planning and preparations.

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements *</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery (B)</td>
<td>None</td>
<td>Extra practice time needed</td>
</tr>
<tr>
<td>Small-Boat Sailing (B)</td>
<td>Req. 2 Be a Swimmer (SR)</td>
<td>Current First Aid Certification meets Req. 1b. Card must be presented</td>
</tr>
<tr>
<td>Fire Safety</td>
<td>Req. 6ab (P), 11(P)</td>
<td>None</td>
</tr>
</tbody>
</table>

*Requirement numbers listed are taken from the current Scouts BSA Requirements book. Merit badge pamphlets may have incorrect or outdated requirements listed, so please refer to the Scouts BSA requirement book or the merit badge requirement listing on www.scouting.org when inquiring about requirement specifics.

Completing Requirements After Camp
Sometimes it is not possible to complete all the merit badge requirements at camp due to time requirements, approvals, and/or proper instruction. As a result, Scouts will receive a partial at camp and are encouraged to find an approved troop or district counselor to finish at home. Unit leadership should remind Scouts that a partial is not a failure, it simply means they have a bit more work to do.

Contact information for summer camp merit badge counselors will not be provided after camp. Scouts should work with unit leadership to identify and engage a local, approved counselor to complete any partials received at camp.
<table>
<thead>
<tr>
<th><strong>Aquatics</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canoeing (B)</td>
<td>Req. 2 (SR)</td>
<td>Must be a Swimmer</td>
</tr>
<tr>
<td>Kayaking (C)</td>
<td>Req. 2 (SR)</td>
<td>Must be a Swimmer</td>
</tr>
<tr>
<td>Lifesaving* (A)</td>
<td>Req. 1a (SR)</td>
<td>Current CPR certification meets Req. 15; card must be presented; must be a Swimmer</td>
</tr>
<tr>
<td>Motorboating (B)</td>
<td>Req. 2a (SR)</td>
<td>Current CPR certification meets Req. 1c; card must be presented; must be a Swimmer</td>
</tr>
<tr>
<td>Rowing (B)</td>
<td>Req. 2 (SR)</td>
<td>Must be a Swimmer</td>
</tr>
<tr>
<td>Small-Boat Sailing (B)</td>
<td>Req. 2 (SR)</td>
<td>Must be a Swimmer</td>
</tr>
<tr>
<td>Swimming* (C)</td>
<td>Req. 2 (SR)</td>
<td>Must be a Swimmer</td>
</tr>
<tr>
<td>Watersports (A)</td>
<td>Req. 3 (SR)</td>
<td>Previous waterskiing experience recommended, additional $50 fee; must be a Swimmer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activity</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSA Lifeguard (A)</td>
<td>Be a Swimmer; be at least 15 years old; have a current First Aid and CPR for the Professional Rescuer certification (SR)</td>
<td>Not a merit badge</td>
</tr>
<tr>
<td>Instructional Swim</td>
<td>None</td>
<td>Not a merit badge; open program activity</td>
</tr>
<tr>
<td>Mile Swim (A)</td>
<td>Be a Swimmer (SR)</td>
<td>Not a merit badge; must complete training swims throughout week</td>
</tr>
<tr>
<td>Paddlecraft Safety Training (A)</td>
<td>Be a Swimmer and 15 or older (SR)</td>
<td>Not a merit badge; training for Scouts and leaders in basic safety for unit boating activities</td>
</tr>
<tr>
<td>BSA Stand-Up Paddleboarding (B)</td>
<td>Be a Swimmer (SR)</td>
<td>Not a merit badge</td>
</tr>
<tr>
<td>Swimming &amp; Water Rescue Training (A)</td>
<td>Be a Swimmer and 15 or older (SR)</td>
<td>Not a merit badge; training for Scouts and leaders in basic safety for unit swimming activities</td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty. *Required for Eagle.
### C.O.P.E. & Climbing

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Climbing (A)</td>
<td>None</td>
<td>Recommended for Scouts 13 and older. Extra time for practice needed. Current CPR certification meets Req. 1c. Card must be presented.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activity</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project C.O.P.E.</td>
<td>None</td>
<td>Recommended for Scouts 13 and older.</td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty.

Challenging Outdoor Personal Experience (C.O.P.E.) is one of the programs of the Boy Scouts of America. C.O.P.E. was launched in 1983. The program comprises group initiative games, trust events, low-course events, and high-course events. Some activities involve a group challenge, while others develop individual skills and agility. Participants climb, swing, balance, jump, rappel, and devise solutions to a variety of problems. Most participants achieve much more than they imagined they could.

COPE is designed to meet the needs of people of all ages who are seeking ways to challenge and expand their physical and mental abilities. As a noncompetitive program, C.O.P.E. permits every participant to succeed. The group activities are ideal for enhancing the leadership and teamwork of Scout units, and activities that challenge individuals can be used to promote self-efficacy and personal growth.

### Trail to First Class

Trail to First Class offers opportunities to help new Scouts progress toward rank advancement. The schedule is designed to cover the requirements that naturally fit into the camp setting focusing on Scouting skills. Each Scout will receive a TFC Passport that tracks their accomplishments throughout the week. This serves as a record for leaders to sign-off Scout Handbooks at the end of the week. Trail to First Class staff members will not sign off individual Scout handbooks.

The patrol method is heavily emphasized in Trail to First Class and Scouts will function in patrols throughout their week. Trail to First Class Scouts will sign up for a 9:00 a.m. to 12:00 p.m. program that encompasses rank requirements. Participants may choose to work on several first-year appropriate merit badges in the afternoon including Mammal Study, Nature, Fingerprinting, and Basketry. Scouts must be signed up for both morning rank advancement instruction and afternoon merit badges.

If a Scout only needs help on a few requirements, they should sign up for merit badges and come to Trail to First Class during afternoon open program. Open program at Trail to First Class runs from 4:00 p.m. to 5:00 p.m. and is a good way to make up missed requirements or to complete new ones.
Trail to First Class

<table>
<thead>
<tr>
<th>Rank</th>
<th>Requirements Covered</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scout</td>
<td>1a, 1b, 1c, 1d, 1e, 1f, 4a, 4b, 5</td>
<td>Morning session at TFC throughout the week.</td>
</tr>
<tr>
<td>Tenderfoot</td>
<td>1a, 1c, 2a, 2b, 2c, 3a, 3b, 3c, 3d, 4a, 4b, 4c, 5a, 5b, 5c, 7a, 7b, 8</td>
<td>Morning session at TFC throughout the week.</td>
</tr>
<tr>
<td>Second Class</td>
<td>1b, 1c, 2a, 2b, 2c, 2d, 2f, 2g, 3a, 3b, 3c, 3d, 4, 6a, 8a, 8b</td>
<td>Morning session at TFC throughout the week.</td>
</tr>
<tr>
<td>First Class</td>
<td>3a, 3b, 3c, 3d, 5a, 5b, 5c, 5d, 7a, 7b, 7c, 7f</td>
<td>Morning session at TFC throughout the week.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketry</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fingerprinting</td>
<td>All requirements will be covered at camp</td>
<td>Held in the Trail to First Class area during the scheduled afternoon time slot.</td>
</tr>
<tr>
<td>Mammal Study</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nature</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Shooting Sports

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery (B)</td>
<td>Req. 1c (P)</td>
<td>Extra time for practice needed, located at Reservation shooting sports center</td>
</tr>
<tr>
<td>Rifle Shooting (A)</td>
<td>Req. 1d, 1f, 1i (P)</td>
<td>Extra time for practice needed, located at Reservation shooting sports center</td>
</tr>
<tr>
<td>Shotgun Shooting (A)</td>
<td>Req. 1d, 1f, 1i (P)</td>
<td>Recommended for those 13 and older, additional $25 fee. Located at Reservation shotgun range.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Activity</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-D Archery</td>
<td>None</td>
<td>Not a merit badge, offered upon request. Located at Reservation shotgun range.</td>
</tr>
<tr>
<td>Black Powder</td>
<td>None</td>
<td>Not merit badges, open program activities. Specific schedule of days and times offered will be distributed at camp.</td>
</tr>
<tr>
<td>Open Archery</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Open Rifle</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Open Shotgun</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Sporting Arrows</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Tomahawk/Knife Throwing</td>
<td>None</td>
<td></td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty.
## Eco-STEM Merit Badge Requirements

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Astronomy (B)</td>
<td>None</td>
<td>Evening observations required</td>
</tr>
<tr>
<td>Chemistry (B)</td>
<td>Req. 7 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Electricity (B)</td>
<td>Req. 2, 8, 9a (P)</td>
<td>None</td>
</tr>
<tr>
<td>Energy (B)</td>
<td>Req. 1a, 4, 5 (P)</td>
<td>Bring your notebook for Req. 4 and 5</td>
</tr>
<tr>
<td>Engineering (A)</td>
<td>Req. 1 (P)</td>
<td>Read the Engineering Merit Badge pamphlet before coming to camp</td>
</tr>
<tr>
<td>Environmental Science* (A)</td>
<td>Req. 3e (P)</td>
<td>Req. 4 can be completed at home. Be sure to bring your journal to camp along with your report.</td>
</tr>
<tr>
<td>Fish &amp; Wildlife Management (B)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Mammal Study (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Nature (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Oceanography (B)</td>
<td>Req. 8 (P)</td>
<td>Bring a copy of your report or speech for Req. 8 to camp.</td>
</tr>
<tr>
<td>Reptile &amp; Amphibian Study (C)</td>
<td>Req. 8 (P)</td>
<td>Bring your journal to camp</td>
</tr>
<tr>
<td>Space Exploration (B)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Weather (B)</td>
<td>Req. 9 (P)</td>
<td>Bring Req. 9 to camp</td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty.

*Required for Eagle.

## Handicraft Merit Badge Requirements

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art (C)</td>
<td>Req. 6 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Basketry (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Fingerprinting (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Game Design (B)</td>
<td>None</td>
<td>Requires open program time to test games</td>
</tr>
<tr>
<td>Graphic Arts (A)</td>
<td>Req. 6 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Indian Lore (C)</td>
<td>Req. 2 (P)</td>
<td>Includes field trip to Fort Necessity National Battlefield</td>
</tr>
<tr>
<td>Leatherwork (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Metal Work (B)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Movie Making (A)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Woodcarving (B)</td>
<td>Req. 2a - Totin’ Chip (SR)</td>
<td>No knives with blades over 3.5”</td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty.
### Scoutcraft

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camping* (A)</td>
<td>Req. 4b, 5e, 7b, 8d, 9a, 9b (P)</td>
<td>Most written work can be completed at home</td>
</tr>
<tr>
<td>Cooking* (B)</td>
<td>Req. 4c, 4d, 4e (PC)</td>
<td>Requires cooking time during some meals</td>
</tr>
<tr>
<td>Exploration (B)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Fishing (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Geocaching (B)</td>
<td>Req. 8, 9 (PC)</td>
<td>Includes field trip to Ohiopyle State Park</td>
</tr>
<tr>
<td>Orienteering (A)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Pioneering (A)</td>
<td>None</td>
<td>Proficiency in basic knots required</td>
</tr>
<tr>
<td>Scouting Heritage (B)</td>
<td>Req. 4, 6 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Wilderness Survival (B)</td>
<td>Req. 5 (P)</td>
<td>Bring survival kit to camp; involves spending a night in an improvised shelter</td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty.
*Required for Eagle.

### Scout Scholar

<table>
<thead>
<tr>
<th>Merit Badge</th>
<th>Requirements</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chess (C)</td>
<td>None</td>
<td>None</td>
</tr>
<tr>
<td>Citizenship in the Nation* (A)</td>
<td>Req. 3, 8 (P)</td>
<td>Includes field trip to Fort Necessity National Battlefield</td>
</tr>
<tr>
<td>Citizenship in the World* (A)</td>
<td>Req. 4b, 7 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Communications* (B)</td>
<td>Req. 5 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Emergency Preparedness* (B)</td>
<td>Req. 1, 2c, 6c, 8b (P)</td>
<td>Bring documentation or a photo of your kit for Req. 8b to camp; First Aid Merit Badge required for completion</td>
</tr>
<tr>
<td>Fire Safety (C)</td>
<td>Req. 6a, 6b, 11, 12 (P)</td>
<td>None</td>
</tr>
<tr>
<td>First Aid* (B)</td>
<td>Req. 5a (P)</td>
<td>Bring your kit for 5a to camp; current CPR certification meets Req. 7; card must be presented</td>
</tr>
<tr>
<td>Journalism (B)</td>
<td>Req. 2a, 4 (P)</td>
<td>Bring copies of any prepared articles for Req. 4 to camp</td>
</tr>
<tr>
<td>Music (C)</td>
<td>Req. 3 (P)</td>
<td>None</td>
</tr>
<tr>
<td>Search &amp; Rescue (B)</td>
<td>Req. 4, 6a, 6b (P)</td>
<td>None</td>
</tr>
</tbody>
</table>

See page 18 for more information about requirements and levels of difficulty.
*Required for Eagle.
# Program Schedule (Morning)

<table>
<thead>
<tr>
<th>Time</th>
<th>9:00</th>
<th>9:30</th>
<th>10:00</th>
<th>10:30</th>
<th>11:00</th>
<th>11:30</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Aquatics</strong></td>
<td>Sailing (10)</td>
<td>Sailing (10)</td>
<td>Canoeing (12)</td>
<td>Canoeing (12)</td>
<td>Swimming (10)*</td>
<td>Swimming (10)*</td>
</tr>
<tr>
<td></td>
<td>Lifesaving (10)*</td>
<td>Lifesaving (10)*</td>
<td>Motorboating (5)</td>
<td>Motorboating (5)</td>
<td>Motorboating (5)</td>
<td>Motorboating (5)</td>
</tr>
<tr>
<td></td>
<td>BSA Lifeguard Certification (6)</td>
<td>Paddle Craft Safety and Swim and Water Rescue (6)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Cope/Climbing</strong></td>
<td>Climbing (9)</td>
<td>Climbing (9)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Eco-Stew</strong></td>
<td>Environmental Science (8)*</td>
<td>Environmental Science (8)*</td>
<td>Weather (8)</td>
<td>Weather (8)</td>
<td>Astronomy (8)</td>
<td>Astronomy (8)</td>
</tr>
<tr>
<td></td>
<td>Reptile Study (8)</td>
<td>Reptile Study (8)</td>
<td>Mammal Study / Nature (8)</td>
<td>Mammal Study / Nature (8)</td>
<td>Chemistry (8)</td>
<td>Chemistry (8)</td>
</tr>
<tr>
<td></td>
<td>Electricity (8)</td>
<td>Electricity (8)</td>
<td>Fish &amp; Wildlife Mgmt (8)</td>
<td>Fish &amp; Wildlife Mgmt (8)</td>
<td>Space Exploration (8)</td>
<td>Space Exploration (8)</td>
</tr>
<tr>
<td><strong>Shooting Sports</strong></td>
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<td>Search &amp; Rescue (8)</td>
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<td>Communications (8)*</td>
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* Eagle required (8) Capacity per camp & badge earned concurrently.
# Program Schedule (Afternoon)

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<th>2:00</th>
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<td>Fish &amp; Wildlife Habitat (8)</td>
<td>Chemistry (8)</td>
<td>Energy (8)</td>
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<td>Graphic Arts (12)</td>
<td>Game Design (12)</td>
<td>Open Program</td>
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<td>Movie Making (12)</td>
<td>Open Program</td>
<td>Geocaching (12)*</td>
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<tr>
<td>Game Design (12)</td>
<td>Cooking (12)*</td>
<td>Open Program</td>
<td>Pioneering (12)</td>
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<td>Citizenship in the World (8)*</td>
<td>First Aid (8)*</td>
<td>First Aid (8)*</td>
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<tr>
<td>Citizenship in the Nation (8)*</td>
<td>Emergency Prep (8)*</td>
<td>Communications (8)*</td>
<td>Communications (8)*</td>
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<td>Music (8)</td>
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<td>Fingerprinting/Basketry (10)* &amp;</td>
<td>Open Program</td>
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<tr>
<td>Mammal Study/Nature (10)*</td>
<td>Mammal Study/Nature (10)*</td>
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</tbody>
</table>

* Eagle required (8) Capacity per camp & Bades earned concurrently
Day Trek

Day Trek is a fantastic adventure for that older Scout (aged 14 years and older) who wants to attend camp but is looking for something more than merit badges. Shortly after breakfast, Scouts will join our Eagle Base staff for a day of high adventure activities before returning to Camp Liberty or Camp Freedom at approximately 5:00 p.m. Monday through Friday participants meet at the entrance to the Duty to God Chapel in the Camp Liberty parking lot at 8:40 a.m. to be transported to the daily activities.

During the day, Scouts select from adventures including caving, whitewater rafting, mountain biking, and sporting clays, but will not be able to earn merit badges during program time. Evenings are spent in Camp Freedom or Camp Liberty participating in campwide programs with the rest of the Scout’s troop. On check-in day, participants must meet at the Program Hall for an orientation meeting at Camp Freedom at 4:00 p.m. and Camp Liberty at 5:00 p.m. Participants will need to bring with them their completed participation waivers and an extra copy of their complete BSA medical form. Waivers can be found at www.lhscouting.org/camping/resources.

Day Trek Leadership
All treks will be led by experienced Eagle Base Trek Guides meeting Boy Scouts of America standards, many in partnership with professional partner vendors. Program gear needed for the treks is provided. Simply bring the required personal gear, a great attitude, and be ready for the experience of a lifetime.

Units with Day Trek participants are not required to provide unit leadership to accompany participants; however, adults may be asked by Eagle Base staff to accompany trek groups to ensure BSA youth protection and two-deep leadership standards are maintained. This is especially important to know for units with youth female Day Trek participants.

Although not required, unit adults are able to sign-up for Day Trek activities. The cost to participate for the week is the same as that for a youth. Activity spaces are limited and preference will be giving to youth participants.

Required Personal Gear
This gear is required to participate in the various treks offered during the week:

- (2) Water bottles (1L)
- Daypack
- Sunscreen
- Rain gear
- (2) Flashlights with extra batteries
- Long pants
- Long sleeve shirt
- Boots (ankle covering)
- Closed-toe shoes that can get wet
- Personal first aid kit
- Signed release forms
- Extra copy of your completed medical form
Weather & Safety
Treks may encounter rapidly changing weather fronts ranging from fog to storms. However, weather is no
deterrent to fun. Should crews encounter a rainy day while on one of our treks, we’ll continue with our
activities the best we can. We will keep participants safe during foul weather, but it doesn’t always change
our normal activities.

Additional Details
- Participants must be at least 14 years of age or older.
- Participation waivers can be found at www.lhcscooling.org/camping/resources.
- Waivers must be completed and signed before arriving at camp.
- Participants must be strong swimmers and some boating experience is helpful. Participants must pass the
  Boy Scouts of America swimmer test on Sunday to participate.

Activity Sign-Up
Activity sign up for Day Trek participants will take place through your camp registration and will work the
same way as merit badge registration. Sunday arrival day is the final deadline for any activity changes due to
scheduling and planning restrictions. At least four participants are required for an activity to take place.

The final week’s schedule will be reviewed during the check-in day orientation meetings.

Weight Guidelines
Any participant who exceeds the maximum weight limits on the weight chart below needs to reconsider
participation in the Day Trek program as they are at extreme risk for health problems. Participants who fall
within the guidelines are more likely to have an enjoyable program and avoid incurring health risks. The
absolute weight limit for most of our programs is 300 pounds, with the exceptions being ATV Adventure at
215 pounds, and our C.O.P.E. zipline at 250 pounds.

<table>
<thead>
<tr>
<th>Height</th>
<th>Recommended</th>
<th>Maximum</th>
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<tbody>
<tr>
<td>60”</td>
<td>97-138 lbs.</td>
<td>166</td>
</tr>
<tr>
<td>61”</td>
<td>101-142 lbs.</td>
<td>172</td>
</tr>
<tr>
<td>62”</td>
<td>104-148 lbs.</td>
<td>178</td>
</tr>
<tr>
<td>63”</td>
<td>107-152 lbs.</td>
<td>183</td>
</tr>
<tr>
<td>64”</td>
<td>111-157 lbs.</td>
<td>189</td>
</tr>
<tr>
<td>65”</td>
<td>114-162 lbs.</td>
<td>195</td>
</tr>
<tr>
<td>66”</td>
<td>118-167 lbs.</td>
<td>201</td>
</tr>
<tr>
<td>67”</td>
<td>121-172 lbs.</td>
<td>207</td>
</tr>
<tr>
<td>68”</td>
<td>125-178 lbs.</td>
<td>214</td>
</tr>
<tr>
<td>69”</td>
<td>129-185 lbs.</td>
<td>220</td>
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</table>

Day Trek Activities
Each day, several of the following activities will be offered. Schedules will be tailored to the
individual preferences of each Scout. At least four participants are required for an activity to take
place. Each participant will select preferences with the online system prior to camp. The final
schedule will be published at the Sunday orientation meeting.
Day Trek Activities
Each day, several of the following activities will be offered. Schedules will be tailored to the individual preferences of each Scout. At least four participants are required for an activity to run. Each participant will select preferences with the online system prior to camp. The final schedule will be published at the Sunday orientation meeting.

Activity Level (#)
Each activity is ranked in regard to the physical activity and the skill level needed to successfully participate. The physical rating is from 1 to 5 with 5 being the most strenuous activity and 1 being the least strenuous. The skill level is A to C with A demanding a high skill set and C being appropriate for all participants.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>Caving &amp; Rapelling (20)</td>
<td>Hiking (20)</td>
<td>Nemacolin (20)</td>
<td>Canoeing (14)</td>
<td>Caving &amp; Rapelling (20)</td>
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<td>ATV Adventure (6)</td>
<td>ATV Adventure (6)</td>
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<td>ATV Adventure (6)</td>
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**ATV Adventure (3B)**
Hit the trail on our newest program offered at Heritage Reservation. Participants will complete the ATV Safety Institute (ASI) Rider Course learning ATV safety and handling, then finish the day with an adrenaline-pumping ride around the lake. Release form required.

**Canoeing (3B)**
Put in at Connellsville and paddle down 15 miles of the Youghiogheny River. Float past historic industrial ruins before descending into an exceptionally scenic stretch of river between Dawson and Layton, Pennsylvania.

**Caving & Rappelling (4B)**
Head to Laurel Caverns and spend the morning rappelling inside the cave. Then, in the afternoon, descend 46 stories of unlit, natural cave to the bottom of the mountain. Be prepared to get wet and muddy! Vendor release form required.

**Fly Fishing (1B)**
Fly fisherman, young and old, expert or new to the sport, will all have a fun experience. Spend the morning refreshing skills and in the afternoon head to the lake to try them out.

**Hiking (3A)**
Get a taste of some of the area’s best hiking trails. Carry your food and water on your back and enjoy opportunities to Geocache, taking in the beautiful scenery and activities the area has to offer.

**Kayaking (3B)**
Using our 12-foot lake kayaks, explore as much of Youghiogheny Lake as you can. Stop for lunch, enjoy a refreshing swim, and see how much wildlife you can spot.

**Mountain Biking (5A)**
Not for the weak of heart, get ready to hang on to the handlebars as you plummet down mountainsides, dodging rocks, jumping logs, fording streams, and splashing through mud holes. Vendor release form required.
COPE (2B)
Get a taste of adventure at our newly expanded Project C.O.P.E. course. Enjoy team building and challenging low course events. Then, test your limits on our high course and zipline.

Nemacolin Experience (1B)
Ready for a challenging and fun day at Nemacolin Woodlands Resort? Enjoy some of the best programs Nemacolin has to offer including sporting clays, zip line, high ropes course, climbing wall, and a quick jump. Vendor release form required.

Whitewater Merit Badge (3B)
Spend two days learning the fundamentals of white-water adventuring. Day one will introduce you to the basics of reading the river and maneuvering your boat as you wind your way down the Class II rapids of the Middle Yough in tandem canoes. Day two will stretch your skills even further as you practice what you’ve learned in kayaks and ultimately brave the Class III rapids of The Loop in your inflatable “duky”. Remember to bring a Blue Card! Vendor release form required.

<table>
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<tr>
<th>Merit Badge</th>
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<tbody>
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See page 18 for more information about requirements and levels of difficulty.

Whitewater Rafting (3B)
Whitewater rafting at its finest! Whether this is your first trip or your tenth, the Lower Yough has plenty to offer, including surfing waves, hitting holes, catching eddies and dropping over waterfalls. After a safety briefing, follow the river guides down seven and a half miles of Class III+ whitewater. You WILL get wet! Vendor release form required.

Afternoon Open Program
Camp is about much more than merit badges. Camp is an opportunity to try new things and have some fun! Each afternoon, merit badge instruction ends and there is open program time for Scouts and leaders to experience all the great things Heritage Reservation has to offer. Some highlights include:

Mile Swim
Show off your stamina and that you are physically fit by completing the mile swim while in camp. Participants will need to complete training swims during afternoon open program including swimming a quarter, half, and three-quarter miles. All the swimming culminates Friday morning before breakfast with a full mile swim.

Fort Necessity National Battlefield Field Trip
Leaving Wednesday at 3:00 p.m., join the group to visit the site of George Washington’s only defeat. This is a required trip for participants in Citizenship in the Nation and Indian Lore Merit Badges. Adults will be needed to help provide transportation.

Tye Dye
Offered Wednesday in Handicraft. Bring something to dye from home or buy a white t-shirt from the trading post.
Cast Iron Chef Competition - Appetizers, Wow Us in One Bite
Are you or someone in your troop the greatest camp chef you know? Prove it!! Competitors will need to prepare their dish in their campsite then bring it to the Scoutcraft area Thursday afternoon for judging. Competitors must provide all their own ingredients and prepare enough for approximately 50 people to try their dish. Any cooking method can be used (not just cast iron). 2020’s competition theme - Appetizers, Wow Us in One Bite! Who will be crowned the champion?

Ohiopyle Geocaching Trip
Thursday afternoon, Geocaching merit badge participants will take a trip to Ohiopyle State Park to find a few public geocaches to help them meet their requirements. Adults will be needed to help provide transportation.

Heritage Iron Man
Only the strongest complete the Heritage Iron Man. Friday morning, participants will meet at Aquatics to complete the mile swim (they must complete the training swims earlier in the week also). After finishing the mile swim and having breakfast, participants and their buddy will head back to Aquatics to pick up a canoe, canoe over to Camp Independence, run up the road, around the Keystone Administration building and back to the Independence waterfront, where they will canoe back to where they started.

Additional Activities
Each program area will host various activities every afternoon. A specific schedule of what’s happening when will be provided at camp.

• Open shooting, boating, sports, swimming and additional program area instruction will be available. For open shotgun, passes must be purchased in advance through the Trading Post (5 rounds for $3).
• Open program is a great time to finish that partial from last year.
• You and your buddy can pick up a map of the marked Hiking Trails in the Program Hall and hike away.
• Service Projects: a list of pre-approved camp service projects will be provided through the Commissioner staff. Units interested in helping with a service project should discuss available projects and when they want to work on their project with the commissioner staff no later than Monday siesta so project materials can be readied.
• Grab your map and compass and head out on one of our new orienteering courses. Courses for all ability levels are available.
Evening Program
The fun doesn’t end with dinner. Various fun, campwide activities will take place each evening.

Sunday
• Leader’s Meeting at 6:45 p.m. in the Program Hall: a first day orientation to prepare you for the rest of the week. Please send at least one adult leader from your unit and the SPL to attend.
• Opening Campfire from 8:00 p.m. to 9:00 p.m. Campfire Circle; meet in the parade field then walk with the staff to the campfire circle. Sit back and enjoy the camp staff as they welcome you home with skits, songs, and more.

Monday/Tuesday
• Campwide Games from 7:15 p.m. to 9:00 p.m.; Monday at Camp Freedom, Tuesday at Camp Liberty; campers will compete as patrols in a variety of activities. Events will challenge each member’s Scout skills, teamwork and spirit.
• Eagle Evening, 7:15 p.m. to 8:45 p.m.; Monday at Camp Freedom, Tuesday at Camp Liberty; Scouts 14 and over can sign up for this new evening program. See page 32 for more information.
• Vespers from 7:15 p.m. to 8:00 p.m.; Monday at Camp Liberty, Tuesday at Camp Freedom; a Scout is reverent during this inter-faith worship service held at the Duty to God Chapel.
• Movie Night from 8:15 p.m. to 10:15 p.m.; Monday at Camp Liberty, Tuesday at Camp Freedom; bring a camp chair and grab some popcorn as we screen a summer blockbuster on our big outdoor movie screen.

Tuesday/Wednesday
• Starhike at 9:30 p.m.; meet at the Eco-STEM shelter for a hike to learn about the stars, weather dependent.

Wednesday
• OA Call Out Ceremony at 7:15 p.m.; meet at the parade field. Each Scoutmaster should talk with the camp Order of the Arrow Coordinator on Sunday to discuss your unit’s involvement with the Order of the Arrow during your stay. See page 33 for more information.

Thursday
• Steak Cookout from 6:00 p.m. to 7:00 p.m.; gather around the campfire to cook your dinner on the coals! Enjoy a campsite-cooked meal with your troop. All supplies are provided. For Camp Freedom, there will not be dinner in the Dining Hall this evening.
• Order of the Arrow Brotherhood Ceremony from 7:15 p.m. to 8:30 p.m.; Reservation OA Circle: all Brotherhood and Vigil Order of the Arrow members are encouraged to attend. See page 33 for more information.
• Order of the Arrow Crackerbarrel from 8:30 to 9:30 p.m.; Camp Freedom Dining Hall: join us for food and fellowship as we welcome our new call-outs and Brotherhood members. See page XX for more information.
• Wilderness Survival Overnight, Duty to God Chapel; Wilderness Survival merit badge participants will build their shelters and spend the night away from camp.
• Aqua Carnival from 7:15 p.m. to 8:30 p.m.; Aquatics area: participate in a fun evening of aquatics challenges and activities.
• Eagle Evening from 7:15 p.m. to 8:45 p.m.; Camp Liberty and Camp Freedom. Scouts 14 and over can sign up for this new evening program. See page 32 for more information.
• Outpost: Under the direction of the Eagle Base staff, your unit can paddle or hike to Spear Point and spend the night under the stars. Units will need to provide all overnight camping equipment.

Friday
• Closing Campfire from 7:15 p.m. to 8:30 p.m.; Campfire Circle: skits, songs, and awards.
• Blue Card Party from 8:45 p.m. to 9:30 p.m.; verify that all your Scouts’ blue cards and activity awards have been processed. Staff will be present to answer questions.
Eagle Evenings - New in 2020

New in 2020, Eagle Evenings are an opportunity for older Scouts age 14 and over, to participate in some high adventure on the Heritage Reservation property. Great as an extension of the Day Trek program or as a way for a Scout who wants to work on merit badges during the day to still get in some adventure. Eagle Evenings will be a fun new opportunity facilitated by Heritage Reservation’s Eagle Base staff.

Activity Sign-Up
Activity sign-up for Eagle Evening participants will take place through your camp registration and will work the same way as merit badge registration. Participation is limited to Scouts age 14 and over. Some activities will have participation limits.

Eagle Evening Activities from 7:15 p.m. to 8:45 p.m.; Monday - Camp Freedom, Tuesday - Camp Liberty
- Ski-boat Tubing on Lake Courage - limited to 12 participants; participants must be a Swimmer. Meet at the camp aquatics area.
- Climbing and rappelling - climb up then rappel off Heritage Reservation’s 30” tower. This partially meets requirement 9b of Camping merit badge.
- Middle C.O.P.E. - climb the Giant’s Ladder and Dangling Caterpillar.
- Cowboy Action Shooting - try your hand shooting a .22 lever-action rifle, .22 revolver, and 12 gage shotgun at reactive targets.

Eagle Evening Activities from 7:15 p.m. to 8:45 p.m.; Thursday Both Camps
- Sunset Kayak or Canoe - enjoy Lake Courage’s incredible sunsets during a paddle to Spear Point and back. Some participants may choose to stay for an Outpost evening.
- Pontoon Fishing - limited to 8 participants. Grab your fishing gear and tackle and head out to fish some of the hard to reach coves of Lake Courage.
- Outpost - under the direction of the Eagle Base staff, your unit can paddle or hike to the far side of Lake Courage and spend the night under the stars. Units will need to provide all overnight camping equipment. Eagle Base staff will stay nearby to provide communication support as needed.
The Order of the Arrow (OA) plays a vital role in the camping program of our Scouting. Those who are honor Scouts in their units are recognized through their election to the OA. The objective of Laurel Highlands Council’s Allohak Menewi Lodge #57 is to promote the camping program of the council, to recognize honor campers, and to provide opportunities for cheerful service.

Meetings
There will be one meeting for all OA members at 1:15 p.m. Tuesday at the Program Hall to discuss preparations for the OA ceremonies on Wednesday and Thursday evenings.

Home Troop Election
As of 2015, home troop elections are the only way to elect candidates for membership in the Order. Elections will not be held at summer camp. A troop election should be conducted at a predetermined troop meeting. Home troop elections are to be held anytime up through May 15, by an authorized lodge representative. Elections are to be coordinated by the chapter (Service Area) in which your troop is located and can be requested by contacting your Chapter Advisor.

Call Out Ceremony
The Order of the Arrow call out ceremony will take place on Wednesday night. Parents are welcome to attend; however, pets are not permitted. This is a unique opportunity for Scouts and Scouters to be recognized for their contributions to Scouting. Per National OA guidelines, non-Laurel Highlands Council units wishing to participate in a call out ceremony while at camp will either need to bring or have sent to camp a letter from their home lodge granting permission to conduct the call out.

Brotherhood Induction
Allohak Menewi Lodge #57 Ordeal members eligible to seal their membership in the OA (a current lodge member with six months tenure since Ordeal completion) can take part in the Brotherhood induction process at camp. Brotherhood counseling will take place during the week during open program; the camp OA coordinator will designate an exact time and location. The Brotherhood induction ceremony will take place on Thursday evening. Each member completing Brotherhood membership during camp will pay a fee to cover the cost of the Brotherhood sash. This fee must be paid at the Program Hall before the candidate can participate in the Brotherhood ceremony. Participation in the Brotherhood induction ceremony is only open to members of Allohak Menewi Lodge #57 per National OA guidelines. Brotherhood and Vigil Honor members of other lodges are permitted to attend and watch the ceremony but no member of another lodge may complete their Brotherhood conversion while at Heritage Reservation.

Order of the Arrow Summer Service Award
Under the direction of the Camp OA Commissioner, Order of the Arrow members may complete one task related to the Brotherhood ceremony and one task related to the calling out ceremony to receive a special recognition item. An approved service project may be substituted at the Lodge’s discretion.
Leader Programs

Help Us Help You
We understand that your own unit’s interests are your number one priority, but we welcome your assistance to make the Heritage Reservation experience even better for everyone. Help is always appreciated within program areas, during merit badge instruction, being an extra set of eyes at the Waterfront, or through completing service projects.

Scoutmaster Merit Badge
Pick up a list of the requirements in the Program Hall to get started exploring camp, participating in activities and helping Scouts have a great camping experience.

Daily Leader Meetings
Each day following breakfast, there will be a leader meeting with the Camp Key 3 to review the upcoming day, receive updates from the staff, and for you to provide feedback. There is nothing worse for the staff than finding out about something at the end of the week that could have been fixed right away, early in the week when it was initially a problem. Your early and prompt communication benefits everyone. See the daily schedule on pg 11 for camp specific times.

Scoutmaster Steak and Eggs Breakfast
We want to thank you for coming to camp and gather your feedback! Join us for a feast as we talk about how your week went at camp, and things we can do in the future to improve. We make it a priority to listen to you as we plan for years to come, so help us as we work toward our goal of constant improvement. Breakfasts will be Thursday at 9:00 a.m. in Camp Liberty and Friday at 9:00 a.m. in Camp Freedom.

Adult Leader Training
Your Scouts are not the only ones who can learn a lot at camp. Each week, various training is provided for adult leaders. Training is dependent upon interest and trainer availability.

Swimming and Water Rescue & Paddlecraft Safety
These Boy Scouts of America courses replace BSA Lifeguard for unit level swimming and boating activities and are offered through the Aquatics areas. Each course is ten hours long and is contingent upon interest and staffing.

BSA Lifeguard
The Boy Scouts of America’s “professional level” lifeguarding course, BSA Lifeguard is a big step up from the Swimming and Water Rescue course and is offered through the Aquatics areas. Participants should be prepared to spend the majority of their week at the Aquatics areas learning and practicing skills as well as gaining required guarding time. To be certified, participants must hold a current First Aid and CPR for the Professional Rescuer certification.

Additional Training Opportunities
Additional training opportunities may be available during your week in camp. Courses such as Climb on Safely, Safe Swim Defense, Safety Afloat, or an Outdoor Ethics Awareness Workshop may be offered dependent upon interest and staff availability.

If an experienced trainer volunteers or is able to be secured, Scoutmaster Position Specific Training and/or Introduction to Outdoor Leadership Skills course may be offered. If these courses are able to be offered, further information will be shared prior to camp.
Awards

We have many awards to challenge the individual, the patrol and the troop. Speak with the Camp Director, Program Director or Senior Camp Commissioner to learn more. Once finished, award forms will be shared at www.lhcscouting.org/camping/resources so units can review and plan ahead of camp.

Acorn Service Award
Tall Oaks from Little Acorns Grow. Plant your acorn by performing one hour of service to camp. We have many conservation and maintenance projects available.

Brownsea Island Honor Camper Award
This award provides each Scout the opportunity to earn an award based upon their own personal experience during a week-long encampment.

Green Bar Bill Honor Patrol Award
This award includes the opportunity for group-decision making, as well as gives your Patrol Leaders an opportunity to take initiative to lead their patrols towards earning the award.

Baden-Powell Honor Troop Award
This award is designed to give your Senior Patrol Leader and junior leadership the initiative to work towards completing requirements for an award that honors the troop as a whole.

Trading Post

In addition to our online store, the Trading Post is provided as a service to campers. The store is stocked with a supply of program materials, literature, merit badge supplies, fishing gear, camping gear, clothing, patches, collectibles, souvenirs, snacks, candy, pop, ice cream and various personal items. The average camper spends $100 in the Trading Post during their week in camp. For ease of purchase, please consider purchasing one of our convenient Heritage gift cards before camp. More information can be found on page 10.
Campsites

Heritage Reservation is home to campsites on ridges and along lakeshores. Most, but not all, campsites are accessible by vehicle and marked spaces are available to park unit trailers.

Reserving Campsites and Campsite Equipment

Campsites are selected when a unit makes its initial summer camp registration. Both Camp Liberty and Camp Freedom have fourteen campsites each accommodating differing numbers of campers.

Campers stay in camp-provided canvas or poly-wall tents, with wooden floorboards to keep campers off the ground. Two metal or canvas cots are provided in each tent. Campers are permitted to bring their own tents or hammocks if they wish. There is ample space round each campsite for campers to set up their own tents following Leave No Trace guidelines. There are lots of trees to hang hammocks; however, no nails or hooks should be stuck in trees and hammocks should not be stacked with one above another at any time for safety reasons.

All campsites are set with a number of dining flys and each campsite has a latrine. Showers and other restroom facilities are a short walk away. Each campsite has a water sources with potable water (safe for drinking and tested weekly) and a fire ring for campfires. Please do not create additional fire rings.

Campsites are set with equipment to the capacity listed in the registration system. If a unit will exceed the set capacity they have three options:
1. Move to a campsite that will accommodate their entire group if available.
2. Split their group between multiple campsites.
3. Bring their own equipment to supplement what is provided at the campsite.

If a unit does not fill a site, remaining space may be reserved by another unit. Please plan and register accordingly.

Linked male and female Scouts BSA units wishing to camp together must register as separate units. They may share a campsite. It will be up to unit leadership to ensure youth protection guidelines, adequate privacy, mutual respect, and appropriateness are upheld within the site.

LHC reserves the right to reassign campsites based on capacity, usage, or other factors as determined by camp leadership.

It is the responsibility of unit leadership to ensure BSA youth protection guidelines regarding tenting are always followed. Youth are not permitted to share a tent if they are more than two years apart in age. Youth and adults may not share a tent unless they are parent and child. Male and female youth may not share a tent. Male and female adults must sleep separately unless they are married to each other.

Showers and Latrines

- New shower houses are being built in Camp Liberty and Camp Freedom for the 2020 season to replace the old, centralized staff and leader showers. These new shower houses have a modern design with single occupant rooms each containing a shower, sink, and toilet. Because they are new and single occupant, we know that these new shower houses will be very popular. Units will need to work with their members to keep the amount of time they spend using the shower to a minimum out of respect for all the other campers in camp.
- Several other shower buildings remain available in each camp. They are designated for youth male, youth female, adult male, or adult female. Please respect the privacy of others. Specific times for usage will be posted.
- Because showers can be a space where bullying and horseplay seem to happen frequently, units should plan to have two adults accompany groups of Scouts to the shower house and remain outside. Simply the presence of nearby adults has proven to cut down bullying and horseplay incidents dramatically.
- Units will be responsible for signing up to clean a shower building during their stay.
- Each campsite has a latrine. Units are responsible for keeping it clean. Cleaning materials are available through the camp quartermaster.
Daily Campsite Visitations
Each day, campsites will be visited by a member of the camp commissioner staff. In addition to checking in with Scouts and leaders, the commissioner will be making sure the campsite is safe and clean.

Specifically, the commissioners will be looking for and scoring such items as:
- Latrine cleanliness
- Sleeping area cleanliness and orderliness
- Eating area cleanliness and orderliness
- General campsite cleanliness
- Fireguard plan
- Campcraft - campsite gadgets and activities in camp supporting the Scouting program such as proper ax yards and following Leave No Trace guidelines where able.

Preparing for daily commissioner visits encourages units to take pride in their campsites. Scouts will need to communicate, plan, and make decisions on how they want their campsite to look. In sites with multiple units, units will need to work together and compromise to achieve their daily campsite visitation score. Maintaining a pass rating for the week is a requirement to earn the Baden-Powell Honor Troop Award.

Public Area Responsibility
Everyone in camp, including both campers and staff, are responsible for maintaining a positive, clean environment and supporting the overall camp community. Throughout the week, units are asked to provide patrols to help clean shared areas around camp. The schedule will be decided at the Monday SPL meeting. Areas to be cleaned include shower houses and, in Camp Freedom, the Dining Hall bathrooms. Cleaning supplies will be provided. Participating in cleaning a shared area of camp will help your daily campsite visitation score.
## Gear Lists

### What NOT to Bring to Camp

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fireworks</td>
<td>Valuables</td>
<td>Excessive jewelry</td>
<td>Boats</td>
</tr>
<tr>
<td>Shooting equipment, including bows, firearms, or ammunition</td>
<td>Un-Scoutlike clothing</td>
<td>Aerosol Cans</td>
<td>Knives with blades over 3.5”</td>
</tr>
<tr>
<td>Alcohol</td>
<td>Pornography</td>
<td>Laser pointers</td>
<td>Golf carts/UTVs</td>
</tr>
<tr>
<td>Electronics</td>
<td>Tobacco</td>
<td>Firewood</td>
<td></td>
</tr>
<tr>
<td>Bicycles</td>
<td>Drugs of any kind</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Gear Each Individual Should Bring*

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp shoes</td>
<td>Hat</td>
<td>Medication***</td>
<td>Sunglasses</td>
</tr>
<tr>
<td>Hiking shoes</td>
<td>Rain Gear</td>
<td>Hygiene items</td>
<td>Flashlight</td>
</tr>
<tr>
<td>Water shoes (closed toe)</td>
<td>Swimsuit**</td>
<td>Sunscreen</td>
<td>Compass</td>
</tr>
<tr>
<td>Scout appropriate t-shirts</td>
<td>Scout uniform</td>
<td>Insect repellent</td>
<td>Pocket knife</td>
</tr>
<tr>
<td>Underwear</td>
<td>Scout handbook</td>
<td>Personal first aid kit</td>
<td>Water bottle</td>
</tr>
<tr>
<td>Socks</td>
<td>Merit badge pamphlets</td>
<td>Sleeping bag</td>
<td>Knife/fork/ spoon</td>
</tr>
<tr>
<td>Long pants</td>
<td>Notebook</td>
<td>Pillow</td>
<td>Plate/bowl/cup</td>
</tr>
<tr>
<td>Long-sleeve shirts</td>
<td>Pencils/pens</td>
<td>Extra blanket</td>
<td>Fishing gear</td>
</tr>
<tr>
<td>Shorts</td>
<td>Towels</td>
<td>Daypack</td>
<td>Camera</td>
</tr>
<tr>
<td>Sweatshirt or Jacket</td>
<td>Washcloth</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* See page 26 for specific personal equipment needed for Day Trek participants

**Swimsuits should be comfortable, functional, and modest. For males, swim trunks or board shorts are appropriate. Swim bottoms allowing exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one-piece swimsuits are appropriate.

*** See page 44 for further information on medications

### Gear Units Should Bring

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lantern</td>
<td>Troop &amp; patrol flags</td>
<td>Unit first aid kit</td>
<td>Extra tarps &amp; tents</td>
</tr>
<tr>
<td>Woods tools</td>
<td>Dutch ovens</td>
<td>Unit kitchen/patrol box</td>
<td>Unit Library</td>
</tr>
<tr>
<td>Medication lock box</td>
<td>Coolers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gear Provided by Heritage Reservation</td>
<td>Camp Liberty</td>
<td>Camp Freedom</td>
<td></td>
</tr>
<tr>
<td>--------------------------------------</td>
<td>-------------</td>
<td>--------------</td>
<td></td>
</tr>
<tr>
<td>Canvas or poly wall tents with floorboards</td>
<td>Canvas or poly wall tents with floorboards</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cots</td>
<td>Cots</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dining flies</td>
<td>Dining flies</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Picnic tables</td>
<td>Picnic tables</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Flagpole</td>
<td>Flagpole</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Latrine</td>
<td>Latrine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shower facilities</td>
<td>Shower facilities</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Garbage bags</td>
<td>Garbage bags</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Running water</td>
<td>Running water</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Patrol boxes with cooking equipment (if needed)</td>
<td>Handcart per campsite</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Handcart per campsite</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Propane stoves with propane tanks (see page 41)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Additional equipment may be available through the camp quartermaster depending on availability.
Camp Freedom - Dining Hall

The Dining Hall at Camp Freedom provides campers with excellent food service. During the Sunday check-in, the Dining Hall Manager will review all procedures with your unit, helping to ensure an enjoyable dining experience all week. Heritage Reservation has a contracted food service management company to coordinate meal preparation and service.

All meals provided through the camp food service will be peanut/nut free.

Menu
Once available, the menu will be posted online at http://lhcscouting.org/camping/resources. Menus are prepared and approved by a licensed dietitian to ensure they are nutritious, have plenty of variety, and meet the caloric needs of active campers. Heritage Reservation participates in the Penn State ReVamp Camp Program to help model healthy eating habits for campers. A few points related to our camp menus:

- All meals provided through the camp food service are peanut/tree-nut free.
- A salad bar will be available at all lunches and dinners.
- Sunbutter and jelly sandwiches are available at all meals as an alternative.
- Cereal, oatmeal, and yogurt are available at all breakfasts.
- Fruit is available at all meals.
- Only water will be served with lunch. This helps reduce calories from sugary drinks and has been proven to reduce instances of dehydration throughout camp.

Family Style Dining
At Camp Freedom, we serve meals “family style.” The food is sent out to each table (10 seats) in serving bowls and platters. This is done using a rotating waiter system. Each unit is assigned to several tables in the dining area for the week. An adult from each unit is required to sit at a table with the Scouts. Portion control is essential to the success of “family style” dining. The adult and waiter at each table have the duty to make sure everyone has an equal portion before anyone starts eating. A Scout is courteous and kind!

Table Waiters
- Waiters rotate throughout the week. Waiter duty should not be assigned to just new Scouts. Older, more experienced Scouts are needed to train first-time campers on the waiter system.
- When two troops have odd numbers and cannot fill a table, another troop in the same situation will be placed together at the same table. It will be the responsibility of the units to set-up a fair waiter system. A Scout is friendly.
- If there are extra spaces at a table, they will be filled by members of the camp staff. Waiters should pick up and place a staff totem at their table at any extra seats so a desired staff member will sit with them.
- Waiters must report to the Dining Hall 20 minutes prior to each meal. It is important to be prompt. The Dining Hall Manager gives all waiters instructions on their responsibilities at each meal. They set the table, get staff totems, and retrieve food for their table.
- Waiters also clean-up after the meal and will be dismissed from the Dining Hall by the Dining Hall Manager upon completion.

Thursday Steak Cook-Out
On Thursday evening, the Dining Hall is closed. Units will prepare a steak dinner in their campsite over the coals. Steak, potatoes, carrots, and other meal items to prepare foil meals will be provided. Units should ensure that all campers bring their personal “mess kit” to eat this meal. If units wish to grill steaks or cook in a way other than by making foil packets, they will need to bring desired cooking equipment.
Dietary, Religious and Special Food Requests
The camps at Heritage Reservation do their best to accommodate for dietary, religious, or special food needs and can store any special foods brought to camp on a limited basis. Storage is available in our Dining Hall refrigeration. Please do not bring peanut/tree-nut based products into the Dining Hall. Items must be clearly labeled with the individual's name and unit.

Individuals requesting special dietary accommodations should carefully review the camp menu once posted online. Any special dietary needs must be reported two weeks prior to arriving at camp using our online Special Diet Request form found at http://www.lhscouting.org/camping/resources. Accommodations can only be made for special dietary situations of which we are aware prior to arrival.

Unit leaders must be aware of camper special dietary needs and ensure that requested meals are picked up from the camp food service. Each year, requested meals get thrown away because no one comes to get them. A Scout is Thrifty!

Camp Liberty - Patrol Cooking

The success of the patrol cooking method has stood the test of time and is well proven. Concern over the time it takes a patrol to cook has been addressed. The meal plan includes cooking for breakfast, limited cooking for lunch, and only cooking five dinners. This provides plenty of time to enjoy the camp programs and advancement opportunities. Many units that camp at Camp Liberty actually tell us that they feel like they have more free time to enjoy camp.

Preparing meals in camp is an integral part of the program at Camp Liberty. It is one of the best ways of implementing the patrol method. Encourage and direct your Scouts to follow the plan, taking turns at jobs, preparing the meals completely and cleaning up thoroughly after each meal.

 Patrols
Sunday during check-in, a unit leader will need to provide a final count of patrols to the camp Program Hall. Patrols should be between 6 and 10 people.

 Menus and Food Preparation
Once available, the menu will be posted online at http://lhscouting.org/camping/resources. Menus are prepared and approved by a licensed dietitian to ensure they are nutritious, have plenty of variety, and meet the caloric needs of active campers. Heritage Reservation participates in the Penn State ReVamp Camp Program to help model healthy eating habits for campers. A few points related to our camp menus:

• All meals provided through the camp food service are peanut/tree-nut free.
• Only water will be served with lunch. This helps reduce calories from sugary drinks and has been proven to reduce instances of dehydration throughout camp.
• Some meal alternatives will be provided through the basic staple distribution.

The menu for all meals to be served at camp has been thoroughly reviewed and field-tested. They are wholesome, plentiful and have youth appeal. The preparation instructions are written, so that Scouts can easily follow them. Expert skill is not required to produce a satisfactory meal. By following the instructions as they are written, the meal will be enjoyed by all.

Recipes will be distributed to each patrol when the food is issued. Care must be taken to follow them exactly. Experimentation should not be allowed unless an adult leader is present. Your staff guides or commissioner will work with any of your patrols that require additional help.
Dietary, Religious and Special Food Requests
The camps at Heritage Reservation do their best to accommodate for dietary, religious, or special food needs and can store any special foods brought to camp on a limited basis. Storage is available in our Commissary refrigeration. Please do not bring peanut/tree-nut based products. Items must be clearly labeled with the individual’s name and unit.

Individuals requesting special dietary accommodations should carefully review the camp menu once posted online. Any special dietary needs must be reported two weeks prior to arriving at camp using our online Special Diet Request form found at http://www.lhscouting.org/camping/resources. Accommodations can only be made for special dietary situations of which we are aware prior to arrival.

Unit leaders must be aware of camper special dietary needs and ensure that requested meals are picked up from the commissary. Each year, requested meals get thrown away because no one comes to get them. A Scout is Thrifty!

Buffet Meal
Sunday dinner will be served to the entire camp “buffet style” at the Commissary and requires no preparation by the patrol.

Food Pick Up (7:00 a.m. - Breakfast, 12:00 p.m. - Lunch, 5:00 p.m. - Dinner)
Food will be picked up at the Commissary by each patrol or crew for each meal. For health reasons, remaining milk should never be put into a cooler, but rather discarded. Any plastic containers used for food issue must be cleaned and returned to the Commissary when picking up the next meal. It is recommended that a leader help with pick up to ensure a proper count on all meal ingredients and to ensure that any specially requested meals are picked up.

Patrol Box Check-Out / Check-In
Patrol boxes issued to units will be inventoried by the unit upon check-out to ensure all equipment is included in the box. Boxes include the equipment to prepare food for 10 people. At the end of the week, units will sign up for an appointment to clean and inventory their boxes at the Quartermaster building. Washing, rinsing, and sanitizing of all wares is required by PA Health Department regulations. Units may be billed for missing equipment, or equipment with excessive wear.

Personal Equipment
Scouts and leaders need to bring their personal equipment including their own water bottle and eating utensils. These items will not be supplied by camp. Leaders should reproduce the enclosed personal equipment checklist (pg 38) and hand it out to all Scouts.

Dishwashing
Adult leaders are asked to give close attention to the thoroughness of patrol/crew cleanup. Here are some procedures to maintain good health:

• No washing of dishes in or near water stand and latrine.
• Sanitation tablets will be issued at the beginning of the week in the initial staple distribution.
• Make sure wash water is hot and sanitizing water is hot.
• Make sure group cooking equipment and personal equipment is air dried as not to spread germs through drying with a towel.

Dishwater Disposal
A sump box for dishwater disposal is available in each campsite. All dishwater must be disposed of by using this box. Do not allow the Scouts to dispose of dishwater in any other manner. The funnel and strainer at the sump box must be cleaned daily. Your staff guide will instruct you on proper use of the sump.
Staple Issue
An initial supply of staple items such as salt, pepper, sugar, dish soap, oil, etc. will be made on Sunday afternoon when picking up each patrol’s pack baskets. These are to be kept throughout the week in the cooking box only. Reissue of these items will be made on “as needed” basis. Unit leaders are asked to take the necessary precautions to ensure the proper use (and not waste) of these items. Sanitation tablets will be issued at the beginning of the week.

Ice Coolers - Food Storage
The camp will provide one coupon for a bag of ice per day to each patrol at lunch for cold drinks. Ice from this machine is not designed to keep unit coolers stocked. Additional ice may be purchased from the Trading Post. Health regulations are very clear about the dangers of keeping milk, meats and other items in ice coolers. The proper temperature level cannot be maintained in coolers to store most foods safely and extra food from meals should be discarded. It is practical to only store certain drinks, but not milk. As a general warning, storing any type of food in the campsite will attract animals.

Charcoal and Propane
Units will receive one coupon for a bag of charcoal per patrol for the week. This can be used to help prepare dutch oven desserts and Friday dinner. Additional charcoal is available for sale in the Trading Post. All 20-pound propane cylinders are filled each week and will provide more than enough fuel to cook all your meals and heat dishwater during your week at camp. If a patrol, through wasteful use of propane, runs out of fuel, the unit will be charged $50 for an additional cylinder.

No other accessories, such as lanterns or additional stoves may be attached to the Heritage propane cylinders or stoves. This practice is necessary to prevent propane leaks and in order to extend the lifetime of the fittings. If a patrol tampers with the fittings or regulator on their stove, it will be charged $25 for a new hose and fittings.

Set up stoves so that the windshields are facing into the prevailing breeze. Do not place the stove directly under the dining tarp; this can damage the tarp and create a fire hazard. An adult leader must be present in the campsite and must supervise the lighting and use of propane stoves.

Garbage and Trash Disposal
Garbage bags will be provided for transporting garbage to the dumpsters located near the parking lot. Garbage should be brought out of the campsite after each dinner. Your staff guide will give you additional information about trash disposal and recycling.
Camp Health Services

Health Officers provide emergency care 24 hours a day, and coordinate with local EMS personnel if the situation warrants. They also evaluate and treat in-camp illness and injuries, referring patients to Uniontown Hospital or other non-emergency facilities as necessary.

With a limited number of medics on staff and a large reservation to cover, basic, “Scout rendered” first aid should be handled by unit leadership in the campsite. The majority of camp staff are trained in CPR and basic first aid and can help provide basic care through the camp Program Hall.

Medical Screening in Camp

Upon arrival at camp, each camper must undergo a face-to-face medical screening with a Health Officer or trained designee to receive a wristband. This screening will occur as part of the check-in process. For campers arriving later in the week, they must submit their medical forms at the Program Hall upon arriving on property.

Along with reviewing camper medical forms, all campers will be asked the screening questions below to help prevent the potential spread of communicable diseases such as Norovirus, flu, or chickenpox in camp:

- Has the camper traveled outside of the country in the past 21 days?
- Has the camper been around anyone with the Flu or chickenpox?
- In the past week has the camper had a fever over 100°F (37.7°C)?
- In the past week did the camper have a sore throat or cough with fever?
- Did the camper have nausea, vomiting, or diarrhea in the past 3 days?

If any camper answers yes to any of these questions the following will happen:

- **Initial Temp:** An initial temperature will be taken. If the individual has a temperature over 100.4°F, the individual will be isolated from others in a cool, shaded area, and evaluated hourly for four hours.
- **Second Temp:** If the individual continues to have a temperature over 100.4°F when evaluated hourly over four hours, the individual will be isolated and sent home.

Annual Health and Medical Record

All campers, youth and adult, are required to provide a copy of the current BSA Annual Health and Medical Record (#680-001) during check-in. Campers at Camp Liberty and Camp Freedom require parts A, B, and C. Parts A and B should be reviewed and updated annually. Part C, a doctor’s physical, must be no more than one year old and valid throughout the entire camp session. BSA medical forms are good for one year, through the end of the month in which they are dated. As an example, a form dated June 2, 2019 is valid until June 30, 2020.

Medical forms will be securely stored in the camp Program Hall. **Medical forms not picked up at week’s end will be destroyed.**

To help the camp staff, unit leadership should collect and review medical forms for completeness prior to arriving at camp. Forms should be accompanied by a unit roster and kept in alphabetical order.

Supplemental Medical Form

In addition to the BSA medical form, each camper must also present an LHC Supplemental Medical Screening form at check-in. This form helps us meet several National Scouts BSA standards, and comply with certain federal and state laws. A new supplemental form must be completed each summer.
CPAP Machines
Heritage Reservation strives to provide accommodations to our campers that require use of a doctor prescribed CPAP machine. Please plan to provide a rechargeable power source for your machine. Access to electricity in campsites is limited and you may be relocated. Rechargeable batteries are also available for rent through the camp Trading Post. Batteries are $25 for the week and, as long as they are not used for other purposes, will last through an entire night. Rented batteries must be returned to the Trading Post daily for charging.

Daily Sick Call (Camp Freedom - 9:00 a.m., Camp Liberty - 10:00 a.m.)
A Health Officer will visit each camp daily for the purpose of Sick Call. Sick Call is the best time for a non-urgent ill camper to be evaluated by a Health Officer. Sick Call occurs in the Program Halls.

Accommodations for Scouts with Limited Mobility
Heritage Reservation is proud to offer a camp golf cart that is available for use to assist Scouts with mobility issues. It must be driven by a licensed adult over the age of 21. This golf cart is reserved on a first-come, first-served basis by contacting our LHC Camping Department at (412) 325-7921. Drivers will be required to complete a waiver form outlining rules for using the golf cart.

Outside golf carts or UTVs should not be brought to camp without prior authorization of the LHC Camping Department. If approved, drivers will have to complete a waiver outlining usage rules and will be responsible to provide a certificate of liability insurance. Specific insurance requirements will be provided by the LHC Camping Department.

Prescription Medication
Due to the number of campers at Heritage Reservation, unit leaders are responsible for distributing and maintaining security of unit prescription medication. Plan for this by bringing a locking storage box to securely store unit medications. Storage for medication needing refrigeration is available in the camp Program Hall.

To meet BSA requirements, unit leadership must maintain a log of any medication distributed. This log must be turned in at the camp Program Hall at the end of the week.

Medical Emergencies
If a medical emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary. Units should not contact emergency medical services directly.

Immunizations
The BSA requires tetanus shots for anyone attending BSA programs or activities where an Annual Health and Medical record is required. Other age appropriate immunizations including those protecting against measles, meningococcal disease, influenza, and other maladies are strongly recommended by the BSA. Exceptions to tetanus immunizations will be accepted for medical, religious, or philosophical reasons. Individuals requesting an exemption must complete a BSA Immunization Exemption request form to be turned in with your Annual Health and Medical record at check-in. This form is available at http://www.lhscouting.org/camping/resources.

Uniontown Hospital and MedExpress
Patients that require diagnostic services and treatment beyond the scope of Heritage Reservation Health Services will be referred to the Uniontown Hospital or MedExpress by the Reservation Health Officer. Patients whose condition warrants will be sent by ambulance. However, for most patients, transport by automobile is enough.

- Uniontown Hospital, 500 W. Berkley St., Uniontown, PA 15401, Phone 724-430-5000
- Uniontown MedExpress, 289 McClellandtown Rd. Uniontown, PA 15401, Phone 724-439-3627
Insurance for Camp

Insurance (Laurel Highlands Council Units)
All Laurel Highlands Council units are covered under the council accident and sickness policy with Health Special Risk, Inc. (HSR). The insurance covers all registered members of your unit. If your unit premium was submitted to the council office during your re-chartering process, you do not need to bring proof of unit insurance to camp.

Insurance (Out of Council Units)
Each unit is required by council policy to provide proof of current accident and sickness insurance covering all campers. This is the same policy that your unit should already have. A copy of the unit’s Description of Coverage and Claim Form must be presented at check-in. This should be available through your home council.

Coverage (Laurel Highlands Council)
The HSR (Health Special Risk) Accident and Sickness insurance is a supplemental insurance. Initial claims must be made on the family’s medical insurance. Any charges that are not covered initially by the family’s medical insurance, including copays, can be submitted to HSR using the proper claim form with invoices showing balances due. For families without their own medical insurance, HSR will step in as primary insurance coverage.

Camp-Wide Emergencies
In the event of a camp-wide emergency such as a missing camper or lost swimmer, the camp siren may sound, at which time, all adults and Scouts are instructed to report to:
- **Liberty**: your campsite - account for everyone and send two runners to the Program Hall to check in and receive further information/instructions.
- **Freedom**: the Dining Hall - account for everyone and check in with a staff member and wait to receive further information/instructions.

In the event of severe weather, camp staff will constantly monitor weather reports and share information as needed. Should weather move in quickly, seek shelter in a building or pavilion immediately as you see fit.

Anyone who becomes aware of an emergency situation or danger should notify the nearest staff member who will contact the appropriate camp leadership.

Any information in regard to an unauthorized visitor, dangerous animal, or bomb threat should be reported to a staff member immediately.

In the event of an emergency, it is important that we can account for everyone. Please follow all staff directions. Please do not simply get in your car and leave.
Pre-Camp Swim Classification

Units are encouraged to complete a swim classification prior to their arrival. By participating, you will save valuable campsite setup time on check-in day. This will also make it easier to do individual unit aquatics activities before you come to camp.

- Units will need to organize an opportunity to visit a local pool. A certified BSA Lifeguard, Red Cross Lifeguard, or equivalent must administer the classification and certify the results.
- If your unit is offering a unit swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this with other units.
- Forms and procedures for unit run swim classifications are available online at http://www.lhcscouting.org/camping/resources. A copy of the completed, certified form must be turned in at the Aquatics area during check-in to receive camper buddy tags.
- Camp Aquatics directors reserve the right to ask any camper to redo their swim classification if they are given any reason that the individual may have been misclassified. Swim classifications are to ensure swimmer safety.

Qualification Levels

- SWIMMER: allows Scouts to swim in all swim areas and boat in open areas of the lake.
- BEGINNER: allows boating in rowboats or paddle boats and swimming in the beginner area.
- NON-SWIMMER: permits wading and boating only with qualified accompaniment.

Swimmer Classification
Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen or crawl (no dogpaddle); then swim 25 yards using an easy, resting elementary backstroke. The 100 yards must be completed in one swim without stops and include at least one sharp turn. After completing the swim, rest by floating.

Beginners Classification
Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to starting place.

Preventing Harassment & Bullying in Camp

Harassment is defined as occurring when an individual engages in unwanted conduct which has the purpose or affect of violating another person’s dignity, or creating an intimidating, hostile, degrading, or offensive environment for that person. Harassment can take a variety of different forms and can be written, verbal, nonverbal or transmitted electronically.

Bullying is defined as the exercise of power over another person through persistent, negative acts or behavior that personally undermines an individual. Bullying can be threatening, insulting, abusive, disparaging, or intimidating behavior on the recipient.

Summer camp is a place for all Scouts, Scouters, and Staff to experience a fun and rewarding outdoor program. Maintaining a safe environment for everyone is conducive to such a program. Harassment and bullying will not be tolerated and are grounds for immediate dismissal from camp without refund.
Youth Protection in Camp

These policies have been adopted to provide security for Boy Scouts of America youth at Heritage Reservation. In addition, they serve to protect the adult leadership from situations where they may be vulnerable to allegations of abuse. These policies represent the long-standing commitment that the Boy Scouts of America use in ensuring the protection of youth.

All adults camping at Heritage Reservation are required to have successfully completed BSA Youth Protection training and have obtained the required PA Background checks and clearances. For more information see the LHC Camp Background Clearance Policy found at http://www.lhscouting.org/camping/resources.

Two-Deep Leadership
All units must meet BSA two-deep leadership requirements at all times. This means that at least two registered adults, 21 years of age or older, must attend all times. All units serving youth females must have a registered adult female, 21 years of age or older, in attendance at all times. All adults staying at camp 72-hours or longer (needs not be consecutive) must be registered members of the Boy Scouts of America.

No One-on-One Contact
One-on-one contact between adults and youth members is not permitted. In situations that require personal conferences, the meeting is to be conducted in view of other adults and Scouts. This rule also applies to adult-to-staff member contact.

Respect of Privacy
Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers and intrude only to the extent that health and safety requires. Similarly, adults also need to protect their own privacy in such situations. Because showers can be a space where bullying and horseplay seem to happen frequently, units should plan to have two adults accompany groups of Scouts to the shower house and remain outside. Simply the presence of nearby adults has proven to cut down bullying and horseplay incidents dramatically.

Separate Accommodations
When camping, no youth is permitted to sleep in the tent of an adult, other than their own parent or guardian. Males must sleep with males; females must sleep with females. The only mixed-gender accommodations allowed are among adults married to each other. No youth member may share a tent with another youth where the age difference is greater than 2 years.

No Secret Organizations
There are no “secret” organizations recognized by the Boy Scouts of America. All aspects of the Scouting program are open to observation by parents and leaders.

Appropriate Attire
Proper clothing for activities is required; ie, skinny-dipping is not appropriate in Scouting. T-shirts are required at all times while not in Aquatics. Swimsuits should be comfortable, functional, and modest. For males, swim trunks or board shorts are appropriate. Swim bottoms allowing exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one-piece swimsuits are appropriate.

Constructive Discipline
Discipline used in Scouting should be constructive and reflect Scouting’s values. Corporal punishments are never permitted.

Hazing Prohibited
Hazing and initiations are prohibited and may not be included as part of any Scouting activity.

Junior Leadership Training and Supervision
Adult leaders must monitor and guide the leadership techniques used by junior leaders and see that Boy Scouts of America policies are followed.
Mandatory Reporting of Child Abuse
All persons involved in Scouting shall report to local authorities any good-faith suspicion or belief that any child is or has been physically or sexually abused, physically or emotionally neglected, exposed to any form of violence or threat, exposed to any form of sexual exploitation, including the possession, manufacture, or distribution of child pornography, online solicitation, enticement, or showing of obscene material. You may not abdicate this reporting responsibility to any other person.

Steps to Reporting Child Abuse
1. Ensure the child is in a safe environment. In cases of child abuse or medical emergencies, call 911 immediately.
2. Notify camp leadership who can provide guidance on required reporting through the PA Childline and the BSA’s Scouts First Helpline.
   a. PA Childline - 1-800-932-0313
   b. BSA Scouts First Helpline – 1-844-SCOUTS1

If you think any of the BSA’s Youth Protection policies have been violated, including those described within Scouting’s Barriers to Abuse, you must notify camp leadership who will provide guidance on further reporting steps.

Behavior and Unit Expectations
One of the most important aspects of Scout camp is the camp community. Scouts and Scouters in camp get to live and interact with others who all share the values of the Scout Oath and Law. As such, the Scout Oath and Law are our guiding and shared values in camp.

Summer Camp is an extension of the unit’s year-round program. Unit member behavior in camp is the responsibility of unit leadership. Just because there is a camp staff and units are paying to come to camp, that does not mean that unit leadership is not still responsible for their unit.

Behavior not in line with the Scout Oath and Law such as harassing or bullying language or actions, fighting, stealing, intentional vandalism, or threats will be reported as needed and individuals will be dismissed from camp without refund.

While in camp, units are expected to actively work to make camp life better for everyone. This includes helping with service projects and volunteering to help take care of a common area of camp.

The summer camp staff exists to assist unit leadership in meeting their goals for their unit. The unit leader/camp staff relationship is a partnership and both groups need to mutually work together and support each other to deliver the best possible program for ALL campers in attendance. Unit leadership can help the camp staff by serving as additional hands in program areas, providing additional supervision during activities, lending expertise in areas where they have prior experience, and by upholding and modeling living by the Scout Oath and Law as well as camp rules.
Camp Policies and Procedures

With as many as 1,200 campers plus 150 staff sharing Heritage Reservation with your unit during an average week of camp, it is essential that we all obey some basic guidelines to make sure everyone has a great time. Our common Scouting bonds are the Scout Oath and Law. Here are a few more policies that will make life easier in camp.

Firearms, Archery and Boating Equipment
Heritage Reservation provides all firearms, archery, and boating equipment for our programs. No personal equipment is allowed in camp. There are no exceptions to this policy. Outside boats are not permitted on Lake Courage.

Money and Valuables
Leaders and campers are encouraged not to bring valuables to camp. There is not a system at camp to secure these items. Heritage Reservation cannot take responsibility for any valuable items. Put names on every item prior to arriving at camp. Lock valuables in your car or in the unit trailer. Leaders are encouraged to help youth keep track of their trading post money.

Scout Camper Eligibility
All youth must be registered members of the Boy Scouts of America to attend camp. All adults accompanying a Scouts BSA troop for more than 72 hours must be registered members of the Boy Scouts of America.

Roll Call
A current unit roster must be kept in camp with the adult in charge. Attendance should be taken prior to each meal, before bed, and in the morning prior to reveille. If a Scout should be missing, contact the nearest staff member immediately.

Stone Throwing
Stone throwing seems natural, but it can cause serious injury. It will not be tolerated outside of appropriate ranges and constitutes cause for sending a camper home.

Alcohol and Tobacco Products (Including Vape / E-Cigarettes)
Alcohol is strictly prohibited on the Heritage Reservation property. Violation of this policy will result in dismissal from camp with no opportunity for a refund. All buildings at Heritage Reservation are tobacco-free. If you have the desire to use tobacco or vape products and cannot refrain from doing so, please do so in the designated areas and not in front of the Scouts. Tobacco use is not permitted near gas tanks or gas boxes, both are clearly marked. Smoking is not permitted under any shelter including pavilions or dining flies. We also ask that you assure your cigarette or cigar is out and disposed of properly.

Visitors
Parents and family are free to visit camp. Please park in the parking lots. All visitors to Heritage Reservation are asked to sign in at the camp Program Hall to receive a visitor wristband. Under no circumstances can a Scout be taken home without notifying the unit leader and the camp office by signing out and providing a release of minor form.

Heritage Reservation does not currently have an official “Visitor/Parents Night.” Many units invite parents on Wednesday evenings for the OA Call Out Ceremony. Visitors arriving at camp for this purpose will have to sign in at the Camp Program Office and park in designated parking areas.

Limited space is available for guests to join units for meals at Camp Freedom. Visitor meals are $8.00 and must be purchased through the camp Program Hall no later than Sunday. Due to challenges with patrol counts and patrol cooking at Camp Liberty, extra visitor meals cannot be purchased.
Wristbands
All Scouts, leaders and guests must always wear camp wristbands. These bands are intended as a safety precaution to determine who should be in camp, where they should be, and to signify that each participant wearing one has completed the proper camp check-in procedures. Wristbands are issued during the medical recheck. Replacement wristbands are available in the Program Halls. Staff members will wear photo identification badges. If you see someone without a wristband or badge, please alert the camp staff.

Program Halls
Each of the Program Hall is open 24 hours a day. They are used as a leader’s lounge, as well as the administrative offices of the camps. Tea and coffee are available. There is always someone in the building to assist you. This is the place to go with any camp emergencies.

Fishing Policy
No live bait except worms and night crawlers may be used in Lake Courage at any time. Fishing is not permitted in any swimming areas or from any boating docks. Lines should not be cast towards swimming area ropes or any type of floating device anchored for marking, safety or direction. Fishing is not permitted from boats unless part of a coordinated camp program. All fishing is catch and release. Monofilament line should be disposed of in provided receptacles.

Camp Equipment
All items issued to units are the responsibility of the unit through the unit camp leader. Units are responsible for reimbursement to the council for lost or damaged items. A complete inventory of these will be provided and must be signed for by the unit camp leader. A Scout is trustworthy. Please let us know if something gets lost or damaged. Don’t hide it!

Damage to equipment such as tents, tarps, cots, and tables will be assessed according to a schedule available in the camp office. Leaders should check all equipment for condition as soon as possible after arrival and arrange for exchange of defective equipment or have staff representatives note deficiencies on inventory sheet.

In the event of purposeful vandalism to any camp equipment or facilities, the individual responsible will be charged the appropriate repair or replacement cost of the item and may be asked to leave camp. If it is unknown who committed the vandalism, all units within the camp will be charged the same repair or replacement cost.

Leaving Camp
A sign-out/sign-in log is kept in the camp office and must be used by anyone leaving camp (and later upon his or her return). Scouts are not permitted to leave camp without the written permission from their unit leaders and Camp Director and must have a Release of Campers Who are Minors form properly filled out before they can leave camp.
Vehicle Access in Camp
Unrestricted use of private vehicles during arrival and departure from camps and during the week creates a great hazard to Scouts and leaders on foot, as well as excessive wear and damage to utility lines. **THE SPEED LIMIT IN CAMP IS 10 MPH.** Please obey it; we are responsible for your children, so please respect this and drive accordingly while in camp. Driving in and around camp beyond the parking lots is a hazard with the amount of foot traffic. It is therefore prohibited. Only Heritage Reservation vehicles are permitted beyond the parking lots.

During check-in and check-out, each unit may designate one motor vehicle to unload and load equipment and baggage. Upon arrival, each unit will receive one vehicle pass that must be displayed to allow that vehicle to proceed beyond the camp parking lot gate to the unit’s camp site. This pass will be returned to the site-guide when Sunday check-in has concluded.

Vehicles must remain on designated roads. If a vehicle is driven off a designated road or around a barrier and gets stuck, it will be the responsibility of the vehicle owner to arrange towing at their own cost. Camp Rangers will not tow vehicles. Damage caused may also be charged to the driver.

Vehicles must be parked in designated parking areas. Improperly parked vehicles can impede emergency or camp vehicle access. Efforts will be made to notify the driver of an improperly parked vehicle that it needs to be moved. If the vehicle driver fails to move the vehicle within a reasonable time, the vehicle may be towed at the owner’s expense.

**Unit Trailers**
One trailer may be left at the unit’s campsite during the week at camp only if there is a designated trailer space at the site. No motor vehicle may be left in camp after arrival and check-in is completed. Trailers not left in designated spaces must be parked in the camp parking lot or in another area as designated by the camp commissioner staff.

**Handcarts**
Each camp will provide a handcart to each campsite for light-duty hauling during the unit’s week at camp. Handcarts will be numbered and assigned to the senior adult leader in each site and that leader will be responsible for care, use and return of the cart. For safety reasons, no person may ride in a handcart.

**Lost & Found**
All camps located at Heritage Reservation will hold any items for two weeks following the last day of camp at the camp Program Hall. Articles may be retrieved by claiming the item in person at the applicable camp’s business office. Items not claimed within the two-week period will be disposed of or donated.

**Laundry**
Several coin-operated washers and dryers are in the new shower house in each camp. Laundry detergent is available for purchase in the Trading Post.

**Firewood**
Due to the threat of Emerald Ashborer and other pests, it is the current policy of the Laurel Highlands Council Camping, Outdoor Program, and Properties Committees to prohibit the movement of firewood of all types and species into our camps. All of the surrounding counties currently have additional quarantines to prevent the spread of plant pests. Each of our camps have a limited amount of fallen trees and this can be gathered and burned while in camp. The cutting of standing timber is not allowed at any of our facilities. Chainsaws may not be used within camp without prior Camp Ranger approval and direction.

**Shoes**
Closed-toed footwear is required everywhere in camp except for the waterfronts and in shower houses. Soft soled shoes should be used in all boats. This is to prevent foot injuries due to tripping hazards.
Bicycles
For health and safety reasons, personal bicycles are not permitted to be ridden in any of our camps. There are no exceptions to this policy.

Cliffs, Boulders and Rock Formations
These areas found throughout camp are off limits! Please supervise your Scouts and make sure that they understand the safety issues of these areas in camp.

Pets
Pets are not allowed on property. Exceptions will be made for certified service animals with prior approval and notification.

Potomac Homes and Staff Areas
All staff living quarters are off limits to campers. These areas are our staff’s home for the summer.

Closed Program Areas
When program is not taking place, all camp program areas are off limits. Campers found in program areas when closed may be dismissed from camp.

Liquid Fuels
Use of liquefied petroleum (LP), propane or butane lanterns, and stoves is permitted in needed situations with proper safety control and adult supervision. The convenience and relative safety of LP gas allows its approved use under conditions of proper installation and control. A responsible adult should handle replacement and disposal of empty cylinders.

Low-pressure, liquid fuel (“white gas” and Coleman fuel) stoves and lanterns are hazardous and are therefore prohibited on council camping property except for high adventure and backpacking training. In such cases, responsible adult supervision is required.

The use of liquid fuels for starting any type of fire is prohibited, including damp wood, charcoal or ceremonial campfires. Kerosene for lanterns should be kept in well-marked safety cans and stored in a ventilated, locked box located away from buildings and tents. Plastic containers are not permitted. The use of gasoline in camp is strictly limited to motors only.

The use of petroleum or coal based liquid fuels, including kerosene or diesel fuel, is prohibited for torches, trail flares, or other open burning devices. Suitable alternatives include luminaries (candles in sand-weighted paper bags) for trail flares or commercially available torches using electricity or clean-burning, environmentally acceptable fuels.

Incoming/Outgoing Mail
All incoming mail will be available in your unit’s box in the Program Hall. Bring any outgoing mail to the Program Hall and put in the mailbox.

Please have mail addressed in this manner:
   Camper’s Name, Unit #, Camp
   Heritage Reservation
   300 Heritage Road
   Farmington, PA 15437

Mail that arrives at camp after a camper has departed will be returned to sender.

Email / Internet
We continue to work on improving internet access across Heritage Reservation. Internet access in Camps Liberty and Freedom is limited. High speed wireless internet is available for leader use at our Keystone office between the hours of 8:30 a.m. to 6:00 p.m.
Telephone (724) 329-8534
The Heritage Reservation office is staffed during normal business hours. After hours, there is a staff member that will be on duty to answer the phones. As Scouts and leaders can be all over camp and are not near a phone, messages will be taken and delivered to the unit via the unit mailbox.

Cell phone service at Heritage Reservation is spotty and dependent upon carrier.

Frequently Asked Questions
A list of Frequently Asked Questions can be found at http://www.lhcscouting.org/camping/summercampFAQ. These questions are kept up to date by the LHC Camping Department and new, frequently asked questions are added regularly. We ask that you take a look at the FAQ before contacting the LHC Camping Department with any questions you may have.

Additionally, a number of tutorials for our online registration system can be found at http://www.lhcscouting.org/camping/resources.

2020 Camp Sessions

<table>
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<th>Session</th>
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<tbody>
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<td>Week 1</td>
<td>June 21 - 27, 2020</td>
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<td>Week 2</td>
<td>June 28 - July 4, 2020</td>
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<td>Week 3</td>
<td>July 5 - 11, 2020</td>
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<tr>
<td>Week 4</td>
<td>July 12 - 18, 2020</td>
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<td>Week 5</td>
<td>July 19 - 25, 2020</td>
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<tr>
<td>Week 6</td>
<td>July 26 - August 1, 2020</td>
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</table>

Provisional Campers

If a youth is unable to attend camp with your unit, don’t let them miss the summer camp experience. Register the youth with one of our units that supports provisional campers. Throughout the summer, we can match your youth with another unit for a provisional experience.

You will be amazed at how quickly your camper will make new friends and assimilate into the host unit. This is a great opportunity to ensure all your Scouts can make it to camp, even if they have a family vacation during your week.

From experience, first year campers should not attend camp in a provisional capacity.

Contact the LHC Camping Department at (412) 325-7921 to connect your Scouts with another unit or our provisional units. Interested in your unit hosting provisional Scouts? Let us know through your camp registration.
Payments and Fees

The LHC Camping and Outdoor Program Committee unanimously approved a sliding camp fee for 2020 to encourage a greater percentage of our youth and adults to commit early to camp and provide Heritage Reservation with the ability to offer an even better program at a competitive rate by:
- Confirming that sites/weeks are not overbooked
- Adjusting staffing as necessary where increases in campers dictate
- Ensuring enough supplies are in camp before the season opens
- Purchasing supplies in advance and in bulk, with mail order and earlier negotiation without over purchasing due to inaccurate attendance counts.

2020 Camp Fees

<table>
<thead>
<tr>
<th>Scouts BSA Resident Camp</th>
<th>Pay in Full by 4-1-2020</th>
<th>Pay in Full by 6-1-2020</th>
<th>Pay in Full by 6-2-2020 or after</th>
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<tbody>
<tr>
<td></td>
<td>Scout</td>
<td>Adult</td>
<td>Scout</td>
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<tr>
<td>Freedom / Liberty</td>
<td>$382</td>
<td>$206</td>
<td>$407</td>
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<tr>
<td>Day Trek</td>
<td>$433</td>
<td>$433</td>
<td>$458</td>
</tr>
</tbody>
</table>

Programs with additional cost: Shotgun MB ($25) and Watersports MB ($50)

Payment and Registration Timeline
- **May 1, 2019 to February 29, 2020** - Initial unit reservations for 2020 may be made with a flat $200 non-refundable unit deposit and your estimated attendance
  - Beginning May 1, 2019 - Reservations for 2020 open for units to reserve the same campsite and same session (Week 1, Week 2, etc.) as in 2019. A Scout is trustworthy!
  - Beginning June 1, 2019 - Reservations for 2020 open first come, first served.
- **March 1, 2020** - Full registration opens. Units can begin entering individual camper information and making payment.
- **March 1, 2020** - Campership applications due for Laurel Highlands Council youth.
- **April 1, 2020** - Early Bird Payment deadline. Pay in full by April 1 to receive the lowest camp rate. Fees may be paid by individual if the entire unit is not ready to make payment by this time.
- **April 15, 2020** - Merit badge and activity registration opens through your camp registration.
- **June 1, 2020** - Regular payment deadline. Pay in full by June 1 to receive the regular camp rate. Fees may be paid by individual if the entire unit is not making payment at this time. After June 1, late fees will apply.
- **Two Weeks Prior to Arrival** - Units have until this time to make any attendee count adjustments. After this time, units will be charged for all spaces listed on their reservation. All camper fees must be paid by this time.
- **One Week Prior to Arrival** - Units have until this time to make any merit badge or activity changes on their reservation. After this time, reservations will lock, and changes must be made on check-in day through the Program Hall pending availability.

All deposits and fees are subject to the refund policy found on page 57. Initial unit deposits will be counted toward fees due and cannot be “rolled” to future years.
Partial Week Adults
Adults who cannot attend the entire week should be registered using the “Partial Week Adult” registrant type in the online registration system. The days they plan to be in attendance must be noted. The registration system will review all partial week adults and work out pro-rated fees accordingly. An adult who is attending Sunday to Wednesday and another adult who is attending Thursday to Saturday will be added together to count for one adult registration fee.

Making Payment
• Unit may make deposits and register online using the payment method of their choice. Payments can be mailed, delivered in person, or made online.
• Units should ensure all registration changes needed are made prior to making payment.
• Check Payments
  o All check payments must be delivered or sent to the Laurel Highlands Council, 1275 Bedford Ave., Pittsburgh, PA 15219
  o Payments must be postmarked prior to due dates for discounts to be applied.
  o Be sure to include your registration number or a statement with your payment to assist us in crediting your payment to the correct account.
  o If you are not paying for all attendees in full, you must provide a list of who payment is to be applied to and in what amount.
  o Please allow several days for payments to be applied and adjustments made to your registration if needed.
• Electronic Payment
  o Electronic payments can be made via credit card, debit card, or eCheck directly through your camp registration.
  o You will be able to apply payment directly to individuals if not paying in full for the entire unit.

Incentives and Discounts
• New Unit Discount: Units who have not attended Heritage Reservation for at least five (5) years will receive a 10% discount
• Sibling Discount: 15% off second and subsequent youth Scout camp fees. (Applies across Scouts BSA, Cub Scout, and Webelos sessions. Discount is based on early bird rate and is applied to the registration of equal or lesser cost.) To request a sibling discount, fill out the Summer Camp Change Request Form at www.lhscouting.org/camping/resources. Direct email requests will not be accepted.
• Low Rate Lock-In: Webelos crossovers, Scouts joining after March 1, and campership recipients are locked into the lowest rate for camp.
• Second Session Discount: 25% discount off camp fees for a second session. Applies to youth or adult camp fees at a Laurel Highlands Council resident camp only. (NYLT and National High Adventure Base participation does not qualify.)
• Camp Staff Referral: Refer a new camp staff member who gets hired and works all summer to receive a $100 in Camp Trading Post Credit.
• Free Week for CITs: CITs will receive a free week of summer camp for completing the full CIT program (4-week minimum). Fees must be paid in advance and will be refunded upon completion.
• Camperships: Financial assistance is available for Laurel Highlands Council Scouts with financial need to attend an LHC summer resident camp program. Applications are due March 1.
Promotional Items
Camp Gift
Every youth and adult attending camp this summer will receive a complementary Heritage Reservation gift. Gifts will be distributed to leaders during the Sunday check-in process.

Once the 2020 gift is determined, it will be announced.

Camp Patches
Everyone camping with us this summer will receive a 2020 Laurel Highlands Council summer camp patch. Additional patches are available for purchase through the Trading Post.

Refund Policy

Refund Policy:

All refund requests must be received at the Flag Plaza Scout Service Center thirty (30) days prior to attending camp. No refunds will be granted without thirty (30) days notice unless one of the extenuating circumstances listed below is met.

Refund requests will NOT be accepted at camp. All requests must be sent using the refund request form to the address/email listed.

1. All refund requests must have a unit leader’s signature to be considered.
2. All refunds will be issued by check to the unit, NOT the individual and will be sent to the primary contact listed on the unit’s camp reservation. The unit is responsible to distribute the refund.
3. Absolutely no refunds will be granted for No Shows.
4. All refunds will be less a 10% processing fee.

The only circumstances under which a refund will be considered less than thirty (30) days prior to arrival are:

1. An injury/illness that prevents attendance at summer camp. A signed doctor’s note must accompany this request.
2. The death of an immediate family member (parent/guardian, sibling, grandparent).
3. Family relocation makes attending camp impractical.
4. Mandatory summer school attendance/work schedule change. A signed note from the school/employer must accompany this request.

All requests for one of these reasons must be received no later than August 31 of the year of attendance. Any request received after August 31 will not be considered. Request received for one of these reasons within ten (10) business days of scheduled arrival will be less 25% if approved.

Refund request forms can be found online at www.lhscouting.org/camping/resources.
2021 Summer Adventures

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<td>Week 2</td>
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<td>Week 3</td>
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<td>Week 4</td>
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<td>Week 5</td>
<td>July 18 - 24, 2021</td>
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<td>Week 6</td>
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2021 Camp Reservations
Beginning for the 2021 camping season, Heritage Reservation will have a new process for units to make camp reservations. We will be moving to a rolling reservation process.

Units attending in 2020 will have until the end of their 2020 week in camp to make a reservation for the same or prior sessions in 2021. Following their 2020 week in camp, that session will open first come, first served for 2021.

As an example, a unit attending Week 2 during 2020, will have until the end of their week in 2020 to make a reservation for either Week 2 or Week 1 in 2021. Once Week 3 in 2020 begins, Weeks 1 and 2 in 2021 will be open to reserve space first come, first served.

Directions to Heritage Reservation

Address:
Heritage Reservation, 300 Heritage Road, Farmington, PA 15437

1. Take US Route 40 east from Uniontown, Pennsylvania for 14.1 miles.
2. Turn Right at Dinner Bell-Five Forks Road. The Roadside Tavern will be on the corner.
3. Take Dinner Bell-Five Forks Road for 2.9 miles.
4. Turn Right into Heritage Reservation.

Important information for GPS users:
• When following a GPS from Uniontown, PA, some GPS units will direct you to turn onto Braddock Road off Route 40. DO NOT DO THIS. The GPS will bring you to a locked gate on the far side of the Heritage Reservation property. The main entrance is off Dinner Bell-Five Forks Road.
• When following a GPS from Morgantown, West Virginia, DO NOT follow directions that take you across Dennis Road. This is a dirt road that is horrendously maintained and sometimes impassable, especially for buses.
Camp Map - Full Reservation
Camp Map - Camp Liberty
Celebrating Our Heritage

...A note to our Scouts

Whose Heritage Is It?
Scouts who come to Heritage Reservation for the first time ask, “Who owns Heritage?” Well, the answer to that is simple. The Boy Scouts of America, Laurel Highlands Council, and for any Laurel Highlands Council unit, in a way, you are a part owner of this wonderful place.

But you are an owner of Heritage Reservation in a more important way. Every youth who camps here leaves a little bit of him or her self with this camp. The improvement project you participate in, your care of the land and the water, your responsibility in not littering or destroying any living thing or damaging any property stays here as part of you. That not only makes you an owner of Heritage, it makes you a permanent part of it. Think about that as you enjoy this camp.

Who Built Heritage?
Heritage Reservation opened for the first time back in 1980. Before Heritage Reservation, Scouts from our area went to three different camps, but none of them were as big as Heritage Reservation. Two of those previous camps did not even have a lake to allow for boating and fishing that most Scouts enjoy.

Some of our council’s leaders at the time had a dream about creating the finest Scout camp in America for the youth of southwestern Pennsylvania, youth just like you. So, they looked for just the right piece of land where they could make a great lake like Lake Courage, and where there was plenty of space to hike in the wilderness and do all of the things that Scouts want to do at camp. They found exactly what they were looking for right here, and they planned and built Heritage Reservation in less than two years! Why did they do it? Because they believed that youth for years to come deserved the best camp that could be had. Today, we should think about how grateful we are for the dreams those leaders had and for the wonderful place they created here at Heritage Reservation.

Who Paid for Heritage?
Did you ever wonder who provided the money to buy the land and build the campsites and buildings that made Heritage Reservation a Scout camp?

It did take a lot of money to build Heritage Reservation; more than eight million dollars back in 1980 when it opened to Scouts. It would cost a lot more today. Millions more have been invested since then in improvements and expansions. It was all spent for youth like you to enjoy and learn about nature, and about yourselves as you work at being good campers.

Who provided all the money? The answer is: the community did. Some money came from Scout troops and Scout families and Scout leaders. A lot came from businesses, corporations, charitable foundations and people who believed that Scouting is a great program and that youth like you would benefit from it. People and businesses gave the money to build Heritage Reservation because they believed in the future, and that the future will be shaped by who? By YOU!
Why is This Place Called Heritage?
Scouts BSA camps have lots of names. Some of them are named for Native American tribes, some are named for people, or even towns. Heritage is the only one we know that is named for an idea.

Heritage is something that is passed from older people to younger people. Sometimes that heritage is money or property. But that is not what Heritage Reservation is about. This Heritage is to help you remember and understand what has gone before you and why you should be proud of it, and to pass that pride on to the Scouts who follow you.

Part of this Heritage is about what happened here. This is a very historic country. George Washington, our first president and great general of America’s war for independence, first saw battle not far from here. It was the first battle in a war about whether this part of America would be English or French.

Pittsburgh, where the headquarters of our council is located, was the site of an important fort because of the three rivers that meet there. After that, our region became one of the most important industrial centers in the world.

The name of this reservation and the camp sites in it are reminders of the places where our ancestors fought and worked to make America the land of liberty, freedom, and independence. We must never forget what they did. Heritage Reservation helps us remember.

Why an Acorn Symbol?
As plans developed for a new camp, so did a symbol to recognize its clear purpose. This symbol with the triangle, the acorn, and the HR; however, represent much more than you might imagine.

One part reminds us of our history. It is a triangle which represents a tricorn hat worn by the colonists during the struggle for independence, liberty and freedom from England. Its blue color reminds us of the beautiful man-made lake called Lake Courage.

The second part is the brown acorn itself. Long ago, a poet named David Everett wrote the following: “Tall Oaks from Little Acorns Grow.” Here at Heritage Reservation, we are planting the seeds of our future in young men and women who soon will be the leaders of America.

The third part is the yellow HR which is short for the camp name, Heritage Reservation.

These three parts should also remind us of the three parts of the Scout Oath: duty to God and country, duty to others, and duty to ourselves.
Camp Freedom Song
Our forefathers fought,
For what they believed,
We honor everyone,
That keeps our country free.
Freedom for everyone. (x2)

Camp Freedom is the place for me,
With so much to do and see.
Where learning and fun all are one,
Freedom for everyone. (x2)

Camp Liberty Song
Liberty, The place for me,
Liberty, in God’s contry.
Stars in the sky tell us God is here;
Fires a-glowing show friends are near;
Liberty, the place for me,
Liberty, where Scouting should be.

Eagle Base Song
Eagle Base, Eagle Base
Down here at Eagle Base we all have a blast,
So, hurry along, bring a friend
Adventures are we, having fun ‘neath the trees.
And when we are gone, you’ll remember our song,
Cause we are Eagle Base,
Eagle Base, Eagle Base.

Heritage Grace
For Happiness and
   Enjoyment
For Reverence and
   Integrity
For Tolerance and
   Attitude
For Goodwill and
   Energy
We thank Thee, O Lord.
Help Make Heritage Better

Materials and Equipment Needs
The best camps need the best equipment. However, this is often out of our price range, so we rely on assistance. Check out the online needs list and contact camp Rangers or LHC Camping Department to help.

Summer Service Projects
Throughout the summer, many camp improvement projects are in the works. A pre-approved project list will be developed by the camp ranger staff and will be made available through the camp commissioners. Tools can be checked out or you may bring your own. Have your whole unit earn the Outstanding Acorn Award (pg 35).

Beaver Service Days
May 29-31, 2020 at Heritage Reservation, we invite everyone to camp for a weekend of projects to help get camp ready for the upcoming summer. Entire units, small groups, and individuals are welcome to camp free for the weekend. Meals are provided. This is a great weekend of fellowship and service and also allows you to take part and pride in the great place Heritage Reservation is. Register online at https://scoutingevent.com/527-2020HRBeaverWknd.

Heritage Reservation Camp Staff Alumni Association
Are you a former camp staff member looking to get involved with summer camp again? The Camp Staff Alumni Association is looking for you! Service, fellowship, and donations of materials and time are all key parts of the way we give back to summer camp. For more information, and to join our cause, please visit http://www.lhcscouting.org/campstaff.
Camp Staff Opportunities

Are you tired of doing the same old summer? The Laurel Highlands Council is looking for incredible individuals to join us on the Heritage Reservation staff. Each camp at Heritage Reservation offers opportunities for a variety of summer camp staff jobs. Most Scout camp staff are at least 16 years of age; however, there are limited positions for 15-year olds. The high adventure program employs young people who are at least 18 years of age. The Boy Scouts of America, Laurel Highlands Council is an equal opportunity employer that hires both females and males, as well as people of all ages and ethnic groups, diverse cultures and mixed abilities. No prior Scouting experience is required.

Why Apply for a Camp Staff job?
- Develop your leadership, communication, and problem-solving skills.
- Make lots of new friends from your area, other states, and even other countries.
- Spend a summer in the great outdoors.
- Acquire experiential education (learning by doing) and new skills that will last a lifetime.
- Be part of an effective team and cooperate with others to get things done.
- Learn how to lead others and apply leadership skills.
- Undertake and fulfill meaningful challenges and earn the satisfaction of doing a job well.
- Work with youth and adults of all ages.

Counselor in Training Program
Open to those ages 14 and up, the Counselor in Training (CIT) program is a varied training experience. It is an intensive four-week program, with all CITs given the opportunity to work at each of Heritage Reservation’s camps - Liberty, Freedom, and Independence. CITs live in wall tents, complete with electricity and have access to hot showers, laundry facilities and a lounge. There is no pay, however there is no charge for food, board or training while in the program. Some camps charge as much as $100 per week. CITs will work in a different camp and program area each week and will take part in staff training sessions.

All CITs that successfully complete the requirements of the four-week program are eligible to receive a free week at Camp Liberty or Freedom (fees must be paid up front, and are then refunded to the unit upon successful completion).