

Camp Health Services

Health Officers provide emergency care 24 hours a day, and coordinate with local EMS personnel if the situation warrants. They also evaluate and treat in-camp illness and injuries, referring patients to Uniontown Hospital or other non-emergency facilities as necessary.



With a limited number of medics on staff and a large reservation to cover, basic, “Scout rendered” first aid should be handled by unit leadership in the campsite. The majority of camp staff are trained in CPR and basic first aid and can help provide basic care through the camp Program Hall.

Medical Screening in Camp

Upon arrival at camp, each camper must undergo a face-to-face medical screening with a Health Officer or trained designee to receive a wristband. This screening will occur as part of the check-in process. For campers arriving later in the week, they must submit their medical forms at the Program Hall upon arriving on property.

Along with reviewing camper medical forms, all campers will be asked the screening questions below to help prevent the potential spread of communicable diseases such as Norovirus, flu, or chickenpox in camp:

- Has the camper traveled outside of the country in the past 21 days?
- Has the camper been around anyone with the Flu or chickenpox?
- In the past week has the camper had a fever over 100°F (37.7°C)?
- In the past week did the camper have a sore throat or cough with fever?
- Did the camper have nausea, vomiting, or diarrhea in the past 3 days?

If any camper answers yes to any of these questions the following will happen:

- **Initial Temp:** An initial temperature will be taken. If the individual has a temperature over 100.4°F, the individual will be isolated from others in a cool, shaded area, and evaluated hourly for four hours.
- **Second Temp:** If the individual continues to have a temperature over 100.4°F when evaluated hourly over four hours, the individual will be isolated and sent home.

Annual Health and Medical Record

All campers, youth and adult, are required to provide a copy of the current BSA Annual Health and Medical Record (#680-001) during check-in. Campers at Camp Liberty and Camp Freedom require parts A, B, and C. Parts A and B should be reviewed and updated annually. Part C, a doctor’s physical, must be no more than one year old and valid throughout the entire camp session. BSA medical forms are good for one year, through the end of the month in which they are dated. As an example, a form dated June 2, 2019 is valid until June 30, 2020.

Medical forms will be securely stored in the camp Program Hall. **Medical forms not picked up at week’s end will be destroyed.**

To help the camp staff, unit leadership should collect and review medical forms for completeness prior to arriving at camp. Forms should be accompanied by a unit roster and kept in alphabetical order.

Supplemental Medical Form

In addition to the BSA medical form, each camper must also present an LHC Supplemental Medical Screening form at check-in. This form helps us meet several National Scouts BSA standards, and comply with certain federal and state laws. A new supplemental form must be completed each summer.

CPAP Machines

Heritage Reservation strives to provide accommodations to our campers that require use of a doctor prescribed CPAP machine. Please plan to provide a rechargeable power source for your machine. Access to electricity in campsites is limited and you may be relocated. Rechargeable batteries are also available for rent through the camp Trading Post. Batteries are \$25 for the week and, as long as they are not used for other purposes, will last through an entire night. Rented batteries must be returned to the Trading Post daily for charging.

Daily Sick Call (Camp Freedom - 9:00 a.m., Camp Liberty - 10:00 a.m.)

A Health Officer will visit each camp daily for the purpose of Sick Call. Sick Call is the best time for a non-urgent ill camper to be evaluated by a Health Officer. Sick Call occurs in the Program Halls.

Accommodations for Scouts with Limited Mobility

Heritage Reservation is proud to offer a camp golf cart that is available for use to assist Scouts with mobility issues. It must be driven by a licensed adult over the age of 21. This golf cart is reserved on a first-come, first-served basis by contacting our LHC Camping Department at (412) 325-7921. Drivers will be required to complete a waiver form outlining rules for using the golf cart.

Outside golf carts or UTVs should not be brought to camp without prior authorization of the LHC Camping Department. If approved, drivers will have to complete a waiver outlining usage rules and will be responsible to provide a certificate of liability insurance. Specific insurance requirements will be provided by the LHC Camping Department.

Prescription Medication

Due to the number of campers at Heritage Reservation, unit leaders are responsible for distributing and maintaining security of unit prescription medication. Plan for this by bringing a locking storage box to securely store unit medications. Storage for medication needing refrigeration is available in the camp Program Hall.

To meet BSA requirements, unit leadership must maintain a log of any medication distributed. This log must be turned in at the camp Program Hall at the end of the week.

Medical Emergencies

If a medical emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary. Units should not contact emergency medical services directly.

Immunizations

The BSA requires tetanus shots for anyone attending BSA programs or activities where an Annual Health and Medical record is required. Other age appropriate immunizations including those protecting against measles, meningococcal disease, influenza, and other maladies are strongly recommended by the BSA. Exceptions to tetanus immunizations will be accepted for medical, religious, or philosophical reasons. Individuals requesting an exemption must complete a BSA Immunization Exemption request form to be turned in with your Annual Health and Medical record at check-in. This form is available at <http://www.lhcscouting.org/camping/resources>.

Uniontown Hospital and MedExpress

Patients that require diagnostic services and treatment beyond the scope of Heritage Reservation Health Services will be referred to the Uniontown Hospital or MedExpress by the Reservation Health Officer. Patients whose condition warrants will be sent by ambulance. However, for most patients, transport by automobile is enough.

- Uniontown Hospital, 500 W. Berkley St., Uniontown, PA 15401, Phone 724-430-5000
- Uniontown MedExpress, 289 McClellandtown Rd. Uniontown, PA 15401, Phone 724-439-3627