Contents

The Heritage Experience ................................................................................................. 3
Heritage Reservation's Culture of Inclusion ...................................................................... 4
Preparation Timeline ........................................................................................................ 5
Preparation Suggestions .................................................................................................... 6
Heritage Reservation Overview ....................................................................................... 7
Important Highlights for 2020 ......................................................................................... 8
Are you new to visiting with us? ..................................................................................... 9
Heritage Reservation Gift Cards .................................................................................... 10
Camp Independence Camp Session Offerings ............................................................... 11
Camp Independence Program ........................................................................................ 12
Camp Independence Check-In/Out Process ...................................................................... 13
Advancement at Camp Independence ............................................................................. 14
The Role of the Adult at Camp Independence ................................................................. 20
The Role of the Den Chief ............................................................................................... 21
Trading Post .................................................................................................................... 22
Campsites ....................................................................................................................... 22
Gear Lists ......................................................................................................................... 23
Camp Independence - Dining Hall ................................................................................ 24
Camp Health Services ................................................................................................... 25
Insurance for Camp ........................................................................................................ 27
Camp-Wide Emergencies .............................................................................................. 27
Preventing Harassment & Bullying in Camp .................................................................. 28
Youth Protection in Camp .............................................................................................. 29
Behavior and Unit Expectations .................................................................................... 30
Camp Policies and Procedures ....................................................................................... 31
2020 Camp Sessions ...................................................................................................... 35
Payments and Fees ....................................................................................................... 36
Refund Policy ................................................................................................................ 38
2021 Summer Adventures ............................................................................................ 39
Directions to Heritage Reservation ............................................................................... 39
Camp Map - Full Reservation ....................................................................................... 40
Camp Map - Central ...................................................................................................... 41
Camp Map - Camp Independence ................................................................................... 42
Celebrating Our Heritage .............................................................................................. 43
Help Make Heritage Better ........................................................................................... 46
Camp Staff Opportunities ............................................................................................. 47
Camp Independence Sample 3-Night Schedule ............................................................ 48
Camp Independence Sample 4-Night Schedule ............................................................ 49
The Heritage Experience
A message from the Director of Camping

Camp Leaders:
Thank you for choosing Heritage Reservation as your 2020 summer camp destination. Summer camp is an incredibly important part of the Scouting program. From research conducted by the Boy Scouts of America, we know that Scouts who attend summer camp are 75% more likely to stay in Scouting than Scouts who do not attend. Scouts can work on advancing in the program while at camp and can have an incredible amount of fun trying out activities they may never get to do anywhere else.

In many ways, Scout camp is different from other types of camps. Scouts aren’t simply dropped off at camp. Scouts come to camp with their packs and dens, and, especially at Cub Scout camp, often with their parent or guardian. This provides an incredible opportunity for Scouts to grow and experience all the fun of camp with their parent or guardian spending time together making memories that will last forever. It might not seem like it now, but that together time is limited and will be gone before you know it. Take advantage of the opportunity!

Throughout the history of Heritage Reservation, we have worked to provide the best quality programs, and have become a home for many Scouts, Scouters, units and staff. This year, we continue the commitment to excellence Heritage is known for, while going above and beyond with several new programs and services.

We are delighted that your unit has chosen to take part in this experience, our directors and key leaders are busy planning an incredible program. We have an exceptional group of staff and directors returning- along with some new faces- to ensure we exceed your unit’s expectations.

This guidebook provides you with details about our programs, procedures and services. Please read the guidebook thoroughly to prepare your unit to make the most of your adventure at camp. I am excited and honored to once again serve as Reservation Director. My ultimate goal is to ensure every Scout and leader who comes through our gates has their very own “Heritage Experience.” If you have any questions, concerns or comments feel free to contact me.

Thank you for choosing Heritage Reservation as your summer destination. See you at camp!

Mike Manner
(412) 325-7914
Director of Camping
mike.manner@scouting.org
Heritage Reservation’s Culture of Inclusion

At Heritage Reservation, we believe it is important to reinforce our camp culture with everyone. At Heritage Reservation, we believe in a culture of inclusion and equity. We believe that everyone should feel safe, valued, and respected. We also expect everyone to act accordingly.

You may have heard a lot about Family Scouting recently. Part of Family Scouting is serving more families and female participants in our programs. This will mean changes in who you see more of at our camps. What isn’t changing is the great program or our standards for behavior at camp.

If you see or experience people who aren’t supporting our culture of inclusion and equity, we expect you to be an upstander and say something. You can say something to the staff, another leader, or the person involved.

We believe in Family Scouting and are working hard to ensure we get it right as we include more female participants. First impressions are critical, and we are relying on your continued leadership within your own unit to ensure ALL participants at Heritage Reservation feel welcome and have a positive experience.

If you see or hear something happening, we are asking you to share it with us so we can act upon it immediately.
Preparation Timeline

A schedule for proper unit planning

Right now:
• If you haven’t already, submit your unit reservation and deposit to secure space.
• Inform all Scouts and their parents about your unit’s summer plans. Packs who plan a camp session and say “this is when we are going to camp” tend to have more members attend.
• Make sure you will have the needed adults to meet the BSA’s youth protection guidelines including having plenty of female adults for packs with female youth attendees.
• Schedule a camp promotion through www.lhscouting.org/camping.

February/March:
• Attend the leaders meeting on February 26. Meeting locations and details will be distributed in the future.
• Turn in all Campership applications to Flag Plaza, no later than March 1.
• After March 1, begin entering youth and adult camper names in the online registration system. Reservations without names after April 15th will be cancelled.
• Prepare payments for April 1 due date to lock in early bird rate.

April:
• Full payments for youth and adults are due April 1 to receive the early bird rate.
• Begin reminding Scouts and adults about required medical forms and, for adults, required PA background clearances and youth protection training.
• Non-Laurel Highlands Council units should ensure all forms are on file at your council’s office. Please bring a copy of your council’s accident/sickness insurance to camp.

May:
• Send out final camp notices to parents.
• Ensure adults have completed the Youth Protection and PA Clearance requirements. All adults are required to provide hard copies of their unexpired PA Clearances, Youth Protection, and BSA Medical Forms upon arrival at camp. (pg 25)
• Complete pre-camp swim checks to save time during the check-in process. (pg 16)
• Have committee members visit parents of Scouts not registered to encourage their attendance with your unit, with another unit or with a provisional unit.
• Ensure that all Scouts and leaders have their BSA Health and Medical record and Supplemental Medical Form with updated doctor’s signature before arriving at camp. (pg 25)
• Pre-order Heritage Reservation gift cards for use in the Trading Post. (pg 22)
• Finalize any advanced orders for Heritage Trading Post gear. (pg 22)
June:
- Complete online dietary needs form for all attendees with medical needs and special meals.

At Least Two Weeks Before Camp:
- Make last minute roster additions and advancement updates until one week before arrival at camp.
- Contact the Camping Department to remove unneeded spaces from your registration.
- Prepare unit equipment for camp.
- Prepare at least three copies of your final unit roster for camp and other leaders.
- Review transportation to ensure everyone has a ride to and from camp.
- Remind the Scouts of the behavior standards necessary for a Scouting trip.
- Be sure to have submitted any special dietary needs using the form on the website.
- Plan to arrive on time. Gates open at 1:00 p.m. Please arrive no later than 1:30 p.m.
- Collect all Scout & Leader Annual Health and Medical records and supplemental medical forms. You should send copies (NOT originals) to camp. Wristbands will not be issued until all paperwork has been checked and is in order.
- Ensure everyone will have their medications in their original containers with a label containing the Scout’s name and unit number. (pg 25)
- Ensure rides will be at camp for pick up before 10:00 a.m. on the day of your departure.

Preparation Suggestions

Leadership:
- Two registered adult leaders that are age 21 or over are required for any Scouting activities. Any unit serving females must have an adult, age 21 or over, female attend camp and be present for any Scouting activities.
- In addition to meeting two-deep leadership requirements, units must maintain an adult to Scout ratio of one adult to every four Scouts. Although some packs require an adult with every Scout, this is not a requirement of the Boy Scouts of America as long as two-deep leadership and the one adult to four Scout ratio is met.
- Unit adults should be prepared to help the camp staff in various capacities throughout their week in camp. This may include helping on the range or being an extra set of eyes at the waterfront.
- All adults must have completed the Youth Protection and Hazardous Weather trainings.
- All adults staying overnight at camp must meet PA Background Clearance requirements and provide hard copies in order to remain on the reservation.
- Any adult staying for 72 hours or longer must be a registered member of the Boy Scouts of America.
Heritage Reservation Overview
Tall Oaks from Little Acorns Grow

Heritage Reservation, which opened in 1980, is home to three different types of camps on approximately 2,000 acres of beautiful woodlands in southwestern Pennsylvania.

During the summer months, Heritage Reservation’s camps are put into use as resident camps, offering nationally renowned programs at Camp Independence (Cub Scouts and Webelos), Camp Liberty (Scouts BSA patrol cooking), and Camp Freedom (Scouts BSA Dining Hall). In addition, Heritage Reservation has a high-adventure program called Eagle Base providing daily adventures for older Scouts and Venturers camping in Camps Liberty and Freedom.

Heritage Reservation’s centerpiece attraction is the 270-acre Lake Courage, which provides plenty of room for boating, fishing, sailing, water-skiing and swimming without interference from anyone who is not also a camper at the reservation. Located close to Nemacolin Woodlands Resort, Laurel Caverns, and Ohiopyle, Heritage Reservation is a centrally located camp, with plenty to keep any unit or group busy for a weekend or a week at summer camp.

Heritage Reservation also has a conference center and nine split-entry houses available for rent by Scout units and outside groups. Heritage Reservation’s Valley Forge area includes several pavilion and campsite areas available for traditional unit camping year-round and is popular for units planning trips to Laurel Caverns to cave or to Ohiopyle to raft the Youghiogheny River.

Each of Heritage Reservation’s camps is designed to be nearly self-sufficient, with their own office and facilities. To support these camps, Heritage Reservation has a central area that contains the administrative offices, ranger’s shop and maintenance facility, Heinz Commissary, and the reservation Health Lodge.

Heritage Reservation can accommodate 1,200 campers plus staff at a time and is considered to be one of the finest Scout camp properties in the Boy Scouts of America.
Important Highlights for 2020

Heritage Reservation
• Everyone attending camp will receive a Heritage Reservation keepsake.
• Construction is nearly complete on three new shower houses, one in each Camp - Liberty, Freedom, and Camp Independence. These shower houses use a modern design with single occupant rooms each containing a shower, sink, and toilet.
• Work continues to expand internet accessibility across the reservation.

Camp Independence
• A space theme promises intergalactic adventure!
• Age-specific advancement opportunities will be available.
• Weekend sessions in July can help accommodate families with multiple Scouts.
Are you new to visiting with us?

Are you new to Heritage Reservation?
• Our reservation offers Scouts of all ages and backgrounds the chance to experience the outdoors with two Scouts, BSA camps, a Cub Scout camp, and a high adventure program.
• For your swimming experience, we have the beautiful 270-acre Lake Courage which is totally within the Heritage Reservation property.
• Hikers can enjoy more than 10 miles of trails around the reservation.
• A camp experience helps develop character, introduce new friends, teach valuable life skills, and helps Scouts discover new interests.
• We very much believe that camp should be about both advancement and fun.

Are you new to Camp Independence?
• Camp Independence utilizes a cafeteria style dining hall with table waiters (See pg. 24)
• For your swimming experience, we have beautiful Lake Courage.
• Camp provides family activities to help foster family relationships and create memories that last a lifetime.
• Campers are assigned to a campsite, and stay in platform wall tents with toilets and hot shower facilities nearby. Everyone sleeps on cots and each campsite has a pit latrine.
• Homesickness is rare because the program is packed with fun and exciting activities. If it does happen, the staff is trained and ready to give extra individual attention.
Heritage Reservation Gift Cards

Now available for purchase, Heritage Reservation gift cards are a safe and easy way to ensure your Scout is able to easily shop throughout their week at camp.

Scouts utilize the Trading Post for snacks, souvenirs, and program supplies, making it an essential part of the summer camp experience. Typically, Scouts can expect to spend at least $100 during a week at camp.

Gift cards are given to the unit leader during check-in. Please be sure when ordering to provide a name and unit number, so we can ensure prompt delivery.

Gift cards are available for purchase in denominations of $25, $50, and $100 and make great gifts from parents, grandparents, and others. Unused balances may be carried over to next year and are only usable at the Heritage Reservation Trading Post.

For more information, or to order, visit https://scoutingevent.com/527-2020HRGiftCards.

Advance Trading Post Sales

We’ve partnered with SG Trading Post to offer you the exciting opportunity to order some of our best selling items before you come to camp. Be one of the first units in town sporting our new 2020 Heritage Reservation gear!

Visit http://laurelhighlands.sgtradingpost.online/ to place an order by June 1st.

Ordering online, in advance, also gives you the option to customize your gear with troop numbers and Scout names.

Items will be direct shipped to your door. Please allow one to two weeks for home shipment.

Advance Order Items for 2020

- 2020 Heritage Reservation Summer Camp T-Shirts
- Heritage Reservation Hats
- Heritage Reservation Hooded Sweatshirts
- Heritage Reservation Polo Shirts
- Heritage Reeservation Jackets and Fleeces
- Project C.O.P.E. and Iron Man T-Shirts
Camp Independence Camp Session Offerings

**Rookie Camp**
Rookie Camp is a one-night Camp Independence experience which is perfect for younger Scouts and others who have never been to summer camp before.

Participants will have the opportunity to tour Camp Independence, meet the camp staff, participate in a few favorite camp activities like BB shooting and archery, have a meal in the camp dining hall, and enjoy a classic Camp Independence campfire!

**Cub Scout Resident Camp**
Aimed at Wolves and Bears, Cub Scout Resident Camp is a three-night camp focused on Wolf and Bear advancement along with fun, age-appropriate activities. During their time in camp, Cub Scouts will have the opportunity to shoot BB guns and archery, go swimming and boating, learn about nature and our country, go fishing, and do much, much more! As Scouts participate in camp programs, they will work on various Wolf and Bear Adventure loop requirements.

**Webelos Resident Camp**
These three or four-night camping experiences are geared toward Webelos and Arrow of Light Scouts. The program takes a step up from the Cub Scout Resident Camp program. Webelos Scouts will have the opportunity to kayak, shoot pellet guns, ride BMX bikes, and climb Camp Independence’s vertical wall.

Four-night Webelos Resident Camp is a great program to help get Webelos ready for Scouts BSA resident camp in a few years. Several programs, like the hike to one of Heritage Reservation’s Scouts BSA camps only happen during four-night Webelos camps. As Scouts participate in camp programs, they will work on various Webelos and Arrow of Light Adventure pin requirements.

**Pack Camp**
Perfect for families with multiple Scouts, Pack Camp provides a program for all age groups in the pack at the same time. Age groups will be divided up to receive age-specific programs and activities while at camp.

All sessions include an option for Webelos and Arrow of Light Scouts to come a day early for extra Webelos specific programs such as a hike to one of Heritage Reservation’s two Scouts BSA resident camps - Camp Liberty or Camp Freedom.
Camp Independence Program

Calling all adventurers, explorers, and travelers! Captain Jack is looking for a crew to join him in a journey through the stars. Come along through our astronaut training and space adventure to discover new worlds and far out aliens! Captain Jack promises a fun and exciting adventure ahead, however...

On the planet Quasar, there’s trouble afoot. The Quasarians did not believe there was life on other planets and looked only to the stars in the night sky. Kirana, leader of the resistance, thought the old ways were outdated and should be left behind. So she stole the Quasarian artifacts and hid them just as travelers arrive from Earth.

Not knowing that Kirana and her resistance are to blame, the Quasarians accuse the earthling arrivals of having stolen their precious artifacts. Can you help Captain Jack set things right on Quasar? Or will the old ways be lost forever?

While at Camp Independence
Daily Program Schedule*

Units in each campsite will follow a unique schedule rotating through program areas together. The schedule below shows a typical day. Variance between each day comes in your activities from 9:00 a.m. to 12:00 p.m., 2:00 p.m. to 5:00 p.m., and in your evening program.

Note: During Pack Camp sessions, so Scouts can receive an age-specific program, age groups will be split up during activity time. Packs should plan accordingly with their adults to ensure age groups are properly supervised.

<table>
<thead>
<tr>
<th>Check-In Day</th>
<th>Check-Out Day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 p.m.</td>
<td>6:30 a.m.</td>
</tr>
<tr>
<td>Check-in begins</td>
<td>Reveille</td>
</tr>
<tr>
<td>1:00 p.m. - 5:00 p.m.</td>
<td>Breakfast delivered</td>
</tr>
<tr>
<td>Set up camp, camp tour, swim checks</td>
<td>7:00 a.m. - 7:30 a.m.</td>
</tr>
<tr>
<td>5:45 p.m.</td>
<td>7:30 a.m. - 8:30 a.m.</td>
</tr>
<tr>
<td>Flag lowering</td>
<td>Breakfast</td>
</tr>
<tr>
<td>6:00 p.m. - 6:45 p.m.</td>
<td>Campfire</td>
</tr>
<tr>
<td>Dinner</td>
<td>8:00 a.m. - 10:00 a.m.</td>
</tr>
<tr>
<td>6:45 p.m. - 7:30 p.m.</td>
<td>Adult meeting</td>
</tr>
<tr>
<td>Campwide activity</td>
<td>9:00 p.m. - 9:30 p.m.</td>
</tr>
<tr>
<td>7:30 p.m. - 8:30 p.m.</td>
<td>Taps, Quiet time</td>
</tr>
<tr>
<td>Campfire</td>
<td>10:00 p.m.</td>
</tr>
<tr>
<td>Adult meeting</td>
<td></td>
</tr>
<tr>
<td>9:00 p.m. - 9:30 p.m.</td>
<td></td>
</tr>
<tr>
<td>10:00 p.m.</td>
<td></td>
</tr>
</tbody>
</table>

*Group specific schedules will be distributed during check-in. Samples can be found on page 48 & 49. Schedules subject to change.

Adult Meetings

In order to share important information and answer questions, there will be adult meetings scheduled during each session. Meetings take place in the camp program hall unless otherwise announced. On check-in day there will be an adult meeting at 9:00 p.m. following the opening campfire. At least one adult from each pack must attend these meetings.
Camp Independence Check-In/Out Process

With many Scouts and adults arriving and checking in at the same time, we need your help. We want to make this the easiest, fastest and most efficient check-in process you’ve ever experienced. Staff will be available in the parking lot and at various check-in points to assist wherever needed.

1. Please arrive as a group between 1:00 p.m. and 1:30 p.m. to be able to complete all check-in procedures before 5:00 p.m. Upon arrival at Heritage Reservation, your unit will be directed to the area of Camp Independence where you will check-in. If you arrive before 1:00 p.m. you will be asked to wait at the parking lot until 1:00 p.m. before beginning check-in.

2. In the parking lot, you will meet your site guide who will then assist and lead your unit throughout the entire check-in procedure, as well as give you a tour of camp, so everyone is familiar with where things are located.

3. A unit leader responsible for all registration matters will be directed to the Program Hall to finalize registration. They should have a complete roster, payment history, and a form of payment for any unpaid fees. Unit bills will be settled at this time. Guest meals are paid during the week.

4. The rest of the unit will be directed to the medical recheck station. Be sure to have all the medical forms and, for adults, proof of PA background clearances and Youth Protection Training ready. Be prepared to turn in a copy (NOT originals) of everyone’s forms which will be kept in the Program Hall following check-in. Wristbands will not be issued to anyone without complete paperwork.

5. Following medical recheck, the unit will begin moving into your campsite with your gear. Only one vehicle per unit will be allowed to go past the parking lot and into your campsite. Unit trailers are allowed in most sites and must be parked in designated areas.

6. Campers will then change into their swim gear if swim classification checks were not completed prior to camp. The group will be taken on a camp tour which will include your dining hall orientation and swim checks if needed. A swim classification check is required for anyone (youth AND adult) to enter the aquatics area during your stay. Each camper will receive a “buddy tag”.

7. Following the camp tour, the group will return to your campsite, review and inspect camp issued gear with your campsite host and complete setup.

8. Flag lowering will be at 5:45 p.m. with dinner following. Please wear your complete uniform to dinner. A campwide event and Campfire will follow dinner.

Check-Out Day Breakfast
Breakfast will be delivered to your campsite between 7:00 a.m. and 7:30 a.m. on check-out day.

Campsite Checkout
1. Reset the campsite to match the original layout. A Scout leaves a site as good or better than they found it.

2. Sweep the floors and wipe down walls in the campsite latrine. Scrub and clean urinal, toilet seats, and washbasin. Be sure to wear gloves and wash hands afterward.

3. Wash and rinse picnic tables.

4. Pick up all trash in and around your campsite (campsite, latrine, fire rings, tents, under floorboards). Bag any trash and set it by the road for camp staff to pick up.

5. Depart camp by 10:00 a.m. so staff can prepare for the next session and get some needed time off.

Early Check-Out
It is very common at Camp Independence for campers to leave following the closing campfire. This is permitted, but anyone leaving early must check-out at the camp Program Hall so there is a record that they have left the property.
Advancement at Camp Independence

Summer camp is a great place to take care of those requirements that may be challenging to incorporate into a home den meeting. Scouts can take advantage of the equipment, environment, and trained staff to help meet their needs.

Advancement opportunities are built-in to the Camp Independence program schedule and are seamlessly integrated into the activities you will be doing in each area. Cub Scout parents and leaders will receive a record of the requirements listed below that are being met in each area, so that den specific advancement can be signed off when returning from camp. Not all adventure loops or pins listed will be completed in their entirety.

<table>
<thead>
<tr>
<th>Area</th>
<th>Rank</th>
<th>Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquatics</td>
<td>Tiger, Wolf, Bear, Webelos/AOL</td>
<td>Floats and Boats, Spirit of the Water, Salmon Run/Bear Goes Fishing, Aquanaut</td>
</tr>
<tr>
<td>Shooting Sports</td>
<td>All</td>
<td>Archery Level 1 &amp; 2, BB Level 1 &amp; 2, Slingshot Level 1</td>
</tr>
<tr>
<td>Outdoor Adventure</td>
<td>Tiger, Wolf, Bear, Webelos/AOL</td>
<td>Games that Tigers Play/Tiger Tag, Running with the Pack/Paws of Skill</td>
</tr>
</tbody>
</table>
The Aquatics area is designed to test a Scout’s “Endurance and Courage” as they focus on activities surrounding Lake Courage and in Independence Cove. Please note that most activities require taking the National Boy Scouts of America swimming ability test. This test will classify you at a particular swimming ability level. Certain activities in this area require specific swimming ability levels. (pg 16)

Cub Scout and Webelos Activities
- Swimming: learn some new water games or try to enhance your skills to increase your ability level.
- Row Boating: use one of our camp row boats to paddle around Lake Courage.
- Fishing Piers: try to catch the big one from the shores of Independence Cove or from one of our many fishing piers. There is a camp competition for the largest fish caught throughout the week. Fishing equipment should be brought from home. Bait is available for purchase in the Trading Post.

Webelos/AOL Activities
- Canoeing: learn some basic canoeing strokes and paddle Lake Courage.
- Kayaking: learn the basics of kayaking on Lake Courage.
- Polar Bear Swim: join us for an early morning swim at 6:30 a.m. - day to be announced. Only offered during Webelos 4-Day sessions
- Breakfast Before Launch - As part of Polar Bear Swim, splash down into Lake Courage as you swim to claim your breakfast and eat on the beach. Only offered during Webelos 4-Day sessions. Replaces breakfast in the Dining Hall.

Basic Rules
- All waterfront activities will take place in authorized areas under the direct supervision of the Aquatics staff. Anyone violating this rule will be dismissed from camp immediately.
- The use of all watercraft is restricted to when staff has opened the beach and proper supervision is present. Lifejackets are required for everyone in boats.
- If the waterfront is closed, no one is to walk on the beach or go through the perimeter.
- The Buddy System will always be used.

Fishing Guidelines and Policies
- Adult supervision is required.
- Fishing docks are across from the swimming area. There is a trail around Independence Cove to reach the docks.
- Fishing is not permitted in or near the swimming areas. Lines should not be cast toward the swimming area ropes or flotation devices. Fishing is not permitted from boats or from swimming and boating docks.
- No live bait, except worms may be used in Lake Courage.
- The Trading Post sells bait and fishing supplies.
- All fishing is catch and release.
- Monofilament line should be disposed of in provided receptacles.
- Limited fishing equipment is available to sign out from the Aquatics area and must be returned after use.
Pre-Camp Swim Classification

Units are encouraged to complete a swim classification prior to their arrival at camp. By participating, you will save valuable campsite setup time on check-in day. This will also make it easier to do individual unit aquatics activities before you come to camp.

• Units will need to organize an opportunity to visit a local pool. A certified BSA Lifeguard, Red Cross Lifeguard, or equivalent must administer the classification and certify the results.
• If your unit is offering a unit swim night and have the ability to support more than just your unit, please contact the LHC Camping Department so we can share this opportunity with other units.
• Forms and procedures for unit run swim classifications are available online at http://www.lhcscouting.org/camping/resources. A copy of the completed, certified form must be turned in at the Aquatics area during check-in to receive camper buddy tags.
• Camp Aquatics Directors reserve the right to ask any camper to redo their swim classification if they are given any reason that the individual may have been misclassified. Swim classifications are to ensure swimmer safety.

Qualification Levels

• SWIMMER: allows Scouts to swim in all swim areas and boat in open areas of the lake using rowboats, canoes, and kayaks.
• BEGINNER: allows boating in rowboats and swimming in the beginner area.
• NON-SWIMMER: permits wading and boating only with qualified accompaniment.

Swimmer Classification

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen or crawl (no dogpaddle); then swim 25 yards using an easy, resting elementary backstroke. The 100 yards must be completed in one swim without stops and include at least one sharp turn. After completing the swim, rest by floating.

Beginners Classification

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to starting place.
Outdoor Adventure

The Outdoor Adventure area is designed to test a Scout’s “Bravery and Adventurousness.” Outdoor Adventure is all about the fun things to do outdoors.

Cub Scout and Webelos Activities
- Bouldering: practice the art of Bouldering on our bouldering wall before you test your skills on our bouldering course.
- Sports: time is scheduled to enjoy a variety of sports such as soccer, basketball, volleyball, and all Scout’s favorite, gaga ball.
- Handicraft: stamp, hammer, and craft your honor necklace totem that you’ll use to keep track of all of your adventures at camp.

Webelos/AOL Activities
- Climbing: the Climbing area is designed to safely introduce Scouts to a new adventure while working on teamwork and physical challenges. Scouts can harness up and don a helmet to scale the climbing wall. Several different routes are available and tailored to individual skill levels.
- BMX Course: race around our BMX track and compete against your friends as you pass through hairpin turns and traverse obstacles. Bikes, helmets, and pads are provided.

Shooting Sports
The Camp Independence Shooting Sports program is designed to test a Scout’s “Skill and Marksmanship.” Scouts will be introduced to the basics of proper shooting. Teaching safety is the top priority of the shooting sports area staff. Adults will be asked to assist under the direction of the staff. All equipment and ammunition are provided. Please do not bring shooting sports equipment from home.

All shooting sports staff are trained by the Heritage Reservation Shooting Sports Director and hold the required certifications to operate their range according to BSA safety policies.

Cub Scout and Webelos Activities
- Archery: safely use archery equipment and shoot at stationary targets while earning the Level 1 den appropriate Cub Scout Shooting Sports Award patch and pin.
- Sling Shot Range: use camp sling shots to shoot provided ammunition at targets while earning the Level 1 den appropriate Cub Scout Shooting Sports Award patch and pin.
- Rock Throwing: the ONLY place you can put your rock throwing skills to the test.
- BB Gun: test their marksmanship skills and learn safe shooting while earning the Level 1 and 2 den appropriate Cub Scout Shooting Sports Award patch and pin.
- Instructional Archery: signup for this during open program to earn your Level 2 archery requirements for the Cub Scout Shooting Sports Award.

Webelos/AOL Activities - Held in the Webelos Discovery Area
- Pellet Rifle Shooting: test your aim at one of our spinning targets in our interactive shooting gallery.
- Action Archery: adventure through the forest and take your aim at challenging and fun targets on our new range.
N.E.S.T.
Our Nature-Engineering-Science-Technology area is designed to test a Scout’s “Knowledge and Honor” as they participate in adventures in the outdoors.

Cub Scout and Webelos Activities
- Nature: introduce yourself to the natural world of Camp Independence on our exciting nature hike and in our outdoor laboratory and nature center. Explore the diverse eco-system that surrounds you at camp as you learn about the local wildlife and forest.
- Astronomy: take a walk through the stars with one of our staff members - can you find all of the constellations?
- Underground Mine: grab a helmet and learn about geology and the history of our earth.
- Outdoor Ethics: learn about Leave No Trace and what you can do to keep our camp, as well as your own neighborhood healthy.
- Nature Center: explore our nature center and learn about sustainability and wildlife conservation.
- Biggest Bug Contest: find a giant, creepy, crawly somewhere in camp? Catch it in a cup and drop it off at the Program Hall. The Scout who finds the biggest bug will be recognized at the closing campfire.

Scoutcraft
The Scoutcraft area encompasses introductory Scout skills and opportunities for handicraft projects. Scouts will also have the chance to participate in activities that build character and citizenship, as well as learn basic first aid skills.

Cub Scout and Webelos Activities
- Scout Skills: learn how to tie knots, build fires, and cook a meal in the outdoors.
- Citizenship: work together to learn what it takes to be a good citizen in your community, as well as flag care and etiquette.
- Handicraft: show your creativity as you make something to take home with you.

Packtivities
Enjoy these self-guided adventures with your fellow Cub Scouts:

<table>
<thead>
<tr>
<th>Frisbee golf</th>
<th>USS Constitution</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPMC fitness trail</td>
<td>Hillbilly golf</td>
</tr>
<tr>
<td>Sports - gaga ball, soccer,</td>
<td>Map and Compass course</td>
</tr>
<tr>
<td>volleyball, basketball,</td>
<td></td>
</tr>
<tr>
<td>tennis</td>
<td></td>
</tr>
<tr>
<td>Fishing</td>
<td>Campsite free time</td>
</tr>
<tr>
<td>Hike on the Courage Trail</td>
<td>Play a game at the Program Hall</td>
</tr>
</tbody>
</table>
Special Webelos 4-Day Session Programs
The following programs are available only to Webelos and Arrow of Light Scouts who attend either the 4-Day Webelos Resident Camp session or take advantage of the extra day for Pack Camp.

• Discovery Open Program: an extra opportunity to participate in the areas in the Webelos Discovery Area including climbing, pellet guns, and action archery. Swimming and boating will also be available at Aquatics.
• Scouts BSA Camp Hike: sign up to take an afternoon hike around Lake Courage to visit one of Heritage Reservation’s Scouts BSA camps - Camp Liberty or Camp Freedom. When you arrive, the staff there will show you around so you can see what awaits when you cross over to a Scouts BSA troop.
• Polar Bear Swim and Breakfast Before Launch - Take a brisk, early morning dip in Lake Courage, swim for your breakfast, then eat on the beach.
• Early Sign-Ups: get a chance to sign up to help with a flag ceremony or to participate in outpost before everyone else arrives.

Campwide Programs

Campwide Event, Check-In Day, Parade Field - All Sessions
Kick off your program following dinner on check-in day with a variety of activities based on the Camp Independence theme. Work as part of a team and do your best to accomplish tasks together in your den or pack.

Opening Campfire, Council Circle - All Sessions
After dinner on check-in day, join us for an exciting welcome to camp and meet the staff! Celebrate your arrival at Camp Independence with skits, songs, and cheerful interaction with your fellow Cub Scouts.

Star Gazing, 10:00 - 10:30 p.m., N.E.S.T. Area - All Sessions
Weather permitting, join us for a look at the night sky and learn about stars, galaxies and the Milky Way. Day announced at the leaders’ meeting.

Open Program - All Sessions
So many choices and so much fun! You are free to roam and choose from archery, BB guns, slingshots, rock throwing, BMX biking (Webelos), Climbing (Webelos), swimming, boating, and fishing.

Closing Campfire, 7:30 - 8:30 p.m., Campfire Circle - All Sessions
After dinner, join us in a celebration at the closing campfire. Share your favorite skit, song, or cheer with everyone at camp!

Outstanding Acorn Award - Webelos/AOLs Only
Complete ten of 16 tasks to earn a special award and bragging rights! Requirement sheets available at the Program Hall.

Flag Ceremonies - 7:45 a.m. and 5:45 p.m. daily - All Sessions
Each day, we will have flag raising and lowering ceremonies. For the flag lowering and evening meal, please wear your complete Scout uniform. Scouts may assist with raising and lowering the 13 colony flags on a first come, first served basis. Webelos and Arrow of Light Scouts may sign up in the Program Hall to raise or lower the American, Camp Independence, or Laurel Highlands Council flag.

Honor Necklaces - Scoutcraft - All Sessions
On the first day in camp, each Scout will make their own honor necklace. The rounder, beads, claws, and special totems will help to mark your achievements throughout the week.

Trail of the Willamaween
Just before the closing campfire, Arrow of Light Scouts will gather in uniform to participate in this meaningful hike and ceremony.
The Role of the Adult at Camp Independence

The success of all our Cub Scout campers depends a lot on your help and support as you guide them through the camp experience. Here are some helpful things to assist you in getting the most out of your time here at camp.

Help Us Help You
We understand that your own unit’s interests are the number one priority, but we welcome your assistance to make Heritage Reservation even better. We ask that you help contribute to the camp with any special skills that you have. Help is always appreciated within program areas, advancement instruction, guarding on the waterfront, and for service projects. We encourage you and the other adults with your group not to sit back. Get involved with your Scout. Communicate any questions or issues to us in a timely manner so we can help resolve them.

Adult Meetings
Not just for leaders anymore - at least one leader, parent, or adult from each unit is required to attend our informational meetings held at the Program Hall. You will learn more about what is going on at camp and have an opportunity to ask questions that will enhance your experience during the week.

Youth Protection
- All adults attending camp must complete BSA Youth Protection training in advance.
- Two-deep leadership requirements must always be met. This means at least two adults need to attend camp with the pack/den and must be 21 years of age and be a registered leader with the BSA.
- Units attending Camp Independence that serve female Cub Scouts must provide a 21 years of age or older female leader for female attendees.
- A 4:1 ratio of Cub Scouts to adults in camp must always be maintained.

PA Background Check and Clearances
All adult Pennsylvania residents who will be staying at camp, whether registered with the BSA or not, will have to complete and submit required PA background clearances. This helps ensure that camp is in compliance with Pennsylvania state law and helps ensure the highest level of protection for youth participants. Parents simply dropping off or picking up their children or visiting do not need clearances. Volunteers from outside of Pennsylvania are exempt, provided they do not work with youth in Pennsylvania more than 30 days in the calendar year and meet background check requirements of their state of residence. For more information and required forms, see the Summer Camp Resources page (www.lhscouting.org/camping/resources).
The Role of the Den Chief

Den Chiefs play an important role in camp. Not only do they help the adults keep Scouts on task, but they are role models to the younger Scouts. They tell stories of Scouting’s trail that await them. Use these guidelines to orient your Den Chief’s role to their role in camp:

• Help the program for the Cub Scouts run smoothly
• You are an example and role model, not a Cub Scout. Explain/Demonstrate/Guide/Enable Scout skills
• Safety: help Scouts learn the rules of camp
• Help build camp spirit and positive teamwork, cooperate with adults and staff

Youth Protection
• Help keep Scouts together, always emphasize the buddy system
• Observe and help your unit keep proper shower procedures
• Never scream at, shout at, or hit any Scout
• Be a friend, be supportive, but avoid wrestling or horseplay
• Communicate with adults about any problems or homesickness
• Don’t scare Cub Scouts with pranks or stories

Issues for Den Chiefs to Watch Out For
• No knives for Cub Scouts without adult supervision and a Whittlin’ Chip
• No fires, matches, or food of any kind in tents
• Work with adults and unit to adhere to camp schedule
• Help Scouts understand how to behave at campwide events and at the campsite
• Help Scouts understand when to quiet down and go to bed

Role of the Den Chief at Program Areas

Shooting Sports
• Do not expect to shoot
• Help Scouts or parents who need help
• Show example by listening to the staff

Aquatics
• Be prepared to assist staff as additional guards (you know your Scouts)
• Do not engage in horseplay
• Help to organize Scouts at check-in area

Program Areas
• Show interest and excitement…it’s contagious!
• Let the Scouts do it, but be prepared to help any Scout having problems
• Be prepared to assist the staff in organizing these activities
• Have fun, but be safe

Service Projects
• Encourage the unit to participate
• Help lead and organize

Climbing / BMX
• Assist with harnesses and helmets

Packtivities
• Help teach the Scouts the rules of each game or activity
• Ensure everyone is participating fairly
• Show good sportsmanship

Dining Hall
• Help encourage proper behavior
• Show good manners
• Be positive about the food

Campsites
• Demonstrate fire safety
• Set a good example by encouraging Scouts to keep the campsite clean
Trading Post

In addition to our online store, the Trading Post is provided as a service to campers. The store is stocked with a supply of program materials, literature, merit badge supplies, fishing gear, camping gear, clothing, patches, collectibles, souvenirs, snacks, candy, pop, ice cream and various personal items. The average camper spends $50 in the Trading Post during their time in camp. For ease of purchase, please consider purchasing one of our convenient Heritage gift cards before camp. More information can be found on page 10. Although our camp food service is peanut/treenut free, our Trading Posts do carry individually wrapped food products that may contain peanuts or treenuts.

Campsites

Heritage Reservation is home to campsites on ridges and along lakeshores. Most, but not all, campsites are accessible by vehicle and marked spaces are available to park unit trailers.

Reserving Campsites and Campsite Equipment

Campsites are selected when a unit makes its initial summer camp registration. Camp Independence has eight campsites. Units select their preference for campsite areas (See the Camp Independence map on page 42):

- Upper Sites - Hancock and Jones
- Central Sites - Hamilton, Henry, and Attucks
- Lower Sites - Revere, Franklin, and Gannett

Prior to arrival, camp leadership reviews unit preferences and attendance counts. They will make final campsite assignments and communicate to unit leadership where the group will be staying. Several units may share the same campsite.

Campers stay in camp-provided canvas or poly wall tents, with wooden floorboards to keep campers off the ground. Two metal or canvas cots are provided in each tent. Campers are permitted to bring their own tents or hammocks if they wish. There is ample space round each campsite for campers to set up their own tents following Leave No Trace guidelines. There are lots of trees to hang hammocks; however, no nails or hooks should be stuck in trees and hammocks should not be stacked with one above another at any time for safety reasons.

All campsites are set with several dining flys and each campsite has a latrine. Showers and other restroom facilities are a short walk away. Each campsite has a water source with potable water (safe for drinking and tested weekly) and a fire ring for campfires. Please do not create additional fire rings.

It is the responsibility of unit leadership to ensure BSA youth protection guidelines regarding tenting are always followed. Youth are not permitted to share a tent if they are more than two years apart in age. Youth and adults may not share a tent unless they are parent and child. Male and female youth may not share a tent. Male and female adults must sleep separately unless they are married to each other.

Shower and Restroom Facilities

Several shower facilities exist for Cub Scouts and adults. At no time, under any circumstances, are adults permitted to enter the youth facilities, or youth allowed to enter the adult facilities. Doing so constitutes a major violation of the BSA Youth Protection policies and may result in removal from camp.

- Program Hall Shower Facility - individual shower rooms are available first-come, first-served for anyone youth or adult, male or female. These showers may serve as family showers.
- Revere Shower Facility - youth male showers
- Pathfinder Lodge - Separate adult male and adult and youth female showers.
  - Due to several Heritage staff members living in Pathfinder Lodge, access is not available between 10:00 p.m. and 7:00 a.m.
- Each campsite has a latrine. Units are responsible for keeping it clean. Cleaning materials are available through the camp commissioner staff.
## Gear Lists

### What NOT to Bring to Camp

<table>
<thead>
<tr>
<th>Item</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fireworks</td>
<td></td>
</tr>
<tr>
<td>Valuables</td>
<td></td>
</tr>
<tr>
<td>Excessive jewelry</td>
<td></td>
</tr>
<tr>
<td>Boats</td>
<td></td>
</tr>
<tr>
<td>Shooting equipment, including bows, firearms, or ammunition</td>
<td></td>
</tr>
<tr>
<td>Un-Scoutlike clothing</td>
<td></td>
</tr>
<tr>
<td>Aerosol Cans</td>
<td></td>
</tr>
<tr>
<td>Knives with blades over 3.5”</td>
<td></td>
</tr>
<tr>
<td>Alcohol</td>
<td></td>
</tr>
<tr>
<td>Pornography</td>
<td></td>
</tr>
<tr>
<td>Laser pointers</td>
<td></td>
</tr>
<tr>
<td>Golf carts/UTVs</td>
<td></td>
</tr>
<tr>
<td>Electronics</td>
<td></td>
</tr>
<tr>
<td>Tobacco (see pg xx)</td>
<td></td>
</tr>
<tr>
<td>Firewood</td>
<td></td>
</tr>
<tr>
<td>Bicycles</td>
<td></td>
</tr>
<tr>
<td>Drugs of any kind</td>
<td></td>
</tr>
<tr>
<td>Pets</td>
<td></td>
</tr>
</tbody>
</table>

### Gear Each Individual Should Bring

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Camp shoes</td>
<td>Hat</td>
</tr>
<tr>
<td>Hiking shoes</td>
<td>Rain Gear</td>
</tr>
<tr>
<td>Water shoes (closed toe)</td>
<td>Swimsuit**</td>
</tr>
<tr>
<td>Scout appropriate t-shirts</td>
<td>Scout uniform</td>
</tr>
<tr>
<td>Underwear</td>
<td>Scout handbook</td>
</tr>
<tr>
<td>Socks</td>
<td>Watch</td>
</tr>
<tr>
<td>Long pants</td>
<td>Notebook</td>
</tr>
<tr>
<td>Long-sleeve shirts</td>
<td>Pencils/pens</td>
</tr>
<tr>
<td>Shorts</td>
<td>Towels</td>
</tr>
<tr>
<td>Sweatshirt or Jacket</td>
<td>Washcloth</td>
</tr>
<tr>
<td>Medication***</td>
<td>Sunglasses</td>
</tr>
<tr>
<td>Hygiene items</td>
<td>Flashlight</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>Compass</td>
</tr>
<tr>
<td>Insect repellent</td>
<td>Pocket knife</td>
</tr>
<tr>
<td>Personal first aid kit</td>
<td>Water bottle</td>
</tr>
<tr>
<td>Sleeping bag</td>
<td>Knife/fork/spoon</td>
</tr>
<tr>
<td>Pillow</td>
<td>Plate/bowl/cup</td>
</tr>
<tr>
<td>Extra blanket</td>
<td>Fishing gear</td>
</tr>
<tr>
<td>Day pack</td>
<td>Camera</td>
</tr>
<tr>
<td>Spending money</td>
<td></td>
</tr>
</tbody>
</table>

**Swimsuits should be comfortable, functional, and modest. For males, swim trunks or board shorts are appropriate. Swim bottoms allowing exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one-piece swimsuits are appropriate.***

***See page 25 for further information on medications

### Gear Units Should Bring

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lantern</td>
<td>Pack &amp; Den flags</td>
</tr>
<tr>
<td>Woods tools</td>
<td>Dutch ovens</td>
</tr>
<tr>
<td>Medication lock box</td>
<td>Coolers</td>
</tr>
<tr>
<td>Unit first aid kit</td>
<td>Unit kitchen/patrol box</td>
</tr>
<tr>
<td>Extra tarps &amp; tents</td>
<td>Extra sleeping bags</td>
</tr>
<tr>
<td>Cots</td>
<td>Picnic tables</td>
</tr>
<tr>
<td>Latrine</td>
<td>Garbage bags</td>
</tr>
<tr>
<td>Handcart per campsite</td>
<td></td>
</tr>
</tbody>
</table>

### Gear Provided by Heritage Reservation - Camp Independence

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canvas or poly wall tents with floor boards</td>
<td>Cots</td>
</tr>
<tr>
<td>Dining flies</td>
<td>Picnic tables</td>
</tr>
<tr>
<td>Flagpole</td>
<td>Latrine</td>
</tr>
<tr>
<td>Shower facilities</td>
<td>Garbage bags</td>
</tr>
<tr>
<td>Running water</td>
<td>Handcart per campsite</td>
</tr>
<tr>
<td>Additional equipment may be available through the camp Quartermaster depending on availability</td>
<td></td>
</tr>
</tbody>
</table>
Camp Independence - Dining Hall

The Dining Hall at Camp Independence provides campers with excellent food service. During check-in, the Dining Hall Manager will review all procedures with your unit, helping to ensure an enjoyable dining experience. Heritage Reservation has a contracted food service management company to coordinate meal preparation and service.

All meals provided through the camp food service will be peanut/nut free.

Menu

Once available, the menu will be posted online at http://lhscouting.org/camping/resources. Menus are prepared and approved by a licensed dietitian to ensure they are nutritious, have plenty of variety, and meet the caloric needs of active campers. Heritage Reservation participates in the Penn State ReVamp Camp Program to help model healthy eating habits for campers. A few points related to our camp menus:

• All meals provided through the camp food service are peanut/tree-nut free.
• A salad bar will be available at all lunches and dinners.
• Sunbutter and jelly sandwiches are available at all meals as an alternative.
• Cereal, oatmeal, and yogurt are available at all breakfasts.
• Fruit is available at all meals.
• Only water will be served with lunch. This helps reduce calories from sugary drinks and has been proven to reduce instances of dehydration throughout camp.

Cafeteria Style Dining

Campers at Camp Independence will eat meals “cafeteria style” in the Dining Halls. Scouts and leaders will progress through a buffet line and served food and drink by our food service staff. This allows adults to ask for a bit more and Scouts to choose what goes on their tray.

Table Waiters

• Waiters should rotate throughout your session. Waiter duty should not be assigned to just new Scouts. Older, more experienced Scouts are needed to train first time campers on the waiter system. One adult per table should assist Scouts during waiter duty.
• When two packs have odd numbers and cannot fill a table, another pack in the same situation will be placed together at the same table. It will be the responsibility of the units to set-up a fair waiter system. A Scout is friendly.
• If there are extra spaces at a table, they will be filled by members of the camp staff. Waiters should pick up and place a staff totem at their table at any extra seats so a desired staff member will sit with them.
• Waiters must report to the Dining Hall 20 minutes prior to each meal. It is important to be prompt. The Dining Hall Manager gives all waiters instructions on their responsibilities at each meal. They set the table, get staff totems, and retrieve food for their table.
• Waiters also clean-up after the meal and will be dismissed from the Dining Hall by the Dining Hall Manager upon completion.

Dietary, Religious and Special Food Requests

The camps at Heritage Reservation do their best to accommodate for dietary, religious, or special food needs and can store any special foods brought to camp on a limited basis. Storage is available in our Dining Hall refrigeration. Please do not bring peanut/tree-nut based products into the Dining Hall. Items must be clearly labeled with the individual’s name and unit.

Individuals requesting special dietary accommodations should carefully review the camp menu once posted online. Any special needs must be reported two weeks prior to arriving at camp using our online Special Diet Request form found at http://www.lhscouting.org/camping/resources. Accommodations can only be made for special dietary situations of which we are aware prior to arrival.

Adults must be aware of camper special dietary needs and ensure that requested meals are picked up from the camp food service. Each year requested meals get thrown away because no one comes to get them. A Scout is Thrifty!
Camp Health Services

Health Officers provide emergency care 24 hours a day, and coordinate with local EMS personnel if the situation warrants. They also evaluate and treat in-camp illness and injuries, referring patients to Uniontown Hospital or other non-emergency facilities as necessary.

With a limited number of medics on staff and a large reservation to cover, basic “Scout rendered” first aid should be handled by unit leadership in the campsite. The majority of camp staff is trained in CPR and basic first aid and can help provide basic care through the camp Program Hall.

Medical Screening in Camp

Upon arrival at camp, each camper must undergo a face-to-face medical screening with a Health Officer or trained designee to receive a wristband. This screening will occur as part of the check-in process. For campers arriving later in the week, they must submit their medical forms at the Program Hall upon arriving on property.

Along with reviewing camper medical forms, all campers will be asked the screening questions below to help prevent the potential spread of communicable diseases such as Norovirus, flu, or chickenpox in camp:

- Has the camper traveled outside of the country in the past 21 days?
- Has the camper been around anyone with the flu or chickenpox?
- In the past week, has the camper had a fever over 100°F (37.7°C)?
- In the past week, did the camper have a sore throat or cough with fever?
- Did the camper have nausea, vomiting, or diarrhea in the past 3 days?

If any camper answers yes to any of these questions, the following will happen:

- **Initial Temp**: An initial temperature will be taken. If the individual has a temperature over 100.4°F, the individual will be isolated from others in a cool, shaded area, and evaluated hourly for four hours.
- **Second Temp**: If the individual continues to have a temperature over 100.4°F when evaluated hourly over four hours, the individual will be isolated and sent home.

Annual Health and Medical Record

All campers, youth and adult, are required to provide a copy of the current BSA Annual Health and Medical Record (#680-001) during check-in. Campers at Camp Independence require parts A, B of the Medical Form. In addition to Parts A and B, participants attending the 4-Night Webelos Resident camp and the 4-Night Pack Camps must have Part C. Parts A and B should be reviewed and updated annually. Part C, a doctor’s physical, must be no more than one year old and valid throughout the entire camp session. BSA medical forms are good for one year, through the end of the month in which they are dated. As an example, a form dated June 2, 2019 is valid until June 30, 2020.

Medical forms will be securely stored in the camp Program Hall. **Medical forms not picked up at week’s end will be destroyed.**

To help the camp staff, unit leadership should collect and review medical forms for completeness prior to arriving at camp. Forms should be accompanied by a unit roster and kept in alphabetical order.

Supplemental Medical Form

In addition to the BSA medical form, each camper must also present an LHC Supplemental Medical Screening form at check-in. This form helps us meet several National BSA standards, and comply with certain federal and state laws. A new supplemental form must be completed each summer.
CPAP Machines
Heritage Reservation strives to provide accommodations to our campers that require use of a doctor prescribed CPAP machine. Please plan to provide a rechargeable power source for your machine. Access to electricity in campsites is limited and you may be relocated. Rechargeable batteries are also available for rent through the camp Trading Post. Batteries are $25 for the week and, as long as they are not used for other purposes, will last through an entire night. Rented batteries must be returned to the Trading Post daily for charging.

Daily Sick Call (Camp Independence - 11:00 a.m.)
A Health Officer will visit each camp daily for the purpose of Sick Call. Sick Call is the best time for a non-urgent ill camper to be evaluated by a Health Officer. Sick Call occurs in the Program Halls.

Accommodations for Scouts with Limited Mobility
Heritage Reservation is proud to offer a camp golf cart that is available for use to assist Scouts with mobility issues. It must be driven by a licensed adult over the age of 21. This golf cart is reserved on a first-come, first-served basis by contacting our LHC Camping Department at (412) 325-7921. Drivers will be required to complete a waiver form outlining rules for using the golf cart.

Outside golf carts or UTVs should not be brought to camp without prior authorization of the LHC Camping Department. If approved, drivers will have to complete a waiver outlining usage rules and will be responsible to provide a certificate of liability insurance. Specific insurance requirements will be provided by the LHC Camping Department.

Prescription Medication
Due to the number of campers at Heritage Reservation, unit leaders are responsible for distributing and maintaining security of unit prescription medication. Plan for this by bringing a locking storage box to securely store unit medications. Storage for medication needing refrigeration is available in the camp Program Hall.

To meet BSA requirements, unit leadership must maintain a log of any medication distributed. This log must be turned in to the camp Program Hall at the end of the week.

Medical Emergencies
If a medical emergency occurs in camp, the easiest way to obtain immediate assistance is to notify a camp staff member. He or she will notify a Reservation Health Officer, who will respond to the scene. The Health Officer will summon emergency medical services if necessary. Units should not contact emergency medical services directly.

Immunizations
The BSA requires tetanus shots for anyone attending BSA programs or activities where an Annual Health and Medical record is required. Other age appropriate immunizations including those protecting against measles, meningococcal disease, influenza, and other maladies are strongly recommended by the BSA. Exceptions to tetanus immunizations will be accepted for medical, religious, or philosophical reasons. Individuals requesting an exemption must complete a BSA Immunization Exemption request form to be turned in with your Annual Health and Medical record at check-in. This form is available at http://www.lhscouting.org/camping/resources.

Uniontown Hospital and MedExpress
Patients that require diagnostic services and treatment beyond the scope of Heritage Reservation Health Services will be referred to the Uniontown Hospital or MedExpress by the Reservation Health Officer. Patients whose condition warrants will be sent by ambulance. However, for most patients, transport by automobile is appropriate.

- Uniontown Hospital, 500 W. Berkley St., Uniontown, PA 15401, Phone 724-430-5000
- Uniontown MedExpress, 289 McClellandtown Rd. Uniontown, PA 15401, Phone 724-439-3627
Insurance for Camp

Insurance (Laurel Highlands Council Units)
All Laurel Highlands Council units are covered under the Council Accident and Sickness policy with Health Special Risk, Inc. (HSR). The insurance covers all registered members of your unit. If your unit premium was submitted to the council office during your re-chartering process, you do not need to bring proof of unit insurance to camp.

Insurance (Out of Council Units)
Each unit is required by council policy to provide proof of current accident and sickness insurance covering all campers. This is the same policy that your unit should already have. A copy of the unit’s Description of Coverage and Claim Form must be presented at check-in. This should be available through your home council.

Coverage (Laurel Highlands Council)
The HSR (Health Special Risk) Accident and Sickness insurance is a supplemental insurance. Initial claims must be made on the family’s medical insurance. Any charges that are not covered initially by the family’s medical insurance, including copays, can be submitted to HSR using the proper claim form with invoices showing balances due. For families without their own medical insurance, HSR will step in as primary insurance coverage.

Camp-Wide Emergencies
In the event of a camp-wide emergency such as a missing camper or lost swimmer, the camp siren may sound, at which time, all adults and Scouts are instructed to report to:

Independence: The Dining Hall - account for everyone, check-in with a staff member, and wait to receive further information/instructions.

In the event of severe weather, camp staff will constantly monitor weather reports and share information as needed. Should weather move in quickly, seek shelter in a building or pavilion immediately as you see fit.

Anyone who becomes aware of an emergency situation or danger should notify the nearest staff member who will contact the appropriate camp leadership.

Any information in regard to an unauthorized visitor, dangerous animal, or bomb threat should be reported to a staff member immediately.

In the event of an emergency, it is important that we can account for everyone. Please follow all staff directions. Please do not simply get in your car and leave.
Preventing Harassment & Bullying in Camp

Harassment is defined as occurring when an individual engages in unwanted conduct which has the purpose or effect of violating another person’s dignity, or creating an intimidating, hostile, degrading, or offensive environment for that person. Harassment can take a variety of different forms and can be written, verbal, nonverbal or transmitted electronically.

Bullying is defined as the exercise of power over another person through persistent, negative acts or behavior that personally undermines an individual. Bullying can be threatening, insulting, abusive, disparaging, or intimidating behavior on the recipient.

Summer camp is a place for all Scouts, Scouters, and staff to experience a fun and rewarding outdoor program. Maintaining a safe environment for everyone is conducive to such a program. Harassment and bullying will not be tolerated and are grounds for immediate dismissal from camp without refund.
Youth Protection in Camp

These policies have been adopted to provide security for Boy Scouts of America youth at Heritage Reservation. In addition, they serve to protect the adult leadership from situations where they may be vulnerable to allegations of abuse. These policies represent the long-standing commitment that the Boy Scouts of America use in ensuring the protection of youth.

All adults camping at Heritage Reservation are required to have successfully completed BSA Youth Protection training and have obtained the required PA Background checks and clearances. For more information, see the LHC Camp Background Clearance Policy found at http://www.lhcscouting.org/camping/resources.

Two-Deep Leadership
All units must meet BSA two-deep leadership requirements at all times. This means that at least two registered adults, 21 years of age or older, must attend at all times. All units serving youth females must have a registered adult female, 21 years of age or older, in attendance at all times. All adults staying at camp 72-hours or longer (needs not be consecutive) must be registered members of the Boy Scouts of America. In addition, units must maintain a four to one Cub Scout to adult ratio.

No One-on-One Contact
One-on-one contact between adults and youth members is not permitted. In situations that require personal conferences, the meeting is to be conducted in view of other adults and Scouts. This rule also applies to adult-to-staff member contact.

Respect of Privacy
Adult leaders must respect the privacy of youth members in situations such as changing into swimming suits or taking showers and intrude only to the extent that health and safety requires. Similarly, adults also need to protect their own privacy in such situations. Because showers can be a space where bullying and horseplay seem to happen frequently, units should plan to have two adults accompany groups of Scouts to the shower house and remain outside. Simply the presence of nearby adults has proven to cut down bullying and horseplay incidents dramatically.

Separate Accommodations
When camping, no youth is permitted to sleep in the tent of an adult, other than their own parent or guardian. Males must sleep with males; females must sleep with females. The only mixed-gender accommodations allowed are among adults married to each other. No youth member may share a tent with another youth where the age difference is greater than 2 years.

No Secret Organizations
There are no “secret” organizations recognized by the Boy Scouts of America. All aspects of the Scouting program are open to observation by parents and leaders.

Appropriate Attire
Proper clothing for activities is required; i.e., skinny-dipping is not appropriate in Scouting. T-shirts are required at all times while not in Aquatics. Swimsuits should be comfortable, functional, and modest. For males, swim trunks or board shorts are appropriate. Swim bottoms allowing exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one-piece swimsuits are appropriate.

Constructive Discipline
Discipline used in Scouting should be constructive and reflect Scouting’s values. Corporal punishments are never permitted.

Hazing Prohibited
Hazing and initiations are prohibited and may not be included as part of any Scouting activity.

Junior Leadership Training and Supervision
Adult leaders must monitor and guide the leadership techniques used by junior leaders and see that Boy Scouts of America policies are followed.
Mandatory Reporting of Child Abuse
All persons involved in Scouting shall report to local authorities any good-faith suspicion or belief that any child is or has been physically or sexually abused, physically or emotionally neglected, exposed to any form of violence or threat, exposed to any form of sexual exploitation, including the possession, manufacture, or distribution of child pornography, online solicitation, enticement, or showing of obscene material. You may not abdicate this reporting responsibility to any other person.

Steps to Reporting Child Abuse
1. Ensure the child is in a safe environment. In cases of child abuse or medical emergencies, call 911 immediately.
2. Notify camp leadership who can provide guidance on required reporting through the PA Childline and the BSA’s Scouts First Helpline.
   a. PA Childline - 1-800-932-0313
   b. BSA Scouts First Helpline – 1-844-SCOUTS1

If you think any of the BSA’s Youth Protection policies have been violated, including those described within Scouting’s Barriers to Abuse, you must notify camp leadership who will provide guidance on further reporting steps.

Behavior and Unit Expectations

One of the most important aspects of Scout camp is the camp community. Scouts and Scouters in camp get to live and interact with others who all share the values of the Scout Oath and Law. As such, the Scout Oath and Law are our guiding and shared values in camp.

Summer Camp is an extension of the unit’s year-round program. Unit member behavior in camp is the responsibility of unit leadership. Just because there is a camp staff and units are paying to come to camp, that does not mean that unit leadership is not still responsible for their unit.

Behavior not in line with the Scout Oath and Law, such as harassing or bullying language or actions, fighting, stealing, intentional vandalism, or threats, will be reported as needed and individuals will be dismissed from camp without refund.

While in camp, units are expected to actively work to make camp life better for everyone. This includes helping with service projects and volunteering to help take care of a common area of camp.

The summer camp staff exists to assist unit leadership in meeting their goals for their unit. The unit leader/camp staff relationship is a partnership and both groups need to mutually work together and support each other to deliver the best possible program for ALL campers in attendance. Unit leadership can help the camp staff by serving as additional hands in program areas, providing additional supervision during activities, lending expertise in areas where they have prior experience, and by upholding and modeling living by the Scout Oath and Law as well as camp rules.
Camp Policies and Procedures

With as many as 1,200 campers plus 150 staff sharing Heritage Reservation with your unit during an average week of camp, it is essential that we all obey some basic guidelines to make sure everyone has a great time. Our common Scouting bonds are the Scout Oath and Law. Here are a few more policies that will make life easier in camp.

Firearms, Archery and Boating Equipment
Heritage Reservation provides all firearms, archery, and boating equipment for our programs. No personal equipment is allowed in camp. There are no exceptions to this policy. Outside boats are not permitted on Lake Courage.

Money and Valuables
Leaders and campers are encouraged not to bring valuables to camp. There is not a system at camp to secure these items. Heritage Reservation cannot take responsibility for any valuable items. Put names on every item prior to arriving at camp. Lock valuables in your car or in the unit trailer. Leaders are encouraged to help youth keep track of their trading post money.

Scout Camper Eligibility
All youth must be registered members of the Boy Scouts of America to attend camp. All adults accompanying a Cub Scout Pack for more than 72 hours must be registered members of the Boy Scouts of America.

Roll Call
A current unit roster must be kept in camp with the adult in charge. Attendance should be taken prior to each meal, before bed, and in the morning prior to reveille. If a Scout should be missing, contact the nearest staff member immediately.

Stone Throwing
Stone throwing seems natural, but it can cause serious injury. It will not be tolerated outside of appropriate ranges and constitutes cause for sending a camper home.

Alcohol and Tobacco Products (Including Vape / E-Cigarettes)
Alcohol is strictly prohibited on the Heritage Reservation property. Violation of this policy will result in dismissal from camp with no opportunity for a refund. All buildings at Heritage Reservation are tobacco-free. If you have the desire to use tobacco or vape products and cannot refrain from doing so, please do so in the designated areas and not in front of the Scouts. Tobacco use is not permitted near gas tanks or gas boxes, both are clearly marked. Smoking is not permitted under any shelter including pavilions or dining flies. We also ask that you assure your cigarette or cigar is out and disposed of properly.

Visitors
Parents and family are free to visit camp. Please park in the parking lots. All visitors to Heritage Reservation are asked to sign-in at the camp Program Hall to receive a visitor wristband. Under no circumstances can a Scout be taken home without notifying the unit leader and the camp office by signing out and providing a release of minor form.

Limited space is available for guests to join units for meals at Camp Independence. Visitor meals are $8.00 and must be purchased through the camp Program Hall.
Wristbands
All Scouts, leaders and guests must always wear camp wristbands. These bands are intended as a safety precaution to determine who should be in camp, where they should be, and to signify that each participant wearing one has completed the proper camp check-in procedures. Wristbands are issued during the medical recheck. Replacement wristbands are available in the Program Halls. Staff members will wear photo identification badges. If you see someone without a wristband or badge, please alert the camp staff.

Program Halls
The Program Hall is open 24 hours a day. They are used as a leader’s lounge, as well as the administrative offices of the camps. Tea and coffee are available. There is always someone in the building to assist you. This is the place to go with any camp emergencies.

Fishing Policy
No live bait except worms and night crawlers may be used in Lake Courage at any time. Fishing is not permitted in any swimming areas or from any boating docks. Lines should not be cast towards swimming area ropes or any type of floating device anchored for marking, safety or direction. Fishing is not permitted from boats unless part of a coordinated camp program. All fishing is catch and release. Monofilament line should be disposed of in provided receptacles.

Camp Equipment
All items issued to units are the responsibility of the unit through the unit camp leader. Units are responsible for reimbursement to the council for lost or damaged items. A complete inventory of these will be provided and must be signed for by the unit camp leader. A Scout is trustworthy. Please let us know if something gets lost or damaged. Don’t hide it!

Damage to equipment such as tents, tarps, cots, and tables will be assessed according to a schedule available in the camp office. Leaders should check all equipment for condition as soon as possible after arrival and arrange for exchange of defective equipment or have staff representatives note deficiencies on inventory sheet.

In the event of purposeful vandalism to any camp equipment or facilities, the individual responsible will be charged the appropriate repair or replacement cost of the item and may be asked to leave camp. If it is unknown who committed the vandalism, all units within the camp will be charged the same repair or replacement cost.

Leaving Camp
A sign-out/sign-in log is kept in the camp office and must be used by anyone leaving camp (and later upon his or her return). Scouts are not permitted to leave camp without the written permission from their unit leaders and Camp Director and must have a Release of Campers Who are Minors form properly filled out before they can leave camp.
Vehicle Access in Camp
Unrestricted use of private vehicles during arrival and departure from camps and during the week creates a great hazard to Scouts and leaders on foot as well as excessive wear and damage to utility lines. **THE SPEED LIMIT IN CAMP IS 10 MPH.** Please obey it; we are responsible for your children, so please respect this and drive accordingly while in camp. Driving in and around camp beyond the parking lots is a hazard with the amount of foot traffic. It is therefore prohibited. Only Heritage Reservation vehicles are permitted beyond the parking lots.

During check-in and check-out, each unit may designate one motor vehicle to unload and load equipment and baggage. Upon arrival, each unit will receive one vehicle pass that must be displayed to allow that vehicle to proceed beyond the camp parking lot gate to the unit’s camp site. This pass will be returned to the site-guide when Sunday check-in has concluded.

Vehicles must remain on designated roads. If a vehicle is driven off a designated road or around a barrier and gets stuck, it will be the responsibility of the vehicle owner to arrange towing at their own cost. Camp Rangers will not tow vehicles. Damage caused may also be charged to the driver.

Vehicles must be parked in designated parking areas. Improperly parked vehicles can impede emergency or camp vehicle access. Efforts will be made to notify the driver of an improperly parked vehicle that it needs to be moved. If the vehicle driver fails to move the vehicle within a reasonable time, the vehicle may be towed at the owner’s expense.

**Unit Trailers**
One trailer may be left at the unit’s campsite during the week at camp only if there is a designated trailer space at the site. No motor vehicle may be left in camp after arrival and check-in is completed. Trailers not left in designated spaces must be parked in the camp parking lot or in another area as designated by the camp commissioner staff.

**Handcarts**
Each camp will provide a handcart to each campsite for light-duty hauling during the unit’s week at camp. Handcarts will be numbered and assigned to the senior adult leader in each site and that leader will be responsible for care, use and return of the cart. For safety reasons, no person may ride in a handcart.

**Lost & Found**
All camps located at Heritage Reservation will hold any items for two weeks following the last day of camp at the camp Program Hall. Articles may be retrieved by claiming the item in person at the applicable camp’s business office. Items not claimed within the two-week period will be disposed of or donated.

**Laundry**
Several coin-operated washers and dryers are in the new shower house in each camp. Laundry detergent is available for purchase in the Trading Post.

**Firewood**
Due to the threat of Emerald Ashborer and other pests, it is the current policy of the Laurel Highlands Council Camping, Outdoor Program, and Properties Committees to prohibit the movement of firewood of all types and species into our camps. All of the surrounding counties currently have additional quarantines to prevent the spread of plant pests. Each of our camps have a limited amount of fallen trees and this can be gathered and burned while in camp. The cutting of standing timber is not allowed at any of our facilities. Chainsaws may not be used within camp without prior Camp Ranger approval and direction.

**Shoes**
Closed-toe footwear is required everywhere in camp except for the waterfronts and in shower houses. Soft-soled shoes should be used in all boats. This is to prevent foot injuries due to trip hazards.
**Bicycles**
For health and safety reasons, personal bicycles are not permitted to be ridden in any of our camps. There are no exceptions to this policy.

**Cliffs, Boulders and Rock Formations**
These areas found throughout camp are off limits! Please supervise your Scouts and make sure that they understand the safety issues of these areas in camp.

**Pets**
Pets are not allowed on property. Exceptions will be made for certified service animals with prior approval and notification.

**Potomac Homes and Staff Areas**
All staff living quarters are off limits to campers. These areas are our staff’s home for the summer.

**Closed Program Areas**
When program is not taking place, all camp program areas are off limits. Campers found in program areas when closed may be dismissed from camp.

**Liquid Fuels**
Use of liquefied petroleum (LP), propane or butane lanterns, and stoves is permitted in needed situations with proper safety control and adult supervision. The convenience and relative safety of LP gas allows its approved use under conditions of proper installation and control. A responsible adult should handle replacement and disposal of empty cylinders.

Low-pressure, liquid fuel (“white gas” and Coleman fuel) stoves and lanterns are hazardous and are therefore prohibited on council camping property except for high adventure and backpacking training. In such cases, responsible adult supervision is required.

The use of liquid fuels for starting any type of fire is prohibited, including damp wood, charcoal or ceremonial campfires. Kerosene for lanterns should be kept in well-marked safety cans and stored in a ventilated, locked box located away from buildings and tents. Plastic containers are not permitted. The use of gasoline in camp is strictly limited to motors only.

The use of petroleum or coal based liquid fuels, including kerosene or diesel fuel, is prohibited for torches, trail flares, or other open burning devices. Suitable alternatives include luminaries (candles in sand-weighted paper bags) for trail flares or commercially available torches using electricity or clean-burning, environmentally acceptable fuels.

**Incoming/Outgoing Mail**
All incoming mail will be available in your unit’s box in the Program Hall. Bring any outgoing mail to the Program Hall and put in the mailbox.

Please have mail addressed in this manner:
- Camper’s Name, Unit #, Camp
- Heritage Reservation
- 300 Heritage Road
- Farmington, PA 15437

Mail that arrives at camp after a camper has departed will be returned to sender.

**Email / Internet**
We continue to work on improving internet access across Heritage Reservation. Internet access in Camps Independence is limited. High speed wireless Internet is available for leader use at our Keystone office between the hours of 8:30 a.m. and 6:00 p.m.
Telephone (724) 329-8534
The Heritage Reservation office is staffed during normal business hours. After hours, there is a staff member that will be on duty to answer the phones. As Scouts and leaders can be all over camp and are not near a phone, messages will be taken and delivered to the unit via the unit mailbox.

Cell phone service at Heritage Reservation is spotty and dependent upon carrier.

Frequently Asked Questions
A list of Frequently Asked Questions can be found at http://www.lhcscouting.org/camping/summercampFAQ. These questions are kept up to date by the LHC Camping Department and new, frequently asked questions are added regularly. We ask that you take a look at the FAQ before contacting the LHC Camping Department with any questions you may have.

Additionally, a number of tutorials for our online registration system can be found at http://www.lhcscouting.org/camping/resources.

### 2020 Camp Sessions

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
<th>Days of the Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rookie Camp</td>
<td>June 20 - 21</td>
<td>Saturday - Sunday</td>
</tr>
<tr>
<td>Cub Scout Resident 1</td>
<td>June 21 - 24</td>
<td>Sunday - Wednesday</td>
</tr>
<tr>
<td>Webelos Resident 1</td>
<td>June 26 - 29</td>
<td>Friday - Monday</td>
</tr>
<tr>
<td>(3 night)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Webelos Resident 2</td>
<td>July 5 - 9</td>
<td>Sunday - Thursday</td>
</tr>
<tr>
<td>(4 night)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pack Camp 1*</td>
<td>July 10 - 13</td>
<td>Friday - Monday</td>
</tr>
<tr>
<td>Pack Camp 2*</td>
<td>July 17 - 20</td>
<td>Friday - Monday</td>
</tr>
<tr>
<td>Pack Camp 3*</td>
<td>July 24 - 27</td>
<td>Friday - Monday</td>
</tr>
<tr>
<td>Pack Camp 4*</td>
<td>July 31 - August 3</td>
<td>Friday - Monday</td>
</tr>
</tbody>
</table>

* denotes an optional 4th day for Webelos only
Payments and Fees

The LHC Camping and Outdoor Program Committees unanimously approved a sliding camp fee for 2020 to encourage a greater percentage of our youth and adults to commit early to camp and provide Heritage Reservation with the ability to offer an even better program at a competitive rate by:

- Confirming that sites/weeks are not overbooked
- Adjusting staffing as necessary where increases in campers dictate
- Ensuring enough supplies are in camp before the season opens
- Purchasing supplies in advance and in bulk, with mail order and earlier negotiation without over purchasing due to inaccurate attendance counts.

2020 Camp Fees

<table>
<thead>
<tr>
<th>Cub/Webelos Scout Resident Camp</th>
<th>Pay in Full by 4-1-2020</th>
<th>Pay in Full by 6-1-2020</th>
<th>Pay in Full by 6-2-2020 or after</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Scout</td>
<td>Adult</td>
<td>Scout</td>
</tr>
<tr>
<td>Rookie Camp</td>
<td>$57</td>
<td>$26</td>
<td>$67</td>
</tr>
<tr>
<td>3 Night</td>
<td>$191</td>
<td>$98</td>
<td>$201</td>
</tr>
<tr>
<td>4 Night</td>
<td>$259</td>
<td>$133</td>
<td>$269</td>
</tr>
</tbody>
</table>

Payment and Registration Timeline

- **May 1, 2019 to February 29, 2020** - Initial unit reservations for 2020 may be made with a flat $200 non-refundable unit deposit and your estimated attendance.
  - Beginning May 1, 2019 - Reservations for 2020 open for units to reserve the same campsite and same session (Week 1, Week 2, etc.) as in 2019. A Scout is trustworthy!
  - Beginning June 1, 2019 - Reservations for 2020 open first-come, first-served.
- **March 1, 2020** - Full registration opens. Units can begin entering individual camper information and making payment.
- **March 1, 2020** - Campership applications due for Laurel Highlands Council youth.
- **April 1, 2020** - Early-Bird payment deadline. Pay in full by April 1 to receive the lowest camp rate. Fees may be paid by individual if the entire unit is not ready to make payment by this time.
- **April 15, 2020** - Merit badge and activity registration opens through your camp registration.
- **June 1, 2020** - Regular payment deadline. Pay in full by June 1 to receive the regular camp rate. Fees may be paid by individual if the entire unit is not making payment at this time. After June 1, late fees will apply.
- **Two Weeks Prior to Arrival** - Units have until this time to make any attendee count adjustments. After this time, units will be charged for all spaces listed on their reservation. All camper fees must be paid by this time.
- **One Week Prior to Arrival** - Units have until this time to make any merit badge or activity changes on their reservation. After this time, reservations will lock, and changes must be made on check-in day through the Program Hall pending availability.

All deposits and fees are subject to the refund policy found on page 38. Initial unit deposits will be counted toward fees due and cannot be “rolled” to future years.
Making Payment
• Unit may make deposits and register online using the payment method of their choice. Payments can be mailed, delivered in person, or made online.
• Units should ensure all registration changes needed are made prior to making payment.
• Check Payments
  o All check payments must be delivered or sent to the Laurel Highlands Council, 1275 Bedford Ave., Pittsburgh, PA 15219
  o Payments must be postmarked prior to due dates for discounts to be applied.
  o Be sure to include your registration number or a statement with your payment to assist us in crediting your payment to the correct account.
  o If you are not paying for all attendees in full, you must provide a list of who payment is to be applied to and in what amount.
  o Please allow several days for payments to be applied and adjustments made to your registration if needed.
• Electronic Payment
  o Electronic payments can be made via credit card, debit card, or eCheck directly through your camp registration.
  o You will be able to apply payment directly to individuals if not paying in full for the entire unit.

Incentives and Discounts
• New Unit Discount: Units who have not attended Heritage Reservation for at least five (5) years will receive a 10% discount
• Sibling Discount: 15% off second and subsequent youth Scout camp fees. (Applies across Scouts BSA, Cub Scout, and Webelos sessions. Discount is based on early-bird rate and is applied to the registration of equal or lesser cost.) To request a sibling discount, fill out the Summer Camp Change Request Form at www.lhscouting.org/camping/resources. Direct email requests will not be accepted.
• Low Rate Lock-In: Webelos crossovers, Scouts joining after March 1, and campership recipients are locked into the lowest rate for camp.
• Second Session Discount: 25% discount off camp fees for a second session. Applies to youth or adult camp fees at a Laurel Highlands Council resident camp only. (NYLT and National High Adventure Base participation does not qualify).
• Camp Staff Referral: Refer a new camp staff member who gets hired and works all summer to receive $100 in camp Trading Post credit
• Free Week for CITs: CITs will receive a free week of summer camp for completing the full CIT program (4-week minimum). Fees must be paid in advance and will be refunded upon completion.
• Camperships: Financial assistance is available for Laurel Highlands Council Scouts with financial need to attend an LHC summer resident camp program. Applications are due March 1.
Promotional Items

Camp Gift
Every youth and adult attending camp this summer will receive a complimentary Heritage Reservation gift. Gifts will be distributed to leaders during the Sunday check-in process.

Once the 2020 gift is determined, it will be announced.

Camp Patches
Everyone camping with us this summer will receive a 2020 Laurel Highlands Council summer camp patch. Additional patches are available for purchase through the Trading Post.

Refund Policy

Refund Policy:

All refund requests must be received at Flag Plaza Scout Center thirty (30) days prior to attending camp. No refunds will be granted without thirty (30) days notice unless one of the extenuating circumstances listed below is met.

Refund requests will NOT be accepted at camp. All requests must be sent using the refund request form to the address/email provided on the form.
1. All refund requests must have a unit leader’s signature to be considered.
2. All refunds will be issued by check to the unit, NOT the individual and will be sent to the primary contact listed on the unit’s camp reservation. The unit is responsible to distribute the refund.
3. Absolutely no refunds will be granted for “No Shows”.
4. All refunds will be less a 10% processing fee.

The only circumstances under which a refund will be considered less than thirty (30) days prior to arrival are:

1. An injury/illness that prevents attendance at summer camp. A signed doctor’s note must accompany this request.
2. The death of an immediate family member (parent/guardian, sibling, grandparent).
3. Family relocation makes attending camp impractical.
4. Mandatory summer school attendance/work schedule change. A signed note from the school/employer must accompany this request.

All requests for one of these reasons must be received no later than August 31 of the year of attendance. Any request received after August 31 will not be considered. Request received for one of these reasons within ten (10) business days of scheduled arrival will be less 25% if approved.

Refund request forms can be found online at www.lhcscouting.org/camping/resources.
### 2021 Summer Adventures

<table>
<thead>
<tr>
<th>Session</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rookie Camp</td>
<td>June 19 - 20, 2021</td>
</tr>
<tr>
<td>Cub Scout Resident 1</td>
<td>June 20 - 23, 2021</td>
</tr>
<tr>
<td>Webelos Resident 2 (3-Night)</td>
<td>June 24 - 28, 2021</td>
</tr>
<tr>
<td>Webelose Resident (4-Night)</td>
<td>June 29 - July 3, 2021</td>
</tr>
<tr>
<td>Pack Camp 1*</td>
<td>July 9 - 12, 2021</td>
</tr>
<tr>
<td>Pack Camp 2*</td>
<td>July 16 - 19, 2021</td>
</tr>
<tr>
<td>Pack Camp 3*</td>
<td>July 23 - 26, 2021</td>
</tr>
<tr>
<td>Pack Camp 4*</td>
<td>July 30 - August 2, 2021</td>
</tr>
</tbody>
</table>

*Includes optional extra day for Webelos/Arrow of Lights only

#### 2021 Camp Reservations
2021 Camp Independence reservations will open on September 1. Session space is limited so don’t wait.

#### Directions to Heritage Reservation

Address:
Heritage Reservation, 300 Heritage Road, Farmington, PA 15437

1. Take US Route 40 east from Uniontown, Pennsylvania for 14.1 miles.
2. Turn Right at Dinner Bell-Five Forks Road. The Roadside Tavern will be on the corner.
3. Take Dinner Bell- Five Forks Road for 2.9 miles.
4. Turn Right into Heritage Reservation.

Important information for GPS users:
- When following a GPS from Uniontown, PA, some GPS units will direct you to turn onto Braddock Road off Route 40. DO NOT DO THIS. The GPS will bring you to a locked gate on the far side of the Heritage Reservation property. The main entrance is off Dinner Bell-Five Forks Road.
- When following a GPS from Morgantown, West Virginia, DO NOT follow directions that take you across Dennis Road. This is a dirt road that is horribly maintained and sometimes impassible, especially for buses.
Camp Map - Full Reservation
Camp Map - Central
Celebrating Our Heritage

Whose Heritage Is It?
Scouts who come to Heritage Reservation for the first time ask, “Who owns Heritage?” Well, the answer to that is simple. The Boy Scouts of America, Laurel Highlands Council, and for any Laurel Highlands Council unit, in a way, you are a part owner of this wonderful place.

But you are an owner of Heritage Reservation in a more important way. Every youth who camps here leaves a little bit of him or her self with this camp. The improvement project you participate in, your care of the land and the water, your responsibility in not littering or destroying any living thing or damaging any property stays here as part of you. That not only makes you an owner of Heritage, it makes you a permanent part of it. Think about that as you enjoy this camp.

Who Built Heritage?
Heritage Reservation opened for the first time back in 1980. Before Heritage Reservation, Scouts from our area went to three different camps, but none of them were as big as Heritage Reservation. Two of those previous camps did not even have a lake to allow for boating and fishing that most Scouts enjoy.

Some of our council’s leaders at the time had a dream about creating the finest Scout camp in America for the youth of southwestern Pennsylvania, youth just like you. So, they looked for just the right piece of land where they could make a great lake like Lake Courage, and where there was plenty of space to hike in the wilderness and do all of the things that Scouts want to do at camp. They found exactly what they were looking for right here, and they planned and built Heritage Reservation in less than two years! Why did they do it? Because they believed that youth for years to come deserved the best camp that could be had. Today, we should think about how grateful we are for the dreams those leaders had and for the wonderful place they created here at Heritage Reservation.

Who Paid for Heritage?
Did you ever wonder who provided the money to buy the land and build the campsites and buildings that made Heritage Reservation a Scout camp?

It did take a lot of money to build Heritage Reservation; more than eight million dollars back in 1980 when it opened to Scouts. It would cost a lot more today. Millions more have been invested since then in improvements and expansions. It was all spent for youth like you to enjoy and learn about nature, and about yourselves as you work at being good campers.

Who provided all the money? The answer is: the community did. Some money came from Scout troops and Scout families and Scout leaders. A lot came from businesses, corporations, charitable foundations and people who believed that Scouting is a great program and that youth like you would benefit from it. People and businesses gave the money to build Heritage Reservation because they believed in the future, and that the future will be shaped by who? By YOU!
Why is This Place Called Heritage?
Scouts BSA camps have lots of names. Some of them are named for Native American tribes, some are named for people, or even towns. Heritage is the only one we know that is named for an idea.

Heritage is something that is passed from older people to younger people. Sometimes that heritage is money or property. But that is not what Heritage Reservation is about. This Heritage is to help you remember and understand what has gone before you and why you should be proud of it, and to pass that pride on to the Scouts who follow you.

Part of this Heritage is about what happened here. This is a very historic country. George Washington, our first president and great general of America’s war for independence, first saw battle not far from here. It was the first battle in a war about whether this part of America would be English or French.

Pittsburgh, where the headquarters of our council is located, was the site of an important fort because of the three rivers that meet there. After that, our region became one of the most important industrial centers in the world.

The name of this reservation and the camp sites in it are reminders of the places where our ancestors fought and worked to make America the land of liberty, freedom, and independence. We must never forget what they did. Heritage Reservation helps us remember.

Why an Acorn Symbol?
As plans developed for a new camp, so did a symbol to recognize its clear purpose. This symbol with the triangle, the acorn, and the HR; however, represent much more than you might imagine.

One part reminds us of our history. It is a triangle which represents a tricorn hat worn by the colonists during the struggle for independence, liberty and freedom from England. Its blue color reminds us of the beautiful man-made lake called Lake Courage.

The second part is the brown acorn itself. Long ago, a poet named David Everett wrote the following: “Tall Oaks from Little Acorns Grow.” Here at Heritage Reservation, we are planting the seeds of our future in young men and women who soon will be the leaders of America.

The third part is the yellow HR which is short for the camp name, Heritage Reservation.

These three parts should also remind us of the three parts of the Scout Oath: duty to God and country, duty to others, and duty to ourselves.
Camp Independence Song
A Cub Scout came to Independence at the end
Of the school year,
Coming to a place they’ve never been before.
They left their home behind them; they were a little
Scared and then,
The staff and leaders helped them find their way.
-Refrain-
They braved the waters of Lake Courage,
They spend their first night in the woods,
They saw birds and forests, rocks and fields and
streams,
They learned about our country’s history...
In the flags that they raised.
They met the challenges and did the best they could
-Refrain-

Refrain
Independence is where you all can come,
To experience the woods and have some fun.
It’s the spirit of Scouting...
Where it can all begin.
Come join in, at Independence.
Come join in, at Independence.

Heritage Grace
For Happiness and
   Enjoyment
For Reverence and
   Integrity
For Tolerance and
   Attitude
For Goodwill and
   Energy
We thank Thee, O Lord.
Help Make Heritage Better

Materials and Equipment Needs
The best camps need the best equipment. However, this is often out of our price range, so we rely on assistance. Check out the online needs list and contact camp Rangers or LHC Camping Department to help.

Summer Service Projects
Throughout the summer, many camp improvement projects are in the works. A pre-approved project list will be developed by the camp ranger staff and will be made available through the camp commissioners. Tools can be checked out or you may bring your own. Have your whole unit earn the Outstanding Acorn Award.

Beaver Service Days
May 29-31, 2020 at Heritage Reservation, we invite everyone to camp for a weekend of projects to help get camp ready for the upcoming summer. Entire units, small groups, and individuals are welcome to camp free for the weekend. Meals are provided. This is a great weekend of fellowship and service and also allows you to take part and pride in the great place Heritage Reservation is. Register online at https://scoutingevent.com/527-2020HRBeaverWknd.

Heritage Reservation Camp Staff Alumni Association
Are you a former camp staff member looking to get involved with summer camp again? The Camp Staff Alumni Association is looking for you! Service, fellowship, and donations of materials and time are all key parts of the way we give back to summer camp. For more information, and to join our cause, please visit http://www.lhscouting.org/campstaff.
Camp Staff Opportunities

Are you tired of doing the same old summer? The Laurel Highlands Council is looking for incredible individuals to join us on the Heritage Reservation staff. Each camp at Heritage Reservation offers opportunities for a variety of summer camp staff jobs. Most Scout camp staff are at least 16 years of age; however, there are limited positions for 15-year olds. The high adventure program employs young people who are at least 18 years of age. The Boy Scouts of America, Laurel Highlands Council is an equal opportunity employer that hires both females and males, as well as people of all ages and ethnic groups, diverse cultures and mixed abilities. No prior Scouting experience is required.

Why Apply for a Camp Staff job?
- Develop your leadership, communication, and problem-solving skills.
- Make lots of new friends from your area, other states, and even other countries.
- Spend a summer in the great outdoors.
- Acquire experiential education (learning by doing) and new skills that will last a lifetime.
- Be part of an effective team and cooperate with others to get things done.
- Learn how to lead others and apply leadership skills.
- Undertake and fulfill meaningful challenges and earn the satisfaction of doing a job well.
- Work with youth and adults of all ages.

Counselor in Training Program
Open to those ages 14 and up, the Counselor in Training (CIT) program is a varied training experience. It is an intensive four-week program, with all CITs given the opportunity to work at each of Heritage Reservation’s camps - Liberty, Freedom, and Independence. CITs live in wall tents, complete with electricity and have access to hot showers, laundry facilities and a lounge. There is no pay, however there is no charge for food, board or training while in the program. Some camps charge as much as $100 per week. CITs will work in a different camp and program area each week and will take part in staff training sessions.

All CITs that successfully complete the requirements of the four-week program are eligible to receive a free week at Camp Liberty or Freedom (fees must be paid up front, and are then refunded to the unit upon successful completion).
# CAMP INDEPENDENCE
## CUB SCOUT SCHEDULE (EXAMPLE)

<table>
<thead>
<tr>
<th>Starting Time</th>
<th>Day One</th>
<th>Day Two</th>
<th>Day Three</th>
<th>Day Four</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00</td>
<td>7:00 REVEILLE</td>
<td>7:00 REVEILLE</td>
<td>7:00 REVEILLE</td>
<td></td>
</tr>
<tr>
<td>7:30</td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td>BREAKFAST DELIVERED</td>
<td></td>
</tr>
<tr>
<td>7:50</td>
<td>MEET IN ONE LOCATION AND</td>
<td>AQUATICS</td>
<td>AQUATICS</td>
<td>CAMP SITE CLEANUP</td>
</tr>
<tr>
<td>8:00</td>
<td>ARRIVE AS ONE GROUP</td>
<td>FLAG RAISING</td>
<td>FLAG RAISING</td>
<td>CHECKOUT OF CAMP</td>
</tr>
<tr>
<td>8:30</td>
<td>TRAVEL TIME</td>
<td>TRAVEL TIME</td>
<td>TRAVEL TIME</td>
<td>PACKTIVITIES</td>
</tr>
<tr>
<td>9:00</td>
<td>MEET AT FLAG POLES</td>
<td>MEET AT FLAG POLES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:15</td>
<td>CAMP GAMES</td>
<td>CAMP GAMES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:00</td>
<td>TAPS</td>
<td>TAPS</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### NOON
- WAITERS REPORT
- SIESTA / ADULT MEETING
- BB GUNS
- AQUATICS
- ARCHERY
- AQUATICS
- TRAVEL TIME
- TRAVEL TIME
- SLINGSHT / ROCK-THROWING
- CAMP CRAFT
- N.E.S.T.
- PACKTIVITIES

### 12:30
- WAITERS REPORT
- WAITERS REPORT
- LUNCH
- LUNCH
- SIESTA / ADULT MEETING
- SIESTA / ADULT MEETING
- BB GUNS
- AQUATICS
- ARCHERY
- AQUATICS
- TRAVEL TIME
- TRAVEL TIME
- SLINGSHT / ROCK-THROWING
- CAMP CRAFT
- N.E.S.T.
- PACKTIVITIES

### 1:15
- MEET SITE GUIDE, MEDICAL CHECK, SWIM CHECK, DINING HALL ORIENTATION, CAMPSITE SETUP
- Optional Camp Tour Beginning
- Optional Camp Tour Ending
- Camp Tour Den Time
- Camp Tour Den Time
- Optional Camp Tour Ending

### 10:00
- Camp Games
- Opening Campfire
- Campfire Opening (7:30)
- Closing Campfire (7:30)
- TAPS
- TAPS
- TAPS
- TAPS

### SWIMMING
- Swimming
- Archery
- Rock Throwing

### BOATING
- Boating
- BB Guns
- Slingshot
# Camp Independence Sample 4-Night Schedule

## CAMP INDEPENDENCE

### 4 DAY WEBELOS SCHEDULE (EXAMPLE)

<table>
<thead>
<tr>
<th>Starting Time</th>
<th>Day One</th>
<th>Day Two</th>
<th>Day Three</th>
<th>Day Four</th>
<th>Day Five</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:50</td>
<td>POLAR BEAR</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:00</td>
<td>BREAKFAST BEFORE LAUNCH</td>
<td>REVEILLE</td>
<td>REVEILLE</td>
<td>REVEILLE</td>
<td>BREAKFAST DELIVERED</td>
</tr>
<tr>
<td>7:30</td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:50</td>
<td>FLAG RAISING</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td>BREAKFAST</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00</td>
<td>AQUATICS</td>
<td></td>
<td>CLIMBING @ DISCOVERY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:20</td>
<td>TRAVEL TIME</td>
<td>AQUATICS</td>
<td>SCOUTCRAFT @ DISCOVERY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:35</td>
<td>BMX</td>
<td></td>
<td>ACTION ARCHERY @ DISCOVERY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NOON</td>
<td></td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td>PACKTIVITIES</td>
</tr>
<tr>
<td>13:30</td>
<td>LUNCH</td>
<td>LUNCH</td>
<td>LUNCH</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00</td>
<td>SIESTA</td>
<td>SIESTA / LEADER'S MEETING</td>
<td>SIESTA / LEADER'S MEETING</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00</td>
<td>GATES OPEN - MEET SITE GUIDE, MEDICAL CHECK, AQUATICS ORIENTATION, CAMPSITE SETUP</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:40</td>
<td>MIKE TO SCOUTS BSA CAMPS</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:30</td>
<td>TRAVEL TIME</td>
<td>AQUATICS</td>
<td>TRAVEL TIME</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:35</td>
<td>BB GUNS</td>
<td></td>
<td>PACKTIVITIES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:15</td>
<td>ARCHERY</td>
<td></td>
<td>N.E.S.T.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:00</td>
<td></td>
<td></td>
<td></td>
<td>DEN TIME</td>
<td></td>
</tr>
<tr>
<td>5:15</td>
<td></td>
<td></td>
<td></td>
<td>DEN TIME</td>
<td></td>
</tr>
<tr>
<td>5:30</td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td>WAITERS REPORT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:45</td>
<td>FLAG LOWERING - RETREAT</td>
<td>FLAG LOWERING - RETREAT</td>
<td>FLAG LOWERING - RETREAT</td>
<td>FLAG LOWERING - RETREAT</td>
<td></td>
</tr>
<tr>
<td>6:00</td>
<td>DINNER</td>
<td></td>
<td>DINNER</td>
<td>DINNER</td>
<td></td>
</tr>
<tr>
<td>7:00</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:15</td>
<td>OPEN PROGRAM - 7:00 to 8:30</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:45</td>
<td>CAMP GAMES</td>
<td></td>
<td>OPEN PROGRAM</td>
<td>MEET AT FLAGPOLES - ALL OTHERS</td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td></td>
<td></td>
<td>7:00 - 8:30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:15</td>
<td>MEET AT FLAG POLES FOR OPENING CAMPFIRE</td>
<td></td>
<td>CLOSING CAMPFIRE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:30</td>
<td>LEADER'S MEETING</td>
<td>LEADER'S MEETING AFTER FIRES</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00</td>
<td>DEN TIME</td>
<td></td>
<td>DEN TIME</td>
<td>DEN TIME</td>
<td></td>
</tr>
<tr>
<td>10:00</td>
<td>TAPS</td>
<td>TAPS</td>
<td>TAPS</td>
<td>TAPS</td>
<td></td>
</tr>
</tbody>
</table>

### Connect Four

- J ENGA FISHING
- UPMC FIT TRAIL
- USS CONSTITUTION GATEWAY
- GAGA BALL MINE
- BASKETBALL FRISBEE GOLF
- ORIENTEERING COURSE
- FISHING FORT

### Sick Call Will Be Held Daily at the Program Hall

- SICK CALL WILL BE HELD DAILY AT THE PROGRAM HALL
- VESPERS WILL BE HELD ON SUNDAY DURING SIESTA @ 1:30-2:00 PM

### Den Time

- LIGHT SCOUTS ONLY
- MEET AT FLAGPOLES - ALL OTHERS

### Closing Campfire

- CLOSING CAMPFIRE